

**PROFESSOR QUOMRUL HAQUE SCHOOL OF EDUCATION  
UNIVERSITY OF SCIENCE AND TECHNOLOGY, MEGHALAYA  
ACADEMIC YEAR 2020-21  
BA PSYCHOLOGY**

**Programme Objectives:**

PO1: The program aims at develop indentifying, describing and contrast the historical foundation and theoretical perspectives.

PO2: To analyze and evaluate arguments, finding of psychological phenomena, engage in creative thinking, to distinguish assumptions, emotional appeals and defensible evidence.

PO3: To build knowledge, skill and competencies among the learner to apply positive psychology principles to increase individual, business, and collective well-being.

PO4: To focuses on developing comprehensive understanding of the influencing factors of abnormal behavior, identification of the basic standards for the diagnosis and classification of major psychological disorders, and the various approaches to the diagnosis of psychological disorders.

PO5:To focus on creating practitioner with skills and competencies who can address complex issues and can be able to successfully resolve problems and conflicts with the workplace.

**Program Specific Outcomes (PSO):**

**PSO 1:** understanding basic concepts of psychology, different stages of development, to understand interaction in social environment, influence of environment on behavior, to enhance counseling skills.

**PSO 2:** to gain understanding about psychometric properties for proper use of psychological test.By the time of completion of the Bachelor degree in Psychology students will be able to describe the key concepts, principles of psychology.

**PSO 3** to describe the applications of psychology in relative fields of psychology and possible career paths in psychology, the programme outcome provide an opportunity to extend the knowledge and applications of psychology to the world of practice to promote healthy interference between academic and society.

**PSO 4:** to develop skills and competencies in handling and administrating the psychological tests and tools. The programme focuses on to enable the learner to learn the application and contextual interpretation of data form psychological measurement.

**PSO 5 :** to familiarize the learners with the major theoretical perspectives in social psychology. The program specific outcome enables the learner to become sensitized to the social complexities, attitudes, stereotypes, prejudice, and discrimination.

**Programme Structure:** The BPY is a three-year course divided into six semesters.

Part I	First Year	Semester I	Semester II
Part II	Second Year	Semester III	Semester IV
Part III	Third Year	Semester V	Semester VI

**PAPER NAME: COMMUNICATIVE ENGLISH**

**PAPER CODE: BEN-711**

CO1. The students are able to adapt official correspondence, with better communication skills, grammar and writing skills.

CO 2. The students understand and interpret literary texts.

CO3. Acquire linguistic competence necessarily required in various life situations.

**PAPER NAME: INTRODUCTION TO PSYCHOLOGY**

**PAPER CODE: BPY 102**

CO1: The students are familiarized with the basic concepts of psychology.

CO2: The students have understood biological and psychological aspects of human behavior.

CO3: The basic concepts of psychology will help them to understand the broader content of the subject matter.

**PAPER NAME: BASIC PSYCHOLOGICAL PROCESSES-I**

**PAPER CODE: BPY- 103**

CO1: The students are familiarized with the basic concepts of psychology.

CO2: The students have understood biological and psychological aspects of human behavior.

CO3: To understand how and why the brain, central and peripheral nervous system works.

CO4: To appreciate the importance of psychological principles as they apply to everyday life.

CO5: To understand the way in which the brain mediates behavior, emotions and cognition.

**PAPER NAME: DEVELOPMENTAL PSYCHOLOGY-I**

**PAPER CODE: BPY-104**

CO1: The students will know the basic concepts relating to developmental milestone.

CO2: The students will be acquainted with hereditary and environmental factors affecting growth and development.

CO3: To enable the learner to understand the basic concepts relating to growth and development.

CO4: To acquaint learner about the knowledge and understanding of the nature and stages of development.

CO5: To understand various physiological and psychological changes of various stages.

**PAPER NAME: PSYCHOLOGICAL PRACTICAL**

**PAPER CODE: BPY105**

**Psychological practical will be given according to similar course content in each semester.**

CO1: The students are able to conduct Psychological test.

CO2: The Students can manage and administer the test with specific needs of the behavior.

**SECOND SEMESTER**

**PAPER NAME: ENVIRONMENTAL STUDIES**

**PAPER CODE: 201**

CO1: Students are able to understand the environmental Problems.

CO2: The students are able to learn how to protect, preserve and utilize the natural resources.

CO3: The students are able to learn how to protect, preserve the Environment and its habitat.

**PAPER NAME: LIFE SPAN DEVELOPMENT (OPTIONAL FOR OTHER)**

**PAPER CODE: BPY 202**

CO1: The students will know the basic concepts relating to developmental milestone.

CO2: The students will be acquainted with hereditary and environmental factors affecting growth and development.

CO3: To enable the learner to understand the basic concepts relating to growth and development.

CO4: To acquaint learner about the knowledge and understanding of the nature and stages of development

**PAPER NAME: BASIC PSYCHOLOGICAL PROCESS-II**

**PAPER CODE-203**

CO1: The students are familiarized with the basic concepts of psychology.

CO2: The students have understood biological and psychological aspects of human behavior.

CO3: To describe psychology briefly, identify notable psychologists and describe key experiments

CO4: It helps to assess and identify the personality of oneself and others

CO5: To recognize and describe brain systems mediating sexual and reproductive behavior, emotions, learning, memory and consciousness.

**PAPER NAME: DEVELOPMENTAL PSYCHOLOGY-II**

**PAPER CODE: BPY- 204**

CO1: To understand various physiological and psychological changes of various stages

CO 2. To be able to understand the basic concepts relating to growth and development.

CO3: To acquaint learner about the knowledge and understanding of the nature and stages of development.

CO4: To help the learner to explain the physical, cognitive, emotional and social development of Adolescence and Adulthood.

CO5: To enable learner to explain how thinking, feeling and behavior changes throughout lifespan

**PAPER NAME: PRACTICAL**

**PAPER CODE: BPY-205**

Psychological practical will be given according to similar course content in each semester.

CO1: The students are able to conduct Psychological test.

CO2: The Students can manage and administer the test with specific needs of the behaviour.

**THIRD SEMESTER**

**PAPER NAME: SOCIAL PSYCHOLOGY-I**

**PAPER CODE: BPY-301**

CO1. The students will know the nature and causes of social behavior.

CO2. The Students will gain knowledge of how people think, behave and perceive in social context

CO3. Students will understand cognition and behavior which naturally occur in a social context.

CO4. To understand, evaluate and give detailed description of social behavior.

CO5. To understand the application of psychological method in solving problem existing in social context

**PAPER NAME: PSYCHOLOGY IN CONTEXT OF SOCIETY**

**PAPER CODE: BPY 302**

CO1: The students are able to know the nature and causes of social behavior.

CO2: The Students are able to gain knowledge of how people think, behave and perceive in social context.

CO3: Social psychology will help in understanding fundamental attribution error and to gain deeper understanding in influential process

**PAPER NAME - COUNSELING PSYCHOLOGY**

**PAPER CODE: BPY 303**

CO1: To understand the relationship between a counselor and the client.

CO2: The Students are able to acquire foundational skills to assist people with personal and interpersonal needs.

CO3: To develop various micro skills required for the process of counseling.

CO4: To gain a knowledge regarding the basic stages conducted for the process of counseling

CO5: To help students explore the area of counseling, gain a concrete understanding of human psychological development, and acquire basic professional skills to help people for self help.

**PAPER NAME: PSYCHOLOGICAL ASSESSMENT**

**PAPER CODE: BPY- 304**

CO1: The students learn the scientific approach to assessment of individual differences through psychological testing.

CO2: The students are able to learn the methods of assessment of human behavior.

CO3: The students are able to learn how to assess attitudes and perceptions of individual behavior.

CO4: to help the students to develop insight, skills, thoughts and personality using appropriate scale.

CO5: to help to get scales with appropriate psychometric properties for sound generalization of the findings.

**PAPER NAME: PSYCHOLOGICAL PRACTICAL**

**PAPER CODE: BPY-305**

Psychological practical will be given according to similar course content in each semester.

CO1: The students are able to conduct Psychological test.

CO2: The Students can manage and administer the test with specific needs of the behavior.

**FOURTH SEMESTER**

**PAPER NAME: SOCIAL PSYCHOLOGY-II**

**PAPER CODE: 401**

CO1: The students are able to know the nature and causes of social behavior.

CO2: The Students are able to gain knowledge of how people think, behave and perceive in social context.

CO3: Social psychology will help in understanding fundamental attribution error and to gain deeper understanding in influential process.

CO4: To understand, evaluate and give detailed description of social behavior.

CO5: The students will be able to attribute different underlying causes of various behaviors occurring in various situations.

**PAPER NAME: HEALTH AND WELLBEING**

**PAPER CODE: BPY 402**

CO1: To understand the role of psychology in health and illness

CO2: To identify behaviors and experiences that promotes health or gives rise to illness and influence the effectiveness of healthcare.

CO3: To suggest substantial and evidence based changes that improve health care and health care policies

**PAPER NAME: ENVIRONMENTAL PSYCHOLOGY**

**PAPER CODE BPY- 403**

CO1:To study human behavior that interacts with the natural environment

CO2: The students are able to help design, manage, protect and/or restore environments that enhance reasonable behavior

CO3: It focuses on the relation between individuals and the physical environment.

CO4: To assess the influence of environment on different aspects of behavior.

CO5: To understand and analyze person environment transaction.

**PAPER NAME: COMPUTER FUNDAMENTALS**

**PAPER CODE BPY- 404**

CO1: The students are able to learn the skills to operate computer.

CO 2: The students are able to learn to operate the different techniques.

CO: 3 the students are able to handle the computer, Laptops and operate computer programmes.

CO4: The students are motivated to use ICT tools for gathering latest information regarding any aspect of human behaviour.

**PAPER NAME: PSYCHOLOGICAL PRACTICAL**

**PAPER CODE: BPY-405**

- Psychological practical will be given according to similar course content in each semester.

CO1: The students are able to conduct Psychological test.

CO2: The Students can manage and administer the test with specific needs of the behaviour

**FIFTH SEMESTER**

**PAPER NAME: ABNORMAL PSYCHOLOGY-I**

**PAPER CODE: BPY- 501**

CO1: The students are able to understand the theoretical perspectives of abnormal behavior.

CO2: To define abnormal psychology, psychopathology and psychological disorders.

CO3: To understand the social and cultural norms related to Mental Health.

CO 4: To know the cost of Mental illness in society.

CO5: To understand one's own and others behavior by applying the knowledge o assessment, diagnosis, classification systems, and DSM categories.

**PAPER NAME: RESEARCH METHODOLOGY AND STATISTICS- I**

**PAPER CODE: BPY-502**

CO1: To portray accurately the characteristics of a particular individual, situation or group

CO2: The students are able to apply the methods of conducting Scientific Investigation.

CO3: To gain familiarity with a phenomenon or to achieve new insights into explorative and formulative research

CO4: To become familiar with ethical issues an educational research including those issues that arise in using quantitative and qualitative research.

CO5: To understand and become familiar with the steps involved in identifying and selecting a good tools to use in a study.

**PAPER NAME: HEALTH PSYCHOLOGY**

**PAPER CODE: BPY- 503 (A)**

CO1: To understand the role of psychology in health and illness

CO2: To identify behaviors and experiences that promotes health or gives rise to illness and influence the effectiveness of healthcare.

CO3: It suggest substantial and evidence based changes that improve health care and health care policies

CO4: To able to relate theory and practice in the context of health psychology

CO5: To be able to demonstrate the knowledge and understanding of interpersonal and social aspects of well being.

**PAPER NAME: EXPERMENTAL PSYCHOLOGY**

**PAPER CODE: BPY- 503 (B)**

CO1: The students are able to familiarize the basic and broad understanding of the scientific method and its application to the problems of Psychology.

CO2: The students can go for trial and error method to develop better behavior and aspiration in daily living.

CO3: To manipulate research variables in order to discover relationship between cognition and behavior

CO4: To familiarize the students with basic and brad understanding of the scientific method used in experiments.

CO5: To familiarize the students with the understanding of experimental approach and its application to the problems of psychology.

**PAPER NAME: INDUSTRIAL PSYCHOLOGY**

**PAPER CODE: BPY-504 (A)**

CO1: The students are able to understand the behavior of an individual in a working environment.

CO2: It helps to apply the various methods of psychology in the business settings or in the work field.

CO3: To understand the scope and objectives of organizational behavior.

CO4: To gain an elaborate knowledge of various work field theories through which work motivation and work satisfaction can be increased.

CO5: To utilize resource and analytical skills to successfully resolve problems within the work the workplace.

**PAPER NAME: BIO-PSYCHOLOGY**

**PAPER CODE: BPY- 504 (B)**

CO1: The students understand the main aspects of physiological psychology that underlie behavior in daily living.

CO2: The students are able to know functional basis of behavioral relationships in understanding human behavior.

CO3: To understand human anatomy and how it plays a role in manifestation of behavior.

CO4: To understand the nature, nurture and epigenetic influence personality and behavior.

CO5: To comprehend the study of animal behavior as a means for understanding human behavior

**PAPER NAME: PSYCHOLOGICAL PRACTICAL**

**PAPER CODE: BPY-505**

Psychological practical will be given according to similar course content in each semester

CO1: The students are able to conduct Psychological test.

CO2: The Students can manage and administer the test with specific needs of the behavior

**SIXTH SEMESTER**

**PAPER NAME: ABNORMAL PSYCHOLOGY –II**

**PAPERCODE BPY- 601**

CO1: To explain the concept of dysfunction as it relates to Mental illness

CO2: The students are able to understand the theoretical perspectives of abnormal behavior.

CO3: The students are able to know the development and symptoms of various types of abnormal behavior.

CO4: The students can explore the strategies available in the treatment of abnormal behavior.

CO5: To become a more effective consumer of mental health care services, through an understanding of the various approaches to the diagnosis and treatment of psychological disorder

**PAPER NAME: RESEARCH METHODOLOGY AND STATISTICS-II**

**PAPER CODE: BPY-602**

CO1: To determine the frequency with which something occurs or with which it is associated with something else.

CO2: To test the hypothesis of a causal relationship between variables.

CO3: The students able to develop understanding of different statistical tools of data analysis and interpretations.

CO4: To be able to distinguish a purpose statement, a research question or hypothesis and research objectives.

CO5: The students are able to apply the methods of conducting Scientific Investigation and to be able to define and identify a research problem by understanding the variables

**PAPER NAME: POSITIVE PSYCHOLOGY**

**PAPER CODE- BPY-603 (A)**

CO1: The Students understand and are interested in learning about the positive psychological movement that is well-being and happiness, building positive qualities and strengths, and preventing future problems.

CO2: The students know how to bring positive aspect of living in the society.

CO3: The students discovered the techniques and ways to bring meaningful living.

CO4: To help in nurturing as well as maintain the wellbeing of people.

CO5: To help students in developing happiness and wellbeing this leads to sustainable success

**PAPER NAME: MEDIA PSYCHOLOGY**

**PAPER CODE: BPY 603(B)**

CO1: The students understand the attitudes, behavior of the people towards Media and its influence.

CO2: The students are able to distinguish the media culture from the normal culture of the people.

CO3: The students are well equipped with the behavior and mannerisms that media spreads in the society.

CO4: To investigate the way in which technological advancement change social relationship, buying behavior and other aspects of human life.

CO5: To investigate the relationship between various media streams and violent behavior in adults and children.

**PAPER NAME: INTERNSHIP**

**PAPER CODE BPY- 604 (A)**

- A candidate has to engage at least for at least 15days in a particular organization relating to the syllabus as decided by the department.

CO1: The students learn while performing in the field.

CO2: The students can know more from the practical and guided programmes.

CO3: The students can have hands-on experience on different phenomenon.

CO4: The students can learn from Case study and apply to the real situations which they encounter.

**PAPER NAME: MINOR PROJECT**

**PAPER CODE BPY: 604 (B)**

- A candidate has to engage in a project/dissertation in a topic relevant to the field of psychology through a systematic research procedure. Candidate has to present the findings in the department.

CO1: The students can take up minor projects and write a final report.

CO2: The students master the methods and techniques of project method of learning.

CO3: The students are able to find out various solutions to the various problems.

CO4: The students are able to suggest various solutions to the problems after undertaking a minor project

**NATURE OF THE PAPER – SEC-7**

**PAPER NAME: PSYCHOLOGICAL PRACTICAL**

**PAPER CODE: BPY- 605**

- Psychological practical will be given according to similar course content in each semester

CO1: The students are able to conduct Psychological test.

CO2: The Students can manage and administer the test with specific needs of the behavior.

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