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GUWAHATI, SUNDAY, APRIL 26, 2020

RN-1127/57 TECH/GH - 103/2018-2020, VOL. 82, NO. 111

personnel quarantined

p2 Nearly 4,000 Sri Lankan Navy

Lockdown causes Rs 34-cr **p5**

p11 New wholesale market in

Golaghat gains momentum loss to vegetable growers

Google Play ePaper app for The Assam Tribune

NEWS

Academic

session NEW DELHI, April 25: The academic session in universities and higher educational institutions can be started from September instead of July in view of the COVID-19 situation in the country, a panel appointed by the

recommended. - PTI ■ Also see page 3

New CVC

University Grants

Commission (UGC) has

NEW DELHI, April 25: Sanjay Kothari, the President, was on Saturday appointed the Central Vigilance to a Rashtrapati Bhavan communique. The post was lying vacant since June last year after KV tenure. - PTI

Pak missile

ISLAMABAD, April 25: The Pakistan Navy today successfully test-fired a series of anti-ship missiles in the North Arabian Sea. The missiles were fired from surface ships, fixed and rotarywing aircraft, Navy spokesperson Rear Admiral Arshid Javed



JOCOSERIOUS

Commissioner, according Chowdary completed his

CORRESPONDENT ■ Also see page 2

The government is build-

				other the state of
Passengers waiting for the	eir turn to board buses at Palta	n Bazar ASTC bus stand	after inter-district movem	nent was allowed by

www.assamtribune.com

the State government for three days amid lockdown, in Guwahati on Saturday. - Photo: Samararendra Sarma

2 mass quarantine centres on Dhubri border to be ready soon

COVID-19 STATUS

WORLD

INDIA

ASSAM

DHUBRI, April 25: State Health Minister Himanta Biswa Sarma on Saturday visited different parts of Dhubri district to take a stock on the preparedness in fighting the COVID-19 pandemic and inspected the work on mass quarantine centres that will come up on the Assam-Bengal border.

ing two mass quarantine centres in Dhubri district - one at Chagolia with up to 700 capacity and the other at Halakura with a capacity for 300. These two mass quarantine centres will be functional by May 4.

The minister said the government will build another mass quarantine centre at Srirampur of Kokrajhar district near the interstate entry gate for the travellers who would entre Assam on or after the withdrawal of nationwide lockdown.

"Our special emphasis is

Confirmed cases

Confirmed cases

Confirmed cases

Cured/Discharged

Cured/Discharged

Death

Death

Death

Cured/Discharged

on Dhubri and Kokrajhar districts as they share border with West Bengal, where more than 500 COVID-19

2,840,830

803,139

199,272

24,942

5,209

779

35

19

positive cases have been detected," Sarma said, adding, in the coming days more quarantine centres are needed to be constructed.

The minister also said that the health department will conduct more random tests for COVID-19 in Dhubri. "In the district we have got five COVID-19 positive cases, which we could detect after a duration of time... Therefore, we will do 50 more random sample tests each in the Bilasipara, Chapar and Dhubri areas," he said.

The minister said it will provide information about infected persons other than those linked with the Nizamuddin and Athgaon religious congregations. He said swab samples for 150 random tests will be collected on Sunday.

>> SEE PAGE 6

4,992 passengers take bus ride on Day 1 3-day inter-dist movement amid lockdown STAFF REPORTER

GUWAHATI, April 25: Some 4,992 passengers boarded 320 buses in eighteen districts and were bound for various destinations on the first day of the three-day conditional relaxation allowed by the Assam government for intra-state movement amid lockdown.

Pages **16** Price: **₹ 6.00**

ASTC managing director Anand Prakash Tiwari, who is overseeing the exercise, said the total number of registered applicants through the helpline number 104 for interdistrict transfer is 41,651. Lines were closed at midnight of April 23.

"Today we were able to send 4,992 passengers in 320 buses. Tomorrow we will send 12,000," he said, adding that the maximum number of passengers - 1,667 boarded buses in Guwahati for various destinations.

An initial text message was already sent to all applicants that their request has been accepted and they were requested to wait for the next message containing the bus and travel details.

Boarding passes were issued on registered mobile number with details of boarding point, name of passenger, date of journey, bus number, seat number, etc. The text or SMS pass is mandatory along with ID proof of passenger for boarding.

Four boarding points have been fixed in Guwahati - ISBT, Adabari, Machkhowa and Paltanbazar. For other districts, ASTC bus stands are single boarding points. In Guwahati city, 30 ASTC city buses and 200 Uber/Ola cabs were used for movement of passengers within the city.

People who have registered for the interdistrict movement will receive the boarding pass on their mobile number a day prior to journey. Altogether 2,500 buses are going to be utilised for the inter-district transportation on the three days, and if required, it may be extended beyond three days.

Medical screening of passengers was arranged by district administration before they boarded the buses. Sanitisation of bus, use of mask and sanitizer, and social distancing were ensured by local authorities.

From 12 noon today, five helpline numbers were activated for all those people who have already registered their request on 104 or filled up the link provided by the government. For any query, people may call at tollfree number 18003453986 and WhatsApp numbers 6026901061, 6026901062, 6026901063, 6026901064 and 6026901065.

For those owning private vehicles, the respective deputy commissioners had already issued passes for travelling today. Over 12,000 vehicle passes were issued for today.

Daily growth rate of infection is down: Govt

NEW DELHI, April 25: The nationwide tally of coronavirus positive patients neared 25,000 on Saturday with fresh cases getting detected in Tamil Nadu, Maharashtra, Uttar Pradesh and Andhra Pradesh among other places, but the government said the daily growth rate has dipped to 6 per cent and some states began relaxing some lockdown conditions by allowing more shops to open.

At least $56\,\mathrm{more}$ deaths have been reported since Friday evening – the highest so far in a span of 24 hours - to take the death toll across the country to at least 779, according to the Union Health Ministry figures.

While an estimated 5.8 lakh tests have been conducted so far, the government has put on hold the use of rapid test kits procured from two Chinese firms to check their efficacy after some states, including Rajasthan, reported they were giving inaccurate results.

>> SEE PAGE 6

Devanand Konwar passes away

STAFF REPORTER

GUWAHATI, April 25: Veteran leader and former Governor of Bihar, Tripura and West Bengal Devanand Konwar passed away here early this morning. Konwar breathed his last at his residence at Rukminigaon here.

Sources in the Congress party, with which Konwar was associated for most of his political career, said that Konwar was unwell since some time.

His mortal remains were later taken to his native place Nitaipukhuri in Sivasagar district for the last rites, which will be performed tomorrow morning with State honours.

Konwar leaves behind his wife, a son, two daughters and a host of other relatives.

Konwar joined the Congress in 1955 as a student leader. He was first elected to the Assam Legislative Assembly in 1983 from the Sibsagar constituency. Afterwards, he was elected for three consecutive terms in 1991, 1996 and 2001, to the Assembly from the Thowra constituency.

He served as a minister in the Hiteswar Saikia-led State government in 1991. He also served in the Cabinet of the then Chief Minis-



Konwar handled various portfolios during his two tenures as minister, including Finance. Revenue and Law. In June 2009, Konwar was

appointed Governor of Bihar where he served till March 2013. He then served as Tripura Governor from March 2013 to June 2014. In between, he also had held the additional charge as West Bengal Governor from December 2009 to January 2010.

Konwar was born in 1936 at the Rajah Ali tea estate in Tinsukia to Padma Kanta Konwar and Kusum Kumari Konwar. He completed his primary education at Nitaipukhuri and did his BA from Cotton College and MA in English from Delhi University, besides LLB from Gauhati University.

>> SEE PAGE 6 Sonowal reviews measures taken

Decision on opening of shops on April 27

R DUTTA CHOUDHURY

GUWAHATI, April 25: The Assam government has not slackened the lockdown norms and a decision on opening of shops other than those already notified will be taken on April 27, said Chief Secretary Kumar Sanjay Krishna.

There were some confusion regarding opening of shops following an order by the Ministry of Home Affairs and some shops other than those already notified opened in parts of the State, including Guwahati, this morning. However, the government made it clear that there is no slackness of the norms and such shops were closed down later in the day.

The Ministry of Home Affairs last night issued a notification saying that the neigh-

bourhood and standalone shops as well as shops in the residential complexes registered under the Shops and Establishment Act would be able to open with 50 percent staff. The notification also said that all the employees would have to wear masks and maintain social distance.

The notification created confusion among the people, which led to opening of some shops this morning. However, when contacted, the Chief Secretary admitted that there was some lack of clarity in the notification which led to the confusion. He said that as soon as the matter came to the notice of the government, prompt action was taken and by noon, those shops were closed.

Sanjay Krishna said that the government would discuss the issue on April 27 before a decision is taken in this regard. It may be mentioned here that Prime Minister Narendra Modi is scheduled to hold a video conference with the Chief Ministers of all the States to review the situation in the morning of April 27. The Cabinet Secretary also had a discussion with the Chief Secretaries of all the States to review the situation today.

The Chief Secretary said that all concerned, including the police, have been directed to enforce the lockdown strictly and the inter-district movement of stranded people with permission from the respective Deputy Commissioners went on smoothly today. The government has allowed such movement in the State for three days from today.

>> SEE PAGE 6

Sale of pigs, pork banned in State

Measure due to unknown disease in farm animal

STAFF REPORTER

I don't require any domestic

become an expert in doing

help. My husband has

household chores.

GUWAHATI, April 25: Following the spread of an unknown disease that has led to death of 1,964 pigs in Assam in the past few days, the State Government on Saturday imposed a ban on sale of pig and pork. The order will be in force until further notification as the toll has been rising rapidly.

The disease was first reported from Dhemaji district in the last part of February. Later it spread to its nearby

Agriculture Minister Atul Bora said the outbreak of the disease was reported in six

districts - Dhemaji, Lakhimpur, Biswanath, Dibrugarh, Sivasagar and Jorhat. The highest toll was reported from Sivasagar district where 1,128 pigs have died so far. The State government has

also put containment zone tag in these districts where transportation of pigs and feeds will be strictly restricted until further order. Apart from precautionary

measures, the authorities have also collected samples

Wash HANDS

of infected pigs from the field. Bora said the collected samples were processed at the North Eastern Regional Disease Diagnostic Laboratory and at the laboratory of College of Veterinary Science, and sent to Bhopal-based

ble for the disease. "As a precautionary measure all pig farmers have been instructed to use maximum

Ward off VIRUS

National Institute of High

Security Animal Diseases to

ascertain the virus responsi-

bio-safety norms in their respective farms. They should have to bury the carcass of infected pigs in a pit of at least six feet deep," Bora said.

Further steps will be taken after receiving the report from the Bhopal-based laboratory, which is expected to come within two to three days, he said.

"A large section of local youths are associated with pig farming. So we are planning to compensate them for the loss. We have already sent an advisory to every district restricting the transportation of pigs," Bora said.

>> SEE PAGE 6

STAFF REPORTER

GUWAHATI, April 25: Chief Minister Sarbananda Sonowal on Saturday held a review meeting of the measures taken by Guwahati Police in the fight against COV-ID-19 at Police Reserve in

Appreciating the steps taken by the city police to distribute food to 5,000 people daily in Guwahati with the help of NGOs, Sonowal hailed the action taken by Guwahati Police to keep three people arriving from China in guarantine for 28 days in the last week of February, much before the pan-

demic took alarming proportions in the county. Crediting

ures taken by Assam Police for successful observance of lockdown in State, Sonowal reiterated the crucial role of police in the execution of relaxation of certain

sectors during

the strict meas-

the second phase of lock-

Assam Police, through their dedicated and exempla-

ry services, has turned out to be the friend in need for the people in

Fight against COVID-19

by Guwahati Police

lice would keep on motivating the police personnel to carry out their du-

distress, he

said. People of

would remem-

ber this dedi-

cation till eter-

nity and the

faith of the

people in po-

State

the

ties more vigorously in the future, he added. During today's review

meeting, Sonowal also inter-

sioners of Police and traffic police officials and asked about their difficulties and experiences while performing their duties. He instructed the city police to keep a close watch on

acted with Deputy Commis-

violation of law-and-order cases, like theft and robbery, drug paddling, etc., in railway stations, bus stands, parks, etc. He also directed the police

to get in touch with leading citizens of the society while urging them to create awareness among the people of Muslim community to conduct namaz in their houses during the holy month of Ramadan.

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NOTICE OF POSTPONEMENT This is for information to all wellwishers that due to the present circumstances, the proposed marriage and reception ceremony of our son Dr. Rishiraj with Dr. Rupshnata which was to be held on 8th May 2020, has been postponed at present. The new date will be informed in due course. - Dr MK Baruah, Dr Aditi Baruah, Zig-Zag Road, Chowkidinghee, Dibrugarh 786001.

Marriage Postponed/...../1

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IN MEMORIAM



Today on your 1st Death Anniversary, we remember you with heavy hearts and pray to GOD for eternal peace of your departed soul. Smt. Damayanti Baruah and family Ajanta Path Survey Guwahati



Late Dr. Harendranath Baruah

Dear Deuta, With every passing year, we miss you more than ever. Your love was deep, it was strong & will live with us forever. Your beaming smile would light up the room, Your kind & inspiring words dispel any gloom.

Your work ethic, your drive, your love of culture, music, sports and art, Are legacies we carry forward with happiness in our heart. There was so much more to

learn from you, to love you, hug you and to hold, But you had to go, before all the stories could be told. Remembering you on this 35th year of your passing,

Nandini & Pankaj Neog Sandeen & Anita Baruah Indrani & Partha Sarathi Mahanta Krishnadeep & Elizabeth Baruah

CD/In Memo/P/UP000001/1

ADYA SHRADDHA



Late Pradip Boro Born: 01.04.1953 Death: 16.04.2020

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extended till 15th May

2020. This extension is

due to present lockdown

for COVID-19 Pandemic

CD/PN/...../1

More New Yorkers ingested cleaners after Trump's comment!

Cases of New York City residents, contacting healthcare authorities over possible exposure to common household cleaners, rose following a controversial comment by US President Donald Trump suggesting injecting disinfectants into the human body as a coronavirus treatment.

In the 18 hours following the comment, the Poison Control Center, a subagency of the city's Health Department, managed a total of 30 cases of possible exposure to disinfectants, the New York Daily News reported on Friday citing a spokesperson. None of those who contact-

ed the centre died or required hospitalisation. Out of these 30 cases, nine

were linked to possible ex-

posure to Lysol, 10 were related to possible exposure to bleach and 11 were associated with household cleaners in general, according to the spokesperson.

Compared to these cases, the numbers were nearly half for the same 18the report.

After a scientist made a presentation at the daily Coronavirus Task Force briefing on Thursday showing that COVID-19 virus is killed by sunlight in two minutes, Trump suggested bringing powerful light inside the body.

He compounded it further by suggesting injecting cleansers like bleach and isopropyl alcohol because Bill Bryan, the head of Homeland Security Department's Technology Directorate said that bleach killed the virus in five minutes and alcohol in 30 seconds.

Trump wondered if the cleanser "gets in the lungs and it does a tremendous number on the lungs". - IANS

Trump says he was being 'sarcastic'

WASHINGTON, April 25: Trying to wriggle out of the backlash he received for his outlandish suggestions, US President Donald Trump has said that he was being "sarcastic" when he told his medical experts that they should consider using UV light, heat, or injecting disinfectants into the COVID-19 patients as a

potential treatment. Trump faced intense rebuke on Thursday for his far-fetched suggestion from health experts who urged people not to listen to the President's "dangerous" advice.

Doctors and the company that makes Lysol and Dettol warned that injecting or ingesting disinfectants was dangerous.

When Trump was asked about his comments during a Bill signing on Friday, he said: "I was asking a question sarcastically to reporters like you iust to see what would happen".

"I was asking a sarcastic" and a very sarcastic question "to the reporters in the room about disinfectant on the inside." he said.

Trump suggested he was talking about disinfectants that can safely be rubbed on people's hands.

"But it does kill it, and it would kill it on the hands and that would make things much better. That was done in the form of a sarcastic question to the reporters," The Hill

quoted Trump as saying.

When a journalist in the Oval Office pointed out that Trump had turned to experts next to the stage when he first raised the idea on Thursday, the President claimed he was asking those officials "whether or not Sun and disinfectant on the hands can help us."

Trump on Thursday latched on to a presentation from the Department of Homeland Security for Science and Technology Under Secretary Bill Bryan who detailed initial findings that the coronavirus deteriorates more quickly when subjected to higher levels of heat, humidity and ultraviolet rays from the Sun. - PTI

Saudi abolishes flogging

RIYADH, April 25: Saudi Arabia has abolished flogging as a punishment, the Supreme Court announced, hailing the latest in a series of "human rights advances" made by the King and his powerful son.

Court-ordered floggings in Saudi Arabia – sometimes extending to hundreds of lashes have long drawn condemnation from human rights groups.

But they say the headline legal reforms overseen by Crown Prince Mohammed bin Salman have brought no

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let-up in the conservative Islamic kingdom's crushing of dissent, including through the use of the death penalty. The Saudi Supreme Court

said the latest reform was intended to "bring the kingdom into line with international human rights norms against corporal punishment". Previously, the courts

could order the flogging of convicts found guilty of offences ranging from extramarital sex and breach of the peace to murder. – AFP

Honour for **Indian-American**



HOUSTON, April 25: Renu Khator, an Indian-American university Chancellor, has been elected to the prestigious American Academy of Arts and Sciences for her contributions in the fields of education and academic

Khator, 61, joins more than 250 exceptionally accomplished artists, scholars, scientists and leaders in the public, nonprofit and private sectors as members of the American Academy of Arts and Sciences (AAAS) class of 2020.

Born in Uttar Pradesh. Khator is the University of Houston System Chancellor and the varsity's president. She is the first woman Chancellor and the first Indian immigrant to head a comprehensive research university in the United States.

Khotar, who has been at the current position since 2008, was elected in the field of Educational and Academic Leadership. "While recognition from

this esteemed organisation is personally very gratifying, I am even more pleased with the honour it brings to the University of Houston and UH System, which has given me such a valuable opportunity to develop my leadership skills," Khator said. - PTI

Nikki Haley launches 'Stop Communist China' campaign

WASHINGTON, April 25: Asserting that China's Communist government needs to be held accountable for "lying" about the coronavirus pandemic, top Indian-American Republican politician Nikki Haley has launched an online petition urging the US Congress to act.

More than 40,000 people have signed the 'Stop Communist China' petition by Friday night, hours after being launched by the former Governor of South Carolina who has set a goal of getting 100,000 signatures. "China's Communist gov-

ernment needs to be held accountable for their role in lying about the Coronavirus pandemic, and the US Congress needs to respond now," said 48-year-old Haley, a former US Ambassador to the United Nations.



China from gaining influence in America and around the world. Sign this petition and please share with your friends," she added.

"Sign our petition to stop the Chinese Communist government's deception and manipulation. We need Con-

gress to act NOW to prevent

the petition said.

Among other things, the petition urges members of Congress to probe whether China covered up the coronavirus outbreak, end the United States' reliance on China for critical medical supplies and pharmaceuticals, make China pay its fair share to the

United Nations, back Taiwan against China's bullying, and mandate all US colleges to disclose Chinese funding. Early this week, she called

for an emergency Security

Council meeting on China's involvement and knowledge of the virus. Haley has been a fierce

critic of China.

"As soon as the UN opens again, the US should call for an emergency Security Council meeting on China's involvement and knowledge of the virus. When did they know and decisions made. If ever the was a time to have a world discussion, it would be following this pandemic," Haley said in a tweet.

Responding to her tweet, the Chinese Ambassador to the UN Zhang Jun asserted that his country has nothing to hide. - PTI

A combo of 15 images showing fifteen former Italian partisans posing at their home in several Italian cities between Thursday and Friday. On April 25 every year, Italy celebrates the end of the Nazi occupation during World War-II. The date is also the occasion for the members of the National Association of Italian Partisans to celebrate their uprising against the fascist rule of dictator Benito Mussolini, backed up by the Nazis, with marches throughout the country. The COVID-19 outbreak in Italy this year forced the cancellation of all the activities to celebrate the 75th anniversary of the Italian Liberation Day. - AP/PTI

Pak Navy test-fires anti-ship missiles

ISLAMABAD, April 25: The Pakistan Navy on Saturday successfully test-fired a series of anti-ship missiles in the North Arabian Sea, a spokesman said.

The missiles were fired from surface ships, fixed and rotary-wing aircraft, the Navy's spokesperson Rear Admiral Arshid Javed said.

Chief of the Naval Staff Admiral Zafar Mahmood Abbasi witnessed the firing of the missiles, he said in a statement.

"The anti-ship missiles were fired at the sea level by warships and aircraft," according to the statement. The successful demon-

stration of missile firing is a testament to the Pakistan Navy's operational capability and military readiness, the official said. On the occasion, Admiral

Abbasi said that the "Pakistan Navy is fully capable to respond enemy's aggression befittingly."

The Navy spokesperson Rear Admiral Javed took to Twitter to share the information of the test-fire of the missiles.

"PakNavy conducted Live Weapon firing of Anti-Ship Missiles from Surface and Aviation units in North Arabian Sea." Adm Zafar Mahmood Abbasi witnessed LWF as chief guest. - PTI

curity forces personnel from

contracting the COVID-19

infection while engaged in

operations to control the

spread of the disease, the

"All naval personnel are re-

Colombo Page reported.

Nearly 4,000 Sri Lankan Navy personnel quarantined The government had on

sued by the Sri Lankan Navy.

COLOMBO, April 25: Nearly 4,000 Sri Lankan Navy personnel and their families have been quarantined at a major naval facility after 60 COVID-19 cases were confirmed in two days, a media report said on Saturday.

The move came as 30 Navy personnel tested positive for the COVID-19 virus each on Friday and Saturday at the country's Welisara Naval camp, the state-run Daily News reported.

"Today 30 Navy personnel

have tested positive for the COVID-19 virus. Another 30 had tested positive for the virus yesterday," Army Commander Lieutenant General Shavendra Silva was quoted as saying by the paper during his media briefing of the National Operation Centre for the Prevention of COVID-19 here. Following the new cases,

nearly 4,000 naval personnel and their families at the naval base have been isolated within the camp, the paper reported, citing an order is-

The spurt in new cases came amidst Sri Lanka deciding to lift the nationwide curfew imposed to stem the

60 test positive for COVID-19

spread of the coronavirus on Monday.

Sri Lanka has been under

a strict curfew since March

20 to combat the COVID-19

that has claimed seven lives

and infected 420 people.

curfew in selected areas which were not seen as dangerous for the spread of the deadly virus. The Sri Lankan government has planned various

spike in the number of COVID-19 cases. However, there has been intermittent lifting of the

Monday dropped its deci-

sion to relax the nationwide

curfew and extended it to

April 27 following a sudden

measures to protect the se-

stricted from travel and confined to barracks without leave. They are only allowed to leave the bases for assigned duties," the report said.

The COVID-19 has so far infected more than 2.7 million people and killed over 190,000 globally. - PTI

Manmohan slams govt over dearness allowance freeze

Minister Manmohan Singh has slammed the government over freezing of dearness allowance, asserting that it was not necessary at this stage to impose hardships on government servants and armed forces personnel.

The Finance Ministry on Thursday froze inflation-linked allowance for 50 lakh central government employees and 61 lakh pensioners till June 2021 due to the COVID-19 crisis. However, DA and dearness relief (DR) at current rates will continue to be paid, it said.

"We should be on the side of people whose dearness allowance is being cut. I sincerely believe it is not necessary at this stage to impose hardships on government servants and also on the armed forces people," Singh said during the Congress' consultative group meeting whose video was released by the party today.

Former Congress chief Rahul Gandhi also slammed the government over the issue, saying the problem was with the government's going ahead with the central vista redevelopment project.

"You are taking away money from the middle class, you are not giving money to the poor people and you are spending it on your central vista," Gandhi told the

Senior Congress leader and former Finance Minister P Chidambaram said,



back expenditure on the bullet train, central vista development, those are the programmes which should be first put on halt before you halt people's dearness allow-

The Centre last month approved the land use change for execution of its ambitious central vista redevelopment project in Lutyens' Delhi with the issuance of a notification by the Union Housing and Urban Affairs Ministry.

The redevelopment project of the Central Vista – the nation's power corridor – envisages a triangular Parliament building next to the existing one, common Central Secretariat and revamping of the 3-km-"When you (government) have not cut long Rajpath – from Rashtrapati Bhavan are also part of the panel. – PTI

to India Gate. Congress' chief spokesperson Randeep Surjewala said it would have been fine if the money was being transferred to migrant labourers.

"But you are continuing with the new Parliament House, new building for ministers, new house for PM, you are continuing with zero cut on expenditure of the government which could save you close to 2-2.5 lakh crore rupees. But, you are denying relief to your armed personnel, to your pensioners, to your government servants," he said.

Former Union Minister Manish Tewari said the first thing the government should have done before cutting allowances, salaries, etc., was to set up an expenditure rationalisation commission.

Congress general secretary, organisation, KC Venugopal said there is a lot of anguish among the government employees over the dearness allowance issue as it will harm them very much.

The Congress last week had constituted a consultative group with former Prime Minister Singh as its chairman to deliberate on "current concerns" and formulate views and policy of the party on important

Besides Singh, Gandhi, Surjewala, Venugopal and Tewari, former Union Minister Jairam Ramesh, Praveen Chakravarty, Gaurav Vallabh, Supriya Shrinate and the party's social media head Rohan Gupta



A Muslim family ends their fast with iftar on the first day of the holy month of Ramzan during a nationwide lockdown, in Prayagraj on Saturday. - PTI

UGC panels moot academic J-K prison inmates session from September

NEW DELHI, April 25: The NOU) VC Nageshwar Rao. the academic session is the deacademic session in universities and higher educational institutions can be started from September instead of July in view of the COVID-19 situation in the country, a panel appointed by the University Grants Commission (UGC) has recommended.

Two committees were constituted by the UGC to look into the issues of academic loss and online education in the wake of the lockdown in the country due to the coronavirus pandemic.

One of the committees led by Haryana University Vice-Chancellor RC Kuhad was formed to look into the ways of conducting exams in universities amid the lockdown and work on an alternate academic calendar. The second committee, to suggest measures to improve online education, was led by Indira Gandhi National Open University (IG-

Both the panels submitted their reports on Friday.

"One panel has recommended that the academic session be started from September than July. The second panel has suggested that universities should conduct online exams if they have the infrastructure and means or wait for the lockdown to get over and then decide a date for pen-and-paper examinations," a source said.

According to HRD Ministry officials, the two reports will now be studied and official guidelines in this regard are expected to be notified by next

"It is not binding that all the recommendations will be accepted. After deliberating on the feasibility issues and keeping the situation in mind, guidelines will be issued," an

Another hurdle in starting uate admissions. – PTI

aminations as well as the pending board exams, the panel has

"As of now, the plan is to conduct entrance examinations like NEET and JEE in June. But it is extremely important to keep reviewing the COVID-19 situation," the official said. Universities and schools

across the country have been nod of Lt Governor GC Murclosed since March 16 when the Union government announced a countrywide classroom shutdown as one of the measures to contain the outbreak. Later, ease in the Union Territory. a nationwide lockdown was announced on March 24 which has now been extended till May 3.

The Central Board of Secondary Education has already announced that it will conduct pending board exams for only 29 subjects which are crucial for promotion and undergradmanufacture face masks

IAMMU, April Hundreds of inmates in prisons lay in conducting entrance ex- across Jammu and Kashmir have volunteered and joined efforts to fight the coronavirus pandemic with mass production of face masks in jail premises, officials said today.

They said the prisoners started manufacturing the high quality polypropylene masks last month after the prisons department's proposal got the mu administration which has called for universal usage of face covers to contain the spread of the contagious dis-

Jammu and Kashmir has recorded six coronavirus deaths so far, four in the Valley and one each in Udhampur and Baramulla districts with nearly 450 others infected in the Union Territory. Mask-making inside the jails is going on in full swing under the guidance of the officials. - PTI



The woody spice

Nutmeg known as Jaiphal is known for its woody flavour. It is considered quite useful for reducing pains, has benefits for the stomach and good for respiratory problems.



• • • • /apnedeshkojano | contribution@apnedeshkojano.com

Powered by: Priya Communications



A couple wearing face masks perform rituals as they get married during the nationwide lockdown in Jodhpur on Saturday - PTI

Udhampur prepares over 7.000 food packets per day

JAMMU, April 25: Three community kitchens in Jammu and Kashmir's Udhampur town have been preparing and distributing over 7,000 food packets daily among migrant workers who are stranded at different locations owing to a countrywide lockdown.

"In these community kitchens, the meals are cooked, packed and distributed among the needy at different locations of the district. The initiative has been widely hailed by people and till date more than one lakh meals have been provided to needy persons at their doorsteps," a district officer said.

Over 7,000 food packets are prepared and distributed among the needy in Udhampur town on a daily basis amid the lockdown imposed across the country to contain the spread of coronavirus, he said.

The community kitchens have been set up at different locations to efficiently cater to the needy in the peripheral areas, he said.

Initially, one community kitchen was set up by the district administration for feeding the stranded labourers and truck drivers. After observing the growing demand of food from different areas and getting requests from the poor, the district administration with the help of some volunteers later added two more community kitchens at different locations.

"Professional cooks prepare food in these community kitchens, volunteers pack and distribute the food packets among the needy at different locations. A distribution road map has been charted out, keeping in view all health advisories while cooking and distributing food," he added. – PTI



Ministry of AYUSH recommendations, based on Ayurvedic literature & scientific publications, for preventive health measures and boosting immunity with special reference to respiratory health.

General Measures



Drink warm water throughout the day.



Daily practice of Yogasana, Pranayama and Meditation for at least 30 minutes as advised by Ministry of AYUSH.



Janasanyog/D/303/20

Spices like Haldi (Turmeric), Jeera (Cumin), Dhaniya (Coriander), and Lahsun (Garlic) recommended in cooking.

Issued in public interest by Directorate of AYUSH. Assam Banphul Nagar Path, Dispur, Guwahati - 06

Chandan Jatra, Akshaya Tritiya to be held in Puri temple premises

tivals of Lord Jagannath will be held in the temple premises in Odisha's Puri on Sunday, in view of the nationwide lockdown imposed to contain the spread of novel coronavirus, Gajapati Maharaja of Puri, Divya Singha Deb said.

The decision was taken during the temple managing committee's meeting with Govardhan Peeth Shankaracharya Swami Nischalananda Saraswati on Friday night, he said.

"As per the advice of Guruji (Shankaracharya), it has been decided to conduct both the Akshava Tritiva and the Chandan Jatra on the temple premises. The Guruji said the tradition of the temple should be maintained and the centuries-old rituals cannot stop," Deb told

reporters. The rituals will be performed by seduct the rituals amid the lockdown.

BHUBANESWAR, April 25: The lected priests and servitors, but devo-'Chandan Jatra' and 'Akshaya Tritiya' festees will not be allowed inside the temple premises, he said.

> The Gajapati Maharaja had earlier said the temple administration will not undertake any activities outside the religious institution's premises in view of the lockdown.

> Akshaya Tritiya is held at the 'Rath Khala' outside the temple while the Chandan Jatra is organised in a tank in Puri. He, however, said the decision on hold-

ing the Rath Jatra will be taken after May 3. Apart from Gajapati Maharaja, members of the Jagannath Temple Management Committee, including Shree Jagannath Temple Administration (SJTA) chief administrator Krishan Kumar, the Puri district collector and the superintendent of police had met the Shankaracharya to seek his advice on how to con-

The Gajapati Maharaja said the lockdown guidelines prohibit religious congregations both inside and outside the temple. The 12th century shrine has been closed to devotees since the imposition of lockdown in Odisha on March 22.

SJTA chief administrator Krishna Kumar said the collector and the SP will hold a meeting with the servitors of the temple on Saturday to decide on the place in the premises where the Chandan Jatra and Akshaya Tritiya rituals will be held.

"During the Chandan Jatra, or the 'sandalwood voyage' of Lord Jagannath, images of the deity are floated on a boat in a sacred tank in Puri. It is the longest festival of Lord Jagannath that is held for 42 days in two phases," Bhaskar Mishra, a researcher on the Jagannath culture, said.

Akshaya Tritiya marks the beginning of construction of chariots for the annual Rath Yatra. - PTI

MESSAGE FORTODAY

It is a recession when your neighbour loses his job; it is a depression when you lose yours.

- HARRY S TRUMAN

The Assam Tribune

Gradual shift

The latest order from the Union Ministry of Home Affairs, a modification of the order issued by the ministry on April 15, allows for further relaxation in the extended lockdown due to end by 3th May. From yesterday certain shops and commercial establishment registered under the Shops and Establishment Act of the respective States and Union Territories and market complexes outside municipality areas have been permitted to resume operations with 50 per cent staff for the remainder of the lockdown. While all markets can open in rural and semirural areas and sell non-essential items also, such nonessential items can be sold in urban areas only if the shop is located at a residential area and is a registered "standalone" shop. The order states that social distancing norms and wearing face masks will remain mandatory, and even local salons and parlours will be allowed to operate provided they follow mandated norms. However, markets in urban areas, shops in multi-brand and singlebrand malls have still not been exempted and will remain shut. Similarly places where there is possibility of mass gathering, such as cinema halls, malls, shopping complexes, gymnasiums, sports complexes, swimming pools, entertainment parks, theatres, bars and auditoriums, assembly halls and other such places will remain closed. According to the order relaxations will be allowed only in non-hotspot areas, and hotspots and containment zones will have to continue to follow the restrictions.

Such a gradual shift is sensible, and will help to normalize economic activities in the deeply stricken rural sector and provide succour to workers who had lost their jobs. In addition to the relaxations announced by the Centre various States are also taking their own steps to either mark a gradual shift towards triggering renewed economic activity, or to assist stranded people to get back to their domiciles. For instance, the Assam Government has lifted restrictions on movement of people within the State for three days from April 25 to allow those stranded away from their homes due to the lockdown to return to their families. People with private vehicles who were stranded in another district can avail of this window to drive back home after obtaining passes from Deputy Commissioners. The Assam State Transport Corporation is also operating buses on designated routes for those who don't own vehicles and are stranded. Naturally, extreme vigilance must be observed by the various administrations in the country and monitoring must be undertaken even as the gradual shift towards normalization is made. Given that a majority of detected cases of infection across the country are asymptomatic in nature, the possibility of another spike in the spread of the contagion cannot be ruled out. The citizens must realize that creation of a situation wherein there is need for re-imposing another lockdown would merely add to the suffering they are currently undergoing.

Immunisation programme

The importance of immunisation needs no exaggeration. It helps to save lives and protects the future generations by eradicating diseases. Thanks to immunisation programmes, a good number of diseases which had at one point of time claimed a large number of lives have either been eradicated or its spread been kept under tight check. The success of immunisation however should not make us complacent. It is a continuous process and immunisation drive should be carried out in the areas where the risk is high and to ensure that a disease which has been kept in check does not make a comeback. However of late the immunisation programmes in the State has taken a severe hit due to the outbreak of COVID-19 pandemic. The COV-ID-19 pandemic has disrupted the functioning of the health care sector with most of the personnel being busy trying to contain the contagion. In many parts of the State, children are missing critical life-saving vaccines due to reduced access to over-stretched health services. This in turn will put the children at risk of diseases like measles.

While it's imperative that the health care sector must go all out to combat the scourge of COVID-19 but at the same time the immunisation programmes cannot be ignored. Though at the present time with lockdown, social distancing it is not at all easy to carry on with the immunisation programmes, but the fact remains that the parents and the health care sector must ensure that the children get the required vaccines as soon as COVID-19 outbreak is brought under control. The sad part is that less than half of the State's children are fully immunised even during the best of times. According to the National Family Health Survey -4 (2015-16) only 47.1 per cent children between 12-23 months are fully immunised, i.e. they have received BCG, measles and three doses each of polio and diphthe-

'Assam better placed to face lockdown'

Face to Face

Prasanta J Baruah

Amiya Sharma, Executive Director of Rashtriya Gramin Vikas Nidhi (RGVN), is a senior economist trying to apply development economic theory to practice. A postgraduate from the Delhi School of Economics, he did his Phd from Rutgers University, USA. Earlier he taught in Delhi, Rutgers and Tezpur University and worked as

Due to the lockdown because of COVID 19. there are doubts that there may be a depression like situation in the world economy?

Depression is a very strong term to use. It is a situation where economy shrinks over a long period of time, more than twothree years at a stretch. The last known depression was from 1929 to 1933 where the developed countries experienced unemployment close to 25% and the economies were shrinking. None of the studies are saying that we will have a situation like

In fact India and China are expected to have positive growth even this year. For India the growth rate expected is anywhere between 1.5 to 2.8% (World Bank). By the way India has experienced negative growth rates even after independence although not for more than one year at a stretch. So, negative growth is nothing new for the coun-

What about recession? Recession is when the economy experiences negative growth rates for more than two or more quarters at a stretch. India may face

recession since the lockdown will affect almost all segments of the economy. However, if the govt can come up with a package worth about 6 to 7% of GDP to be made effective immediately, then recession may be avoided, provided the virus does not cause so much damage as to have another round of lockdown and the movement of the people and goods are unrestricted. I would like to mention here that even if there is a recession in the economy, if the distribution of income in India is improved by helping the rural areas to grow, to provide employment to the migrants in their localities, then the country will be better placed.

Economics operates in a manner such that if all of us think that there will be recession then there will be recession because all the players will try to safeguard their savings causing a lack of demand which will cause production to be halted and a vicious cycle to develop. A lockdown of a month followed by five months of extreme activity should be enough to pull the economy out of recession, ceteris paribus, that is other things remaining the same. Howev-



er it appears that even if movements may not be restricted after May 3, the people themselves will be very careful about their expenditure and travel.

What would be the impact on the various sectors of the economy?

Of the three main sectors - primary, secondary and the tertiary, the tertiary or the service sector specially the trade, travel and tourism sectors will be hit very hard. It seems that travel and tourism will take a lot of time to achieve normalcy. International travel and even domestic travel will be normally avoided in the near future. Industrial production too, has been hit hard which will take some time to pick up. Working capital may not be available quickly, timely availability of inputs may be lacking in addition to labour short-

Agriculture has not been impacted so much to bring the economic growth to a recessionary level. Contribution of agriculture to the GDP has been falling drastically and it is a mere 14%. Sectors like construction, IT, banking services, pharmaceuticals will be the prime movers. If petroleum price stays low, India stands to

What can the government do to put the economy back on the track?

If a stimulus package of

seven to eight lakh crore could be spent by the government the Indian economy will be in a sound position. This will have an impact on the fiscal deficit. But with foreign exchange reserves of more than \$48000 crore added to RBI's strong reserves of more than Rs 8 lakh crore. India is in a relatively better position to take some risks. The timing of the stimulus has to be right. Therefore, expenditure which normally could have been made towards the end of the year has to be made now. All the actors have to work in unison, especially the banking sector. Part of the stimulus would be to help the financial institutions come to the rescue of the business units. Redistribution of income and rural industrialization too need to be pushed by the government.

Even if there is no recession the poor especially the migrant workers will be hit hard. What should the government

While the government has to give first priority to keep the health services in excellent position to tackle any such fall out in the near future, the amelioration of the condition of the bottom thirty to forty per cent of the population becomes very crucial and that has to be priority number two. Bottom twenty per cent are the poverty population and ten to twenty per cent above the

poverty line are those made poorer because of the lock-

Direct benefit transfer is very relevant which is why one is referring to the crucial role of the banks in the fight to save the economy. MNREGA too is very important but the provision of food for the migrants who do not have all the papers as well as bank accounts in their native places must be assured. Slowly but surely, the govt must encourage establishment of more units in the rural areas and small towns so that decentralized development takes place.

What about Assam?

Will it escape recession? Just like India has been less affected by the virus because it is not a very open economy, similarly Assam has been in a better position compared to the developed states. Going by the performance of the economy over the last couple of years, Assam should be able to escape recession. Having gone through the Assam agitation and many bandhs after that the State has developed a resilient economy.

In Assam, the rural economy is much larger compared to the Indian average. About 85% of the population live in the rural areas and in any such situation, rural economy does not get hurt as much as the urban economy. Agriculture is in the news for not being able to sell vegetables. However around this time of the year this type of news is quite common. This year perhaps there is some more wast-

Tea industry has been hit by the lockdown.

Tea has lost the first flush which is a huge loss. Some sources have pegged its financial losses at around Rs.1200 crore and in terms of production losses - about 15% of the annual production of 700 million kilograms in Assam.

What about the rice production, fishery, livestock?

Rice which is the main crop has not been affected much. The kharif paddy has not been affected at all. Fishery sector, piggery, poultry have been affected by the lack of feed and consequentially lack of sale as in most sectors.

The industrial activity has come to a standstill.

MSME sector will be hit hard. Almost all the key industries are in the public sector and are in a strong position to pull up. MSMEs serving the PSUs should not find it difficult to get back. Traders of products including industrial products, travel and tourism sector will be badly affected as it was hit by the anti CAA movements few weeks before this lock-

Overall one may say that six weeks of shutdown will not be able to bring down Assam's growth rate to a recessionary situation over a long term, provided unrestricted movements at least within the country as far as practicable, are allowed and the State Government makes all efforts in order to make funds available to kickstart the economy/businesses immediately.

(pjbaruah_at@yahoo.com)

Gazing beyond COVID-19

■ Geetima Das Krishna

e have already celebrated our one-month anniversary of complete lockdown due to COVID-19 pandemic. A virus that started in Wuhan, China spread quite nimbly - helped by our modern ways of living and travelling in a globalised world.

Did we ever imagine we would see a day when more than 80 per cent of the world economy will be shut and most of the world population will be locked down at home?

Many of us who prided ourselves for having a ring-side view of the great global financial crisis (GFC), were left stunned at how the crisis unfolded. The world economy got whacked sideways. Longer the lockdown, longer it would take the economy to get back to normal.

The current crisis is unprecedented as it has two aspects to it - an economic aspect and the healthcare aspect. Economic policy alone cannot solve the problem. Unlike previous crises, the stimulus packages, this time around, are not aimed at restarting the economy, but rather making sure to help us survive the crisis.

Already a lot has been written about the devastating economic impact of COVID-19. My experiences tell me that we should never try to forecast too far into the future. But, won't it be interesting to look at the world a month, a year from now - how our perspectives will change, what lifestyle choices we will make, what immediate impact it will have on various sec-

tors? The changes that we hope to see. First, work-from-home (WFH) will no longer be frowned upon. Both private and public companies will be open to the idea. Many, not all, would have already discovered that they could be equally productive working from home. With proper guidelines in place, WFH will improve work-life balance. Most probably, in the future, for small meetings including board meetings, people would prefer to connect over platforms like zoom instead of commuting for hours or catching a flight. Cutting down on travels will also reduce carbon footprints.

It is said that the devastating global cholera outbreak in the 1850s that claimed more than 10,000 lives in London, led to the development of a modern sewerage system there. Every public health crises have left their mark in our big cities. This time will be no different. Many innovations, use of old technologies in new areas will emerge.

Sanitation, hygiene, and safe drinking water will turn into necessities. Our public healthcare system is already getting ramped up. Hopefully, there would be further strengthening of the government hospitals with higher budgetary allocation. The smart cities cannot be called 'smart' enough without proper medical infrastructure for the public. Low-cost housings for migrant workers within the city would get proper attention. Medical research, pharma manufacturing will get a boost.

Agriculture is the first sector that is opened up. Going forward, the state should seriously look into well-functioning mandis, better procurements process, uninterrupted supply chain, cold storage, food processing units. A crisis should never be wasted.

Did not we read all those reports, a few years back, about how Kirana shops would vanish due to the competition from the large multi-brand retailers and on-line stores? But these small Kirana stores became our saviors. During the pandemic, these entrepreneurs evolved, customised their services, and delivered items home at a time when big online stores stopped delivering. Some even helped source items from other stores and supplied them. These small neighbourhood stores will continue to flourish.

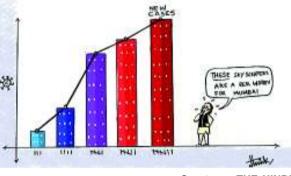
School and college education have moved online during this lockdown. Perhaps, there will be opportunities to expand this avenue in higher education. However, in India, schools should go back to their old routine. Rural schools with no internet infrastructure and poor students with no smartphones are already suffering. Many students come to school just for the mid-day meals.

We are Social Animals. So, immediately after the lockdown, we would like to meet our friends and loved ones. However, small get-togethers would be preferred over big parties. Take-outs would be preferred over dining outs. Even restaurants would design interiors with social distancing in mind. Large sports events would be enjoyed on TV at the convenience of home. Going to movies, malls, clubs would take some time to pick up.

We will get used to washing hands, carrying sanitizers. Sanitizers would be a common sight in restaurants, parlours, hotel lobbies etc. People will be more concerned about immunity, personal health, and spend more time in meditation, exercise, and yoga. In this new era of social distancing, there will perhaps be a cultural shift in how we greet one another. Authorities have already banned spitting in public. It will be an excellent time to get rid of this abhorrent behaviour. It is said that it takes at least 60 days to form a new habit. If this ban can be extended, the familiar sight of red-spit stained walls, staircases would be a thing of the past.

Businesses would rethink their strategy. With severe supply disruption during the pandemic, just-in-time inventory management would take a hit. Low debt and cash reserves for the crisis would be the mantra.

Voices of the **WEEK**



Courtesy: THE HINDU

"No compromise on safety of healthcare personnel fighting the Covid-19 pandemic..." – NARENDRA MODI, PM, India

"Jiomart and WhatsApp will empower nearly 3 crore small Kirana shops to digitally transact with every customer in their neighbourhood." -MUKESH AMBANI, Chairman, Reliance Industries Limited. ***

"Start of production would depend on our supply chain and dealerships which are non operational in most of the cases currently." - RAJESH GOEL, Director Honda Cars India

"It is the right time to bring about structural reforms in the country's aviation sector." – AJAY SINGH, CMD, Spicejet

"No communal angle to Palghar, strict action will be taken against those spreading fake news and igniting communal hatred on social media." - UDDHAV THACKERAY, CM, Maharashtra

"The situation of corona in India is much better than in the world" - HIMANTA BISWA SARMA, Health Minister, Assam

"Let wine shops reopen, it will boost revenue in the wake of the coronavirus outbreak." - RAJ THACKERAY, president, MNS

"Books are the carriers of civilization. They give wings to the mind and flight to imagination." - NAVEEN PATNAIK, CM, Odisha

*** "The biggest lesson Covid-19 has taught us is to become

self-reliant." – NARENDRA MODI, PM, India

The Assam Tribune

From **THE PAST**

ABOUT 4000 COURT ARREST ON 3RD DAY OF SATYAGRAHA

By A Staff Reporter

GAUHATI, April 25: Nearly 4,000 volunteers courted arrest all over the Brahmaputra valley today on the third and final day of the three-day CPI, Assam State Council sponsored Satyagraha movement against Government's eviction policy and demanding land for the landless. Altogether 60 persons including 50 women offered Satyagraha today in the Deputy Commissioner's Court here. The Satyagrahis are stated to have gheraoed the DC, Kamrup for about five hours. Nalbari: Altogether 297-Satyagrahis including 10 women led by Sri Tarunsen Deka courted arrest today and were imprisoned till the rising of the court. Jorhat: On the third day of the Satyagraha, 146 Communist Satyagrahis led by Sri Dulal Khound courted arrest at Kakajan, writes our Jorhat correspondent. All the arrested Satyagrahis were brought and produced before the Magistrate at Jorhat. They were imprisoned till the rising of the court. Nowgong: About 1,500 kisan, youth and students led by Sri Phani Bora MLA offered Satyagraha today before the DC court, Nowgong and courted arrest. Most of Satyagrahis from different parts of the district came on foot trekking about 40-50 miles distances. The Satyagrahis were imprisoned till the rising of the court.

SUNDAY, APRIL 26, 1970

ith Covid19 knocking on everyone's door and hand-washing with soap and water strongly advocated from all quarters of the globe, I am rewinding my professional life to 1969 (precisely 51 years) to place myself in a theatre - Operation Theatre (OT) No. 2 in my Alma Mater of yesteryears.

The subject in question is, of course, "hand washing" while getting ready to assist my Professor of Surgery, late MA Choudhury of Surgical Ward 3, Assam Medical College. This would not have been a memorable event had it not been for Dr Choudhury's obsession especially with every new

Hand washing



House Officer, like myself, to scrub hands prior to wearing the latex gloves, a must before handling anything in the Theatre.

On one such operation day, as I entered the Theatre, I had seen the Professor dressed up waiting for his team to be ready. Next to him, I noticed a round mirror placed over a round table.

On another day I was asked to assist Professor Choudhury in a partial gastrectomy. Timidly I started scrubbing and, in the middle of the process Professor Choudhury almost roared, "Medhi, will you show the doctor how to scrub?"

"Yes Sir!" Medhi, the Registrar working under Prof Choudhury, replied obediently as he showed the systematic steps in hand washing. Thereafter, without uttering a word for the next half hour, I remember having completed the step-by-step procedure of assisting a renowned surgeon as a novice house surgeon would have done.

During the days that followed, my curiosity about the 'mirror' never faded away and was looking for an opportunity to find out the mystery. I gently asked Dr Medhi one day while we both happened to be in the common

"Don't you know why?" he replied with a sardonic smile, "Sir's eyes are always focused on the mirror when you wash your hands"

Now, after 51 years, I think I am expert with: SafeHands Challenge.

Different Strokes

Anecdotes full of wit and humour with a finishing punchline having a word count of 360 words may be sent to differentstrokes@assamtribune.com



Generally cloudy sky with one or two spells of rain/ likely to occur. Maximum and minimum temperatures are most likely to be 32°C and 19°C respectively on

TEMPERATURE: Max 26.6°C Min 17.6°C

Aid to lockdown-hit poor people continues

CITY CORRESPONDENT/ CORRESPONDENT

GUWAHATI/JORABAT, April 25: In a bid to help the needy amid the nationwide lockdown to curb spread of coronavirus, the 128 Battalion Central Reserve Police Force (CRPF) on Saturday distributed dry ration, masks and other items among over 300 needy people in Marokdola area under Sonapur revenue circle.

The 128 Bn of the CRPF, under the guidance of DIG Range Guwahati JPK Ray and Commandant Surjit Kumar Atri, also distributed nutritious meals making sure the hygiene standards are not compromised.

The CRPF officers also called for use of soap to ensure that people wash their hands before eating. The Unnat Bharat Abhiyan (UBA) Cell of Cotton University on Thursday distributed ration and other necessities to 64 needy families of Nijpanbari at Chandrapur, a village adopted by the university under its UBA programme.

The packets that were distributed contained rice, pulses, oil, salt, sugar, tea, potatoes, onions and soap cakes.

Joint coordinator of UBA Cell Dr Narayan Sharma, accompanied by students Manab Talukdar and Dhiraj Das, visited Nijpanbari to distribute the materials with due permission and full cooperation from the DSP (Admin), Guwahati.

Gaonburha of Nijpanbari village Prasanta Ranghang had all arrangements ready with the villagers maintaining social distancing and ASHA workers rendering full support by providing sanitizers and supervision.

adopted five villages and simremaining villages within the next few weeks. Earlier, materials were also distributed to needy families of another village Chakardeo-Kalitapara adopted under UBA, by Dr Narayan Sharma.

Worker dies of electrocution CITY CORRESPONDENT

GUWAHATI, April 25: A 25-year-old worker died on spot after he was electrocuted at a construction site at Adabari today. The deceased has been identified as Judhistir Roy of Dhupdhara, Goalpara.

A police source said two more persons received minor injuries in the incident. Altogether 15 workers were working at the site.

Lockdown causes Rs 34-cr loss to State vegetable growers

STAFF REPORTER

GUWAHATI, April 25: Proving all the initiatives taken by the State Agriculture department ineffective in this season, vegetable growers of Assam have faced a loss of around Rs 34 crore. The loss occurred as the growing of vegetables doubled in this season in comparison to previous years.

Revealing the data here today, Agriculture Minister Atul Bora claimed that during the lockdown days, farmers of Assam have earned around Rs 475 crore by selling their farm produces.

This year, Assam also exported 18,000 MT of vegetables to different parts of the country. Bora said this time the State has exported a large amount of vegetables to New Delhi, Rajasthan and Haryana along with a large amount of banana to West Bengal.

Amid the lockdown, the State Government also wrote to the Centre, seeking an additional Rs 150 crore under Remunerative Approach for Agriculture and Allied Sector Rejuvenation Scheme. Moreover, around 27 lakh farmers in

der PM-Kishan Scheme soon, for which the department concerned has earmarked an amount of Rs 150 crore.

"We are trying to mitigate the loss of farmers by deploying several farmer vendors in every part of the State. These vendors are working to collect farm produces directly from farmers. To look after the matter, district-level monitoring committees have been formed in every district. Moreover, a high powered statelevel monitoring committee is relentlessly looking after the activities of district-level committees," Bora said.

The minister said the main duty of a district-level committee is to look after the marketing and supply of vegetables grown by the local farmers. To cover the loss of farmers, the State Agriculture department will also set up several cold storages across the State and for which the officials concerned will carry out a survey soon.

Moreover, the cold storages located at Goalpara and Chaygaon will become operational soon. The department is also planning to repair all defunct cold-storages in the State too.

and long-term plans to ensure the availability of vegetables and other agri products in the coming days. As a short-term measure, we urged every person to start a kitchen garden in their homes. As a long-term measure, we are collecting the data about scope, surplus and production of vegetable products from every district," Bora said.

For Sali cultivation, the minister also directed all the district administrations to help farmers in their respective districts. In this connection, the chief secretary has also issued an order. Very soon all enlisted beneficiaries of Assam will also avail tractors and power tillers from the government. The minister said for the convenience

of farmers, the direction has been made to every district to keep open all tractor repairing shops along with shops deal in seed, fertilizer and water pump. In the coming days, the Agriculture

department will also carry out an awareness drive about crop insurance among farmers of Assam. Additionally, 21 soil testing laboratories will become operational in the State soon.



With the State government easing inter-district travel for three days, people stand in a queue outside the Deputy Commissioner's Office to avail passes, in Guwahati on

City florists incurring heavy losses

ABINASH KALITA

GUWAHATI, April 25: Hundreds of flower vendors in the city are incurring heavy losses due to the ongoing nationwide lockdown.

A florist Jayanta Barman of Panbazar said around 70 per cent of the total flower saplings were perished due to the ongoing lockdown.

"I am facing a huge loss due to the total shutdown. Nearly 70 per cent of my flower plants worth over 70,000 perished. All the remaining plants will perish in the coming days if proper care is not taken", Jayanta Barman said.

"All the flower plants are lying on the footpath near the Nehru Park ever since the lockdown was imposed. We have sought permission from the district administration to water the flower saplings during the lockdown but nothing has been done in this regard," he added.

There were 25 florists sell-



ing flower saplings in the Panbazar area but all of them are now going through a very tough time.

"50 per cent of the flower saplings worth Rs 20,000 are of no use. I urged the administration or the government to provide some spaces to sell those remaining plants. We know that the government has been providing some financial assistance to the poor but these are not enough to feed the entire family for a long period," another florist Dipak Barman said.

Dipak Barman, who also owned a nursery in the Maligaon area, said, "Traders like me are suffering the heavy losses as there is no return on the investment."

Moreover, all the flower shops in the city are closed due to ongoing lockdown.

"We have no orders for decorations for weddings or Significantly, these forces have been parties. There is hardly any demand for flowers now," a florist Suraj Neog of Fancy Ba-

mese society. First they tried to raise a controversy around a new genre of poetry – Miyan kobita (Miyan poetry). Then, they raised a hullabaloo in a bid to castigate an entire community following the controversy over a section of people

AJIT PATOWARY

Come forces seem to be bent on in

If the Assa-

attending a religious congregation at the Nijamuddin headquarters (Markaz) of the Jamat-e-Islam. And this time, they are trying to create a controversy by distorting 'Moi Asamiya,' a widely acclaimed poem of Sved Abdul Malik, a towering figure in Assamese literature.

using social media in their bid to catapult such controversies. However, the saner section of the Assamese society has so far been deflecting all such evil designs of these wicked forces.

These forces have alleged that Syed Abdul Malik had in fact tried to glorify the Mughals in his poem 'Moi Asamiya'. To mislead the common people, they have projected only the first few stanzas of the poem, which were written by Malik only to mock at the self-acclaimed invincibility of the Mughals as a military superpower.

Until their Assam expedition, the Mughals were boasting that no force on earth could defeat them. But, the Assamese forces made the 'mighty' Mughal power bite the dust on multiple occasions.

Bid to create controversy over

Abdul Malik's poem decried

Abdul Malik highlighted the military prowess and the assimilating powers of the Assamese people in his poem 'Moi



Asamiya'. But the above-mentioned forces are now despicably trying to project this great piece of litterateur as an advocate of Muslim communalism.

Former Asam Sahitya Sabha president Dr Paramananda Rajbongshi has described 'Moi Asamiya' as one of the highly acclaimed patriotic poems of Assamese literature. This poem even encouraged M Ibrahim Ali of Darrang district to compose another brilliant poem - 'Tumi Yadi Asamiya'. Both these poems are regarded to be exquisite patriotic compositions, said Dr Rajbongshi.

The former Sahitya Sabha chief also

appealed to all concerned not to create any controversy over 'Moi Asamiya' and Sved Abdul Malik.

The Natun Sahitya Parishad has condemned the attempt of some 'communal forces' to malign the image of Syed Abdul Malik by distorting his poem 'Moi Asamiya'. It has urged the State government to take appropriate action to discipline these forces.

Syed Abdul Malik is a leading figure in the post-Lakshminath Bezbaroa era of Assamese literature. He played a major role in democratising the Assamese society. His literary works are precious assets of Assamese society. Some forces tried to malign his image during the Assam Agitation too. But Syed Abdul Malik remained a leading light for the Assa-

Malik's 'Moi Asamiya' also encouraged noted poetess Nalini Bala Devi to compose another brilliant poem 'Tumi Asamiya'. Noted literary journal Banhi described these poems of Syed Abdul Malik, M Ibrahim Ali and Nalini Bala Devi as the three best patriotic poems of Assamese literature, said the Sahitya Parishad.

mese society, the Sahitya Parishad said.

It has called upon the conscious people of the State to remain vigilant against the evil designs of the diabolic forces.

Cab operators seek financial aid

CITY CORRESPONDENT

GUWAHATI, April 25: The All Assam Cab Operators' Union on Saturday urged the State government to provide financial assistance to the cab drivers and the owners.

All the members of the union today took to the social media and uploaded a picture with a letter to the Chief Minister in this regard.

Ismail Ali, president of the union, said, "The cab operators and the daily wage earners are the worse affected due to the lockdown. There are 12,000 cabs under our union. We find it extremely difficult to make our ends meet. In this situation, how we will repay the loans taken from financial institutions?

He added, "We also appeal to the govern-Cotton University has their family members with placards to get the ment to provide Rs 10,000 to each of the cab attention of the government. The union also sent operators to deal with the crisis and take measures to repay our loans as well."



on Saturday. - UB Photos

Call to ramp up COVID-19 testing in State

STAFF REPORTER

GUWAHATI, April 25: The All India Professionals' Congress (AIPC) has called upon the State government to ramp up COVID-19 testing to prevent spread of the pandemic.

"An exponential ramping up of coronavirus testing is required to gauge the actual impact of the nationwide lockdown so far. There is an urgent need to upgrade health care facilities with extensive testing. Assam has many districts under red zone and orange zone. There is a need to scale up testing exponentially in all such districts if we want the lockdown to work. Assam is still not out of the woods, and large-scale testing alone can make the picture clear. The government seems to be clueless on 'what after May 3', when the lockdown period gets over as the government has to take a backseat due to negligible COVID-19 testing being done so far to come to any conclusion. This has

raised concern among the people of Assam at large," said Gauravv Somani, president of Assam State unit of AIPC.

Regarding the announcement by the education department on waiver of 50 per cent school fees for the month of April, Somani said, "Going by the examples of other states in India where governments have asked all

Preventing spread of pandemic

schools to waive off three months' fees, it looks like the Assam government is more concerned about the few school owners than the lakhs of people looking for their survival amidst the coronavirus pandemic. The government should have announced complete school fee waiver for at least three months."

AIPC has also castigated the State government over the recent steep hike in VAT on petrol, diesel and other motor spirits.

"The Assam government's decision is regressive and is a very discouraging step, especially at a time when the prices of essentials are already at an increased level and the logistic supply costs are extremely high. This rise will further trigger a shocking trend in price rise and will challenge the middle class and poor people of Assam with an ever decreasing purchasing capacity and with no work for a month now and almost more than a week to go. This will trigger an inflationary trend," said the AIPC State president.

He added, "It is a matter of great concern that in these testing times when the entire country is facing a never-seenbefore challenge for survival, the Government in Assam is busy trying to fill its coffers by increasing the prices of diesel and petrol. While we understand that the State revenues are also strained and going down due to lack of economic activity for the last one month, we strongly believe that the government could have easily offset the shortage by various other means of revenue generation."

Devananda Konwar's demise condoled STAFF REPORTER

GUWAHATI, April 25: State Industries and Commerce Minister Chandra Mohan Patowary has condoled the demise of former Bihar, Tripura and West Bengal Governor and former Assam minister Devananda Konwar.

In a condolence statement. Minister stated, "Devananda Konwar had a long and outstanding political career. As a student leader, teacher, minister and finally as a Governor, he left an indelible mark in the history of our political life. His demise is an irreparable loss.'

The Minister also extended his condolences to the members of the bereaved family and prayed to the Almighty for eternal peace of the departed soul.

Senior Congress leader and former APSC member Shirazul Hussain also condoled the death of the former Governor and State minister.

World Malaria Day observed STAFF REPORTER

GUWAHATI, April 25: Assam this year has reported altogether 58 malaria cases so far, revealed the National Health Mission here today. The State on Saturday ob-

served World Malaria Day on the theme "Zero malaria starts with me".

Health workers across the State today carried out miking, door to door fever surveillance, distribution of leaflets on the vector-borne disease, etc. as part of the programme.

All chemist shops to sell hand sanitizers, masks

CITY CORRESPONDENT

GUWAHATI, April 25: The Chemists and Druggists Association of Assam (CDAA) has said people will get hand sanitizers and masks at all retail chemist counters in the State from now on, at a price fixed by the government.

The CDAA on Saturday in a press statement said the consumers can contact pharmacies in their respective areas to procure hand sanitizers and other products like handwash soaps, disinfectants from Dettol, Savlon, etc. at prices (MRP) fixed by the government across the State.

"A local manufacturer of As-

sam took the lead in making these products available at government recommended prices while maintaining the quality. The 'Handuser-C' of GRD Pharmaceuticals is the first such hand sanitizer brand in the northeast region," president Dr NL Agarwala and secretary Jitu Barman of the CDAA stated.

"The customers should refrain from buying sanitizers above government rates and old MRPs. The current MRP rate as per government rule is Rs 250 for 500 ml, Rs 100 for 200 ml and Rs 50 for 100 ml," the statement added.

The association noted that there has been a sudden growth in sanitizer manufacturing com-

panies in different parts of the State and the majority of them are producing sanitizers and other products without having requisite licences or expertise.

"They are not following the mandatory norms for manufacturing health products as recommended by ICMR and dermatologists. The genuineness of such products is also questionable. Such companies and individuals are also producing masks and selling them at higher prices thereby violating the provisions of different Acts under which these products are regulated and distributed at government-approved MRPs," the statement added.

Webinar under 'Dekho Apna Desh' series showcases Assam villages

STAFF REPORTER

GUWAHATI, April 25: As the Ministry of Tourism, Government of India continues with the initiative of organising a series of webinars under the overall theme 'Dekho Apna Desh', its 8th webinar in the series titled 'North East India - Experience the Exclusive villages' with focus on Assam and Meghalaya highlighting the lesser known villages, was presented on April 24.

The 8th webinar had 3,654 participants and was attended by people from countries like Afghanistan, Canada, France, Germany, Pakistan, Singapore, Spain, Thailand, the United Kingdom and the United States of America.

Describing the tourism po-

tential of the region, an official statement said that North East India is the land of exquisite beauty, offering a blend of emerald landscapes, azure water bodies, pristine silence, infinite vastness and mesmerising local populace.

"The infinite variety of its geographic setting, its topography, its varied flora and fauna and avian life, the history of its people and the variety of its ethnic communities and their rich heritage of ancient traditions and lifestyles, its festivals and crafts make it a holiday wonderland that just requires to be discovered afresh. The North East's amazing diversity makes it a holiday destination for all seasons.' the statement said.

The webinar was presented by Arijit Purkayastha, CEO, Koyeli Tours and Travels (P) Ltd and Dr Shreya Barbara, chief operating officer, Landscape Safari.

The webinar showcased the unique tourism potential of a number of spots in Assam including Sualkuchi, Ranthali, Hajo, Dadara, Sarthebari, Nalbari, Bansbari, tea bungalows of Assam, Majuli and Namphake village. A number of tourist destinations of Meghalaya including Mawphlang, Kongthong and Jowai also featured in the webinar.

The ministry's efforts to showcase India's landscape, cities and other experiences through webinars are also available on YouTube Channel of Incredible India and the ministry's websites www.incredibleindia.org and www.tourism.gov.in.



Security personnel use a drone while patrolling at Badi Chaupar during the nationwide in Jaipur, on Saturday. – PTI

Formulate nat'l plan for handling COVID-19 crisis: Cong tells Govt

NEW DELHI, April 25: The Congress today urged the government to formulate a national plan for handling the coronavirus crisis under the Disaster Man-

Senior Congress leader Kapil Sibal said at a press conference via video-conferencing that it was time for the government to rethink the lockdown measures as the country cannot have the "lockdown of people and lockout of the economy".

"You cannot have a lockdown of people, and a lockout of the economy. That is not the way to formulate policy. We are not criticising, we are only saying it is time to rethink, we will support the government in every possible way," he said.

Sibal also called upon the judiciary to evolve a policy to ensure that the justice delivery system is considered an essential service during such crisis.

He alleged that bureaucrats, who do not have any idea about ground realities, rus to be a public health emergency towere formulating policy for the govern- wards the end of January."

cooperate with Indian agencies

accuracy of their products.

they follow strict quality con-

trol of their products, assert-

must be followed in storage of

India's apex medical research

the kits as well as in their us-

age to get accurate results.

The former Union Minister said as per within seven weeks of the WHO declarathe Disaster Management Act, 2005, the tion when on March 24, the Prime Min-Union government was duty-bound to for- ister announced a national lockdown? We mulate the national plan to deal with COV-ID-19, and accused the government of maintaining "conspicuous silence" on the issue.

of a national plan to deal with COVID-19, seems to have delegated its responsibilities under the Disaster Management Act, aster. Instead of discharging its "solemn 2005 to the state governments, he alleged.

Without the necessary infrastructure, both human and physical, and adequate are not in a position to effectively deal with this pandemic, he noted.

"Our Prime Minister's limited role, so far as we can see, is addressing the nation from time to time. The National Disaster Management Authority (NDMA) made no preparations to put in place a plan despite the WHO declaring the vi- cover, food and clean drinking water. The

"Why were detailed plans not made he said. - PTI

Chinese pharma companies, two days till it examines their na, including our brand. We have high, the accuracy of the test

Last week, India procured ernment departments for in-

and Livzon Diagnostics said cases of coronavirus infection. Chinese government and that stitute of Virology in Pune.

While Guongzhou Wondfo the company has been export-

Biotech supplied 3 lakh test ing the product to at least 10

shocked to receive negative stored at a temperature be-

Ready to cooperate with Indian agencies: Chinese cos

NEW DELHI, April 25: Two antibody test kits for the next rapid testing kits made in Chi-the storage temperature is too companies were released to

from these two Chinese firms The company said it fulfilled and that the product was vali-

In separate statements, and they were distributed to all required quality control dated and approved by the samples of people. These take Guongzhou Wondfo Biotech several states reporting rising standards prescribed by the ICMR through the National Inaround five to six hours to show

countries, including Brazil,

Peru, Columbia and several

"The test kits should be

European nations.

are in the fourth week of April, yet there is no plan in place even now," Sibal said.

He said the Prime Minister should in-The Union government, in the absence form the people about the minimum standards of relief that are required to be provided to persons affected by the disresponsibilities to provide succour to the poor and helpless stranded migrants", the Union government has chosen to shift the financial resources, state governments onus to state governments to do what they can without a plan and without guidelines prescribing minimum standards of relief, the senior Congress leader alleged.

"It is unfortunate that even till date." there is no plan. We are all aware that the provisions in shelters are pathetic without adequate sanitation, medical states are not able to make available adequate food supplies to those affected,"

may be influenced," it said.

In its statement, Guongzhou

Wondfo Biotech said the com-

pany has been exporting the

kits to more than 70 countries

"In the process of exporting

the products to overseas coun-

tries, Wondfo fully cooperates

with relevant health authorities

in each country to carry out

various verifications on the sen-

sitivity and specificity of our

products," it said.

'Developed nations trying to learn from India's experience in fighting COVID-19'

ernment to contain the pan-

inputs in this regard.

demic, besides obtaining their

which, he said, India's record was much better compared

to most other countries of

22 of 2020: date: 21-04-2020. E-tender

following works: Brief Description o

reserve stock of boulder and unscreene shingle including loading into wagor under DEN/IV/Lumding. **Tender Value**:

₹69,21,729/-; Earnest Money: ₹1,38,400

. E-tenders will be closed 15:00 hrs

on 18-05-2020 and **Opened** 15:00 hrs on 19-05-2020. The complete information

with tender documents of above e-tender

05-2020 in website www.ireps.gov.in.

DRM/Works, Lumding
NORTHEAST FRONTIER RAILWAY
"Serving Customers with a smile"

enders are invited by the undersigned fo

the following work: Description of work

Manufacture & Supply of Prestresse

Monoblock Concrete Sleeper (pretensio type) for wider base Bridge Approach

leepers as per RDSO's drawing No. RT-

8673 to 8680 along with latest alteration

to suit 60kg UIC Rail and IRS Specification

No. T-39 (Fifth revision-Feb'2016), if any

duly loaded in to road vehicle/wago

Quantity: 546 Sets; Tender Value:

1,61,37,281.00; Earnest Money

3,22,750/-. E-tenders will be closed a

opened at 11:30 hrs. on 21-05-2020. The

complete information with the tender

vailable upto 11.00 hrs of 21-05-2020

Tender Notice No.: LMG/Engg/23 of 2020

works: SN-1. Brief Description of Item

enewal of rail, painting of rails and other

ancillary work between Chandranathpu

Badarpur Jn.-Silchar (49.55 KM) 8

Arunachal-Jiribam (0-49.81 KM) under the

urisdiction of SSE/P-WAY/Badarpur Jn

Tender Value: ₹1.86.87.192.34. Earnes

Money: ₹2,43,500/-. Cost of tender

Description of Item: Track maintenan

work including lifting & packing, destressing painting of rails, casual renewal of rails 8 sleepers and other ancillary work betwe Katakhal Jn.-Bhairabi section (KM 0.00

l albazar Tender Value: ₹1 53 98 970/

Pr. Chief Engineer/Maligaon NORTHEAST FRONTIER RAILWAY

n website www.ireps.gov.in

NEW DELHI, Apr 25 (PTI) being made by the Modi gov- the world. Union minister Jitendra SIngh on Saturday said that developed countries are trying to learn from India's experience in fightminister said this in a video conference with former bureaucrats from across the country while discussing measures to combat coronavirus and to brief them about the efforts

Montek to head post-COVID revival group for Punjab

CHANDIGARH, April 25: The Amarinder Singh-led Punjab government on Saturday constituted a group of experts, headed by noted economist and former deputy chairman of the Planning Commission, Montek Singh Ahluwalia, to come out with the post-COVID revival strategy for the state.

The group, which includes leading economy and industry experts, will recommend to the Punjab government a short-term (one year) as well as medium-term action plan. including a fiscal management strategy along with other policy measures to revive the state's economy in the aftermath of the COVID-19 crisis.

Amarinder Singh said his government was grateful to Montek for accepting the difficult task of finding ways for the state's economic revival.

The Chief Minister had announced his government's decision some days ago to set up a panel of experts to formulate a comprehensive strategy to revive the state's economy and industry in the post-COVID scenario.

The 20-member group has been mandated to submit its initial set of recommendations

the media by an official of the

At present, the government

hospitals have been using the

polymerase chain reaction

(PCR) tests to detect corona-

virus from throat or nasal swab

In the rapid antibody tests.

the blood samples of suspect-

ed patients are taken, and it

normally takes around 15-30

India has been facing se-

vere shortage of testing kits

in view of rising cases of coro-

minutes to give the result.

Chinese embassy here.

Earnest Money: ₹2,27,000/-. Cost of tender document: ₹10,000/-. Closing of Tender 18-05-2020 at 15.00 hrs. & opening of Tender: 15.00 hrs. of 19-05-2020. The complete information with tender docum of above e-tender will be available upto 15.00

DRM (W), Lumding NORTHEAST FRONTIER RAILWAY

"Today even the more developed countries of the Singh gave a chronology of India, not only for support in and place where they had seting COVID-19 pandemic. The measures undertaken under terms of medicine supplies tled after superannuation and the leadership of Prime Min- like chloroquine but are also can therefore also offer sugister Narendra Modi on a trying to learn from India's gestions specific to that re-

was quoted as saving.

"At the same time, they are world are looking forward to more familiar with the state proactive basis, as a result of experience in fighting COV- gion," said Singh.-PTI



NATIONAL HEALTH MISSION ASSAM

No. NHM/C-CW/Diphu Medical College/Ph-II/4073/Pt(3)/20-23 Dated: 25th Apr' 2020

CANCELLATION NOTICE

It is hereby informed that, the bid process for the work "Construction of Resident Hostel (Girls & Nurses, G+2, One unit) at Diphu Medical College (Formerly AHMC&RI), Diphu, Karbi Anglong under NHM, Assam on Turnkey Basis" against the IFB issued vide this office No.NHM/C-CW/Diphu Medical College/Ph-II/4073/20-09 Dated Guwahati the 19th Feb' 2020 has been cancelled as no bid was found responsive. The Bid securities submitted by the bidders can be obtained from the office of the Mission Director, National Health Mission, Assam, Christianbasti, Guwahati-5 during working hours.

The bids for the other works vide the same IFB however will continue

Mission Director, NHM, Assam



NATIONAL HEALTH MISSION ASSAM

EXTENSION NOTICE

The tender notice issued vide No. NRHM/C-CW/CHC/Bogapani/ Tinsukia/1985/13/132 dated Guwahati the 21st Mar' 2020 and extended vide NRHM/C-CW/CHC/Bogapani/Tinsukia/1985/13/133 dated Guwahati the 8th Apr' 2020 for the work "Construction of Community Health Centre [Ghoirali Model Hospital] including residential quarters at Phuloguri (Rangapara) in Sonitpur District under NRHM, Assam on turnkey basis" is hereby extended as follows:-1. Submission of Bid: 06/05/2020 (end date) at 14:00 hrs. (end time)

- 2. Opening of Bid: 08/05/2020 at 15:30 hrs
- All other terms and conditions will remain same

Mission Director, NHM, Assam

No. SBM(U) 200/2015/Part-I/61

Short-Tender Notice

Mission Directorate of Swachh Bharat Mission (U) Assam invites sealed quotations from eligible Companies/Firms/Distributors for supply and delivery of following items at Urban Local Bodies (ULBs) of Assam. SI. Items

No.	
1	Washable/Re-usable Cloth Mask
2	Re-usable Rubber Hand Gloves
3	Manual Spraying Machines (16 liters capacity
4	Water proof full Jackets with trouser & caps

Detail of Tender document may be seen in the SBM(U), Assam website http://sbmurbanassam.in

> **Sd/- Mission Director** Swachh Bharat Mission (U), Assam Dispur, Guwahati-6

Janasanyog/CF/31/20

NATIONAL HEALTH MISSION

No.: NHM/C-CW/ Diphu Medical College/Ph-II/4073/20- 25

Dated Ghy the 25th April' 2020

INVITATION FOR BIDS (IFB)

(e-Tender Notice)

The Office of the Mission Director, National Health Mission, Christian Basti, Guwahati-5 invites fresh bid for the works ON TWO BIDS SYSTEM under NHM as detailed below

Name of the work: Construction of PH-II works of Diphu Medical College Diphu (Formerly AHMC&RI, Diphu) Under NHM on Turn Key Basis

Name of the Building	Provisions	Value of Work (In Rs.)	Bid Security (In Rs.)	Tender Document (In Rs.)	Completion (from the date of issue of work order)
Resident Hostel (Girls & Nurses)	G+2 (One Unit)	5,25,39,320.00	2% for General Category & 1% for SC/ST Category	10,000.00	12 Months

Eligibility Criteria

(a) Registered APWD (Bldg) Class I-(A),(B) / CPWD/ Reputed Construction Company/ Agency registered under Govt. /Public Sector undertaking

(b) Contractor must have satisfactory completed

(i) Four similar works, each of value not less than 25% of the estimated cost out on tender or (ii) Three similar works, each of value not less than 40% of the estimated cost put on tender or

(iii) Two similar works, each of value not less than 50% of the estimated cost put on tender or

(iv) One similar works of value not less than 80% of the estimated cost, all amounts rounded off to a convenient full figure, in the last 5 years ending on the last day of the month previous to the one in which

the tenders are invited. (c) Contractor must have achieved Annual Turnover of at least 30% of estimated cost in any ONE YEAR during last 5 years ending 31st March of the Previous Financial Year.

(d) The Contractor having PAN Card/GST Registration/Labour License registration under EPF & MP Act

1952 etc. are eligible to participate in the bid process (e) Contractor shall have relevant experience in execution of similar nature of works preferably in hilly

(f) The intended bidders are asked to verify the site for the work prior to quoting their rates. 2. Cost of tender document should be drawn in favour of State Health Society, Assam, payable at

Guwahati in the form of Pay Order/Demand Draft.

3. Bid security with a validity of 225 (i.e. 180+45) days should be in the form of Bank Guarantee/ FDR/CDR

and drawn in favour of the State Health Society, Assam, payable at Guwahati. 4. The Contractor/ bidder must be registered with the Electronic Tendering System (ETS) of the Govt. of Assam (website http/assamtenders.gov.in). Contractors/ Bidders can download documents free of cost.

Contractors/ Bidders have to necessarily down load the bidding document from the ETS using their own ID (Digital Signature Certificate). Bid documents not procured (downloaded) through the ETS/not using the contractor's own user ID will be considered invalid and summarily rejected. Contractors submitting bids online have to submit copy of the documents of technical bid required to be submitted manually along with cost of tender document before the expiry of the sequence 'Online Bid Submission' date and time as mentioned in the tender schedule. Bid will be rejected/ cancelled if Financial Bid submitted off-line/hard 5. The tender will be available through the link http/assamtenders.gov.in from 27/04/2020

6. Tender Schedule:-

Name of Event Start Date End Time SI No. 27.04.2020 Tender Download 10.00 HRS 18.05.2020 14.00 HRS 27.04.2020 14.00 HRS. 18.05.2020 Tender Submission 10.00 HRS 19.05.2020 Technical Bid Opening 11.30 HRS. Financial Bid Opening Will be intimated latter on

Technical bid submitted along with Cost of Tender and Bid Security manually will be accepted till 18-05-2020 upto 14.00 hours

> Sd/-Mission Director, NHM, Assam

2 mass...

Livzon Diagnostics, in its

statement said: "We are

body ICMR on Tuesday advised reports from India related to tween 2 and 30 degree celsius

states to stop using the rapid poor accuracy of COVID 19 and should not be frozen... If

which supplied 5.5 lakh rapid quality following complaints that shown great concern on this

testing kits for COVID-19 to they are not fully effective in issue, and we are willing to co-

India, said they are ready to detecting coronavirus infection. ordinate with the related gov-

looking into allegations of poor 5.5 lakh rapid antibody test kits vestigation."

ered 2.5 lakh.

ing that specified guidelines kits, Livzon Diagnostics deliv-

(Contd from page 1)

of State for Health Pijush Haz- medically screened at the borarika, Tourism Minister Chandan Brahma, local MLAs and where the district's first positive case was detected. visited the quarantine centres in these areas.

dents from Assam, who were antine centre till further or-"These samples will be stranded at the country's tested at the medical college coaching hub Kota in Rajast-Sarma along with Minister arrival, each of them will be der entry point," Sarma said.

"Although they were quarofficials first visited Chapar, antined at Kota, but as they are travelling now and have passed through several states, they detected. The minister also 19 symptoms will be sent to the Sarusajai quarantine centre in Guwahati, the rest will

der," he said.

Meanwhile, the Health Minof Barpeta, and the results will han, will arrive at Srirampur ister clarified that the State be out within one day," he said. by tomorrow. "On their government will not implement any relaxation for the next two days after the Central government relaxed some lockdown conditions by allowing more categories of

"On April 27, a video con-Then he went to Bilasipara, might contract the infection. ference will be held where the where three such cases were While those with no COVID- Prime Minister and the chief ministers of all the states will take part, and only after that, the State cabinet will take a call Meanwhile, around 390 stube kept at the Srirampur quaron further relaxation," he said.

The Chief Secretary also made it clear that until further orders, only the shops already notified, including medicine shops, grocery shops, fruits and vegetable shops, will remain open. Shops selling fans, etc., would be allowed to open. The government has also allowed opening of book stores for three hours every day to enable students to procure textbooks.

Sale of ...

(Contd from page 1)

Meanwhile, Chief Minister Sarbananda Sonowal held a meet-

Sanjay Krishna were also present in the meeting.

(Contd from page 1)

Konwar started his career as Lecturer in English department of Cotton College, before joining the American Standard Vacuum Oil Company in Mumbai. He was also the founder principal of Guwahati College, said sources in the Congress party. Later he joined the Gauhati High Court Bar and practiced as an advocate for many years. He also served in various organizational positions in the Congress party before becoming a Minister in 1991.

In 2015. Konwar switched to AIUDF from Congress. He was appointed vice president of AIUDF. However, he later left the AIUDF. Governor Jagdish Mukhi, Chief Minister Sarbananda Sonowal, State Congress president Ripun Bora, former Chief Minister Tarun Gogoi, BJP State president Ranjeet Kumar Dass and AIUDF president Badruddin Ajmal, among others, condoled the demise of Konwar.

Daily ... would not be allowed for it will implement the Home

(Contd from page 1) On a positive note, the Del-

plasma therapy trial on more patients. Karnataka also began similar trials on Saturday, while Rajasthan said it was also ready to conduct these trials.

Some states, taking cue from a late Friday night or-Ministry, said they are taking steps to open more catethose selling garments, mostationery items.

However, these relaxations

shops located in market plachi government said it has seen es, malls and COVID-19 encouraging results from the hotspots and containment but Maharashtra ruled out any zones. In rural areas, all shops barring those in malls have been allowed to open. Liquor and cigarette shops till May 3. Gujarat, on the oth-

would remain closed every- er hand, decided to follow the where irrespective of their directive, while Assam said it location, while sale of non-esder from the Union Home sential items through e-commerce platforms continue to remain shut. Restaurants, hair has been in place since gories of shops, including salons and barber shops will not be allowed to open as these bile phones, hardware and render services and do not fall under the shop category.

The Delhi government said ID-19 pandemic. – PTI

Ministry order on opening of shops in the national capital, immediate relaxation saying the lockdown guidelines will remain unchanged in the state will take a decision on Mon-

A nationwide lockdown March 25, which was first scheduled to end on April 14, but was extended till May 3 to deal with the COV-

Decision ...

The statements by the two navirus. – PTI

(Contd from page 1)

The minister, however, asserted that there is no chance of

the disease spreading to other animals or humans. ing with top officials and scientists of the animal husbandry and veterinary department at the Brahmaputra State Guest House here and directed the department to conduct an inquiry into the 'pig flu' cases in the State and take remedial measures at the earliest in the greater interest of farmers engaged in the piggery sector.

Agriculture Minister Atul Bora and Chief Secretary Kumar

Devanand ...



Forecast for North Eastern States to occur at many places over Arunachal Pradesh, Assam and Meghalaya and at most places over Nagaland, Manipur, Mizoram and

Warning: Thunderstorm with lightning and gusty wind with speed (40-50) kmph is very likely to occur at isolated places over

Assam and Meghalaya. Thunderstorm with lightning and gusty wind with speed (40-50) kmph by hail is very likely to occur at isolated places over Nagaland, Manipur, Mizoram and Tripura, Thunderstorm with lightning is very likely to occur at isolated places over Arunachal Pradesh. Heavy rain is very likely to occur at isolated places over Assam, Meghalaya, Nagaland, Manipur, Mizoram and

Temperatures:

	Max (°C)	Min (°C)
Dibrugarh	25.6	16.6
Tezpur	24.1	18.4
Silchar	29.8	20.6
Dhubri	24.0	19.9
Jorhat	23.4	16.1
N Lakhimpur	26.8	18.1
Shillong	18.0	-
Cherrapunjee	19.5	13.0
Aizawl	24.6	15.2
Kohima	20.0	11.4
Pasighat	26.8	18.2
Itanagar	23.8	17.4
Imphal	26.0	15.3
Agartala	32.0	20.4

Arunachal Assembly sets up COVID-19 control room

CORRESPONDENT

ITANAGAR, April 25: The Arunachal Pradesh State Legislative Assembly on Friday set up a COV-ID-19 control room at the Assembly Secretariat premises here, in a bid to help the State's people stranded across the country amid the ongoing nationwide lockdown.

Lok Sabha Speaker Om Birla, during a video conference with all presiding officers of the State Assemblies on April 21, had suggested establishment of COVID control rooms at the Lok Sabha Secretariat as well as in the State Assemblies to help migrant workers and students stranded due to the lockdown.

Accordingly, under the direction of Arunachal Pradesh Assembly Speaker Pasang Dorjee Sona, a COVID-19 control room has been set up at the Assembly Secretariat. The control room will coordinate with the central COVID control room at the Lok Sabha Secretariat and those of other State Assemblies for exchange of information.

The control room will be made operational from Monday with youths from different walks of life turning up to volunteer for the cause. It will function under the supervision of Special Secretary to the Speaker, PN Thongchi, who is also the COVID-19 Nodal Officer, Joint Secretary Agaab Mossang and Under Secretary L Rongrang.

An Assembly Secretariat release stated those stranded can contact the control room on landline numbers 0360-2214216/2214238 and WhatsApp number 9485236624, or email at aplacovid19controlroom@ gmail.com for any help.

Online classes for students

GUWAHATI, April 25: The National Institute of Electronics and Information Technology (NIELIT) centres in Assam and Meghalaya have been conducting online classes for their regular students amid the ongoing lockdown imposed due to the COVID-19 pandemic. The NIELIT covers Guwahati, Jorhat, Dibrugarh, Kokrajhar, Silchar, Tezpur and Majuli in Assam, and Shillong and Tura in Meghalaya, a press release received here stated.

Different online tools like Google Classroom and e-learning portal of the NIELIT, along with social media tools like WhatsApp, phone, e-mail and bulk text messages, are being used for conducting the online classes.

Faculty members are also providing free on-call technical guidance to private schools, junior colleges and the public to start digital and online classes. The NIELIT conducts several courses, mostly in IT and Electronics, including awareness courses for school students and parents, programming courses for engineering graduates and other ICT-based livehood training, Dr Y Jayanta Singh, Director of NIELIT, Guwahati and Shillong, stated.

Meghalaya Govt, Opp discuss State COVID-19 scene

STAFF CORRESPONDENT

SHILLONG, April 25: The COVID-19 pandemic has brought Meghalaya's ruling alliance and the Opposition together. In a meeting held here today, they urged people to be "sympathetic with and not stigmatize" anyone affected by the virus and "be kind and respectful" to healthcare workers.

The meeting, chaired by Meghalaya Assembly Speaker Methbah Lyngdoh, was attended by Chief Minister Conrad Sangma, Leader of the Opposition Mukul Sangma, Deputy Chief Minister Prestone Tynsong, Home Minister Lahkmen Rymbui, Health Minister AL Hek, Congress MLA and former Assembly Speaker Charles Pyngrope, and others.

While the Government made a powerpoint presentation on its current efforts, the Opposition made suggestions to boost these efforts.

"Provide sensitive support to all COVID-19 positive individuals and those probable cases and not to stigmatize any individual as the vi-

rus can affect any person," a joint statement said. People should "not be fearful of the virus," but follow standard protocols relating to personal hygiene, handwashing, cough etiquette and social distancing, it added.

Observing that most people affected by the virus will not need hospitalisation, the statement, however, added that "the Government is fully prepared to deal with all cases that may need hospitalisation".

The National People's Party-led Government in the State has been at the receiving end ever since a spate of COVID-19 positive cases were reported in the State, followed by the death of the first patient and the subsequent controversy surrounding his cremation.

The COVID-19 victim initially did not get a resting place due to opposition from local residents, which caught the Government totally off guard. Moreover, the poor testing rate of the primary and secondary contacts of the first patient is also something the Government is trying to rectify.

Meghalaya Chief Secretary MS Rao present-

ed details of the steps the Government has undertaken to contain the spread of the disease. He also highlighted the measures taken to distribute foodgrains and essential commodities.

The Government also stated that reverse transcription-polymerase chain reaction testing would be increased from 90 to 370 by mid-May. Moreover, 50,000 rapid antibody diagnostic kits will be available by the first week of May.

The State Government also highlighted the facilities available in the healthcare systems and the stocks related to personal protective equipment, masks and other medical items. It further said that surveillance and monitoring of all the 5,200 individuals quarantined in their homes are being done by the Government.

Moreover, foodgrain distribution to the National Food Security Act (NFSA) and non-NFSA beneficiaries has already been completed for the current month.

Assistance to people stranded outside and workers in the unorganised sector was also discussed in the meeting.

Second COVID-19 patient of Tripura discharged from hospital

CORRESPONDENT

AGARTALA, April 25: Tripura's second COVID-19 patient, a jawan of the 3rd battalion of the Tripura State Rifles (TSR) hailing from Meerut in Uttar Pradesh, was given a warm send-off by the doctors, nurses and paramedical staff of the GB Pant Hospital here today.

For the overworked and tense doctors and nurses, this was a joyous occasion as they clapped all the way when the jawan left the institutional quarantine ward and strode towards an ambulance waiting to take him back to his barracks in Kanchanpur subdivision of north Tripura.

He will be quarantined for 14 more days at a place close to his barracks under the supervision of a doctor.

"He has fully recovered, but another round of quarantine at home or at the place of posting is an additional precaution. The State's first COVID-19 patient, a middleaged woman from Udaipur, was discharged from hospital last Monday," an official said.

In a Facebook post, Chief Minister Biplab Kumar Deb termed it as a happy moment. "The 2nd and last COVID-19 patient of Tripura has got released from hospital, where all the healthcare staff gave him a round of applause while he was leaving for another round of quarantine," he said.

"I thank all the frontline warriors for making our State Corona free. The fight is not over yet. I urge everyone to follow the Government guidelines," he added.

State COVID-19 panel formed in Manipur

CORRESPONDENT

IMPHAL, April 25: A 21member State Consultative Committee for COVID-19 has been constituted in Manipur with Chief Minister N Biren Singh as its chairperson, to fight the dreaded disease.

The committee was formed following a Cabinet decision on April 20, an order issued on Friday stated.

The committee includes five ministers and five MLAs, including three from the Opposition party. The Principal Secretary of Health and Family Welfare, V Vumlunmang, is the convener of the committee.

Meanwhile, a total of 22,018 people, who are stranded outside the State, have been provided Rs 2,000 each, incurring a total amount of Rs 4.4 crore. Revealing this, the Chief Minis-

ter on Friday tweeted: "Till today, altogether 22,018 of our people stranded outside the State have been assisted through CM's COV-ID-19 Relief Fund Rs. 2000 each, involving a total sum of over Rs 4.4 crores. Deeply grateful to hundreds of individuals and groups who have contributed to the Relief Fund in this moment of need."

Earlier, Principal Secretary PK Singh, who is the Resident Commissioner of the Manipur Bhavan in New Delhi, led a team to provide dry rations to more than

CORRESPONDENT

AIZAWL, April 25: Chin refu-

gees residing in New Delhi have

thanked the Mizoram Govern-

ment for giving them cash assist-

ance of Rs 5 lakh from the Chief

In a letter to Mizoram Chief

Minister Zoramthanga, the Chin

Refugee Committee, headquar-

tered at Chanakya Place in New

Delhi, has expressed gratitude to

the State Government for ex-

tending help in the time of crisis.

New Delhi have been on the brink

of starvation since the nationwide

lockdown began on March 25.

The 3000-odd Chin refugees in

Minister's Relief fund.

2,000 students and people in and around New Delhi.

At the same time, the State Government has been distributing rice under the PDS to people of the State, including migrant workers, during the ongoing lockdown.

It may mentioned here that the two COVID-19 patients of the State, who were confirmed positive for the disease on March 24 and April 2 respectively, were discharged from the JNIMS and RIMS hospitals here on April 12 and April 21 respectively.

Meanwhile, necessary measures are being taken by the State Government to prevent further spread of the disease. State officials have screened a total of 1,95,315 individuals, while 416 were tested for the disease as on April 25. About 84 individuals are in government quarantine centres, while 313 have already completed their quarantine period.

Meanwhile, as part of the ongoing drive to prevent the spread of COVID-19, the Singjamei Police arrested 40 persons for violating the ongoing lockdown restrictions and seized 44 vehicles. The lockdown violators were produced before magistrates and fine amounting to Rs 5,800 was imposed on them.

Similarly, Thoubal Police teams also arrested 298 lockdown violators and seized 181 vehicles, besides fine amounting to Rs 28,000.

Earlier, the Delhi-based Chin

Communities Fellowship had sent

a distress letter to the president

of the Mizoram State BJP unit,

seeking help for the Chin refugees

who are living in the national cap-

ital after fleeing Myanmar in fear

of persecution by the military jun-

said the Chin refugee families

had received 12 kg rice each

from the UNHRC in the first

week of April, which lasted for

The Chin refugees were earn-

ing their livelihood by doing odd

jobs, but the lockdown has left

In the letter, the fellowship

Chin refugees thank

Mizoram Govt for

cash assistance

ta there.

only one week.

them jobless, it said.

RG Lyngdoh, chairman of the Indian Red Cross Society, Shillong, handing over a letter of donation of sanitizers and masks to the DC of East

NSCN(I-M) deplores action against cadres

CORRESPONDENT

DIMAPUR, April 25: The NSCN (I-M) today accused the Assam Rifles and the Manipur Police of belligerently trying to throttle it in Manipur at a time when the entire world is battling the novel coronavirus pandemic.

The outfit said the Assam Rifles and the Manipur Police are doing it on the pretext that the ceasefire between the Centre and NSCN (I-

M) is not applicable in Manipur. "They have also taken the anti-

quated stand that there is no NSCN designated camp in Ukhrul district (of Manipur)," a release issued by the outfit said.

It also alleged that the Assam Rifles earlier attempted to attack the NSCN camp at Kangoi under Kasom Khullen block of Ukhrul district, but women organisations of the area foiled their plan.

The NSCN cadres, however, shifted the camp to avoid further aggravation of the situation, the release said.

The outfit said the intrusion of

State police into Kashung-Bungdung area when the villagers are strictly abiding by the COVID-19 protocols has put the villagers at a great risk of exposing themselves to the asymptomatic coronavirus carriers.

the Indian Army and Manipur

"Such a blatant violation of the an act against humanity," it said. COVID-19 protocols when the The NSCN (I-M) said there is whole world is grappling with the spread of the dreaded virus is nothing but highly irresponsible and condemnable by all who share the fear of what is happening to the

world today," it said.

The outfit described the "bellicose stand" taken by the Manipur Government against it as "alarming".

"This inglorious act of the Manipur Government against the Nagas will go down into history as

every indication that the Union Home Ministry has given a "carte blanche" to the Unified Command of Manipur Police and security forces to deal with it.

Nagaland allows neighbourhood shops to reopen

CORRESPONDENT

DIMAPUR, April 25: The Nagaland Government today allowed neighbourhood and standalone shops providing non-essential goods and services at residential complexes within the limits of municipalities and town councils to reopen.

However, shops located in market complexes, and multi-brand and single-brand malls will not be allowed to operate.

Chief Secretary Temjen Toy, in an order, said the shops located in crowded areas which offer no scope for enforcing satisfactory social dis-

tancing like in Hong Kong Market and New Market in Dimapur town and BOC Market in Kohima, will remain closed, except shops and outlets dealing in foodgrains, vegetables, food items, medicines and other essential items.

In areas outside the limits of municipalities and town councils, all shops - including those in residential and market complexes – except multi-brand and singlebrand malls have been allowed to function.

The order said these shops would have to operate with 50 per cent staff who have to strictly maintain social

distancing and mandatorily wear masks.

It said the protocol for social distancing, as specified in the lockdown measures, national COVID-19 directives and standard operating procedure, must be ensured. Truck repair shops along the highways have also been allowed to reopen.

The order asked the Deputy Commissioners to make assessment of such locations in their respective districts and issue suitable orders.

It reiterated that salons, dine-in restaurants, eateries and departmental stores would continue to remain closed. However, home deliveries from dine-in restaurants, food outlets and delivery of online orders of essential commodities would be permitted.

The order said the proprietors of shops and establishments which are allowed to reopen, will make arrangements for keeping hand sanitizers or provide facilities for washing hands with soap and water for the public as well as their own staff and workers.

They should also get the door handles, surfaces and other objects, which are frequently touched by people, regularly cleaned and disinfected, the order added.

Let's Fight #Infodemic #CheckTheFake on #COVID19



Tripura Govt adopts austerity measures to tackle economic crisis

CORRESPONDENT

AGARTALA, April 25: The Tripura Government has adopted a slew of austerity measures in view of the economic crisis due to the COVID-19 outbreak

In the 19-point austerity measures, the heads of all government departments, PSUs, local bodies and other government organisations have been asked to slash down non-essential expenditure.

"Office and contingent expenses should be cut down by 30 per cent, while the government departments should increase non-tax revenue by 10 per cent," said Education Minister Ratan Lal Nath.

If any government official requires air conditioner or cable TV/DTH

service, he or she must seek permission of the State Economy Board (SEB). Besides, a complete ban has been imposed on procurement of vehicles. The employees have also been told to use e-mail communication to avoid use of paper. The heads of departments and

other government organisations have also been asked to reduce expenditure on electricity and telephone by at least 10 per cent.

The State Government departments and organisations have been barred from holding fairs, programmes or exhibitions, but this would not apply to programmes sponsored by the Centre.

Most importantly, the Government will not buy any land as part of the austerity measures to ease the

burden on the State's economy. Admitting that the State, which is heavily dependent on the Central Government, is passing through a very critical phase, the

fragile fiscal position. Nath said the Fifteenth Finance Commission has already expressed concern over the increasing revenue expenditure.

State Cabinet has approved of the

stringent measures to address the

Nath added that the Finance Commission has asked the State Government to control revenue expenditure as much as possible. According to the Commission, there must be efforts to redeploy work force in case of any shortage through rationalisation to curb revenue expenditure.

NEWS IN BRIEF



Police personnel being felicitated with gamosas for their dedicated service during the lockdown period, at Patacharkuchi on Saturday. – Photo: Nava Kanta Kalita

Phani Bhusan visits Kokrajhar

KOKRAJHAR, April 25: Minister for Food and Civil Supplies and Consumer Affairs Phani Bhusan Choudhury visited Kokrajhar on April 23 to take stock of the food situation in the district. He met officials of the BTC administration, including BTC principal secretary Robinson Mushahary and local traders. Presiding over a meeting at the Bodoland Guest House, the Minister asked the administration to put emphasis on storage of food and other essential items. He later told the media that arrangments have been made across the state so that there was sufficient food stock for at least one month. He also said stern action would be taken against unscrupulous traders who were selling essential items at high rates. – Correspondent

Relief distributed

TIHU, April 25: Ganesh Tamuli, an eminent sports organiser and chairman of the North East Cancer Hospital, who has been distributing food items to needy families from the beginning of the lockdown, distributed packets of essentials commodities under the aeiges of Pub Nalbari Coaching Centre to 80 families in Jajiabari, Sahpur and Dalua villages on Friday. He was accompanied by Dipak Kumar Das, Bhagirath Tamuli, Diganta Narayan Konwer, Hitesh Das and Bhabesh Bharali. – ANN Service

Donation by retd teachers

DHEMAJI, April 25: Members of the Machkhowa Anchalik Provincialised School Retired Teacher-Employees' Association in Dhemaji have donated Rs 22,000 to Assam Arogya Nidhi set up to fight the coronavirus pandemic. The amount was sent to Assam Arogya Nidhi through Allahabad Bank, Machkhowa Branch. – ANN Service

Doley visits Dhakuakhana

DHEMAJI, April 25: Panchayat and Rural Development Minister Naba Kumar Doley, in association with the Dhakuakhana subdivision administration distributed relief materials to around 21,000 people having no ration cards in three development blocks in Dhakuakhana Assembly Constituency. The relief materials – consisting 5 kg rice, 1 kg dal, salt, potatoes, onion, biscuits and soap – were distributed at Boginadi, at Dewalia panchayat of Ghilamara development block and Kherkata panchayat of Dhakuakhana development block. Lakhimpur Zila Parishad president Manju Borgohain, Lakhimpur DRDA project director Naren Paw, CEO Pradip Doley, Dhakuakhana SDO (Civil) Arindom Barua, social worker Pradip Chamuah and Basanta Saikia were also present. – ANN Service

Labourers provided food

PATACHARKUCHI, April 25: As many as 13 labourers, who were stuck in Saderi area of Bajali subdivision due to the lockdown, were suffering from starvation and started to return to Dhubri on foot. But due to the joint efforts of the Baiali administration and mediapersons, they were provided food and assured that they would be taken to their native place. The labourers were taking shelter in a bamboo shed but a storm damaged their shelter. They had no food, and on finding no alternative, they started walking towards Pathsala. On the way, a medi Dimpal Talukdar, came to know about their hardship and informed the administration. SDO(C) Nayan Jyoti Bhagabati, Dr Sangita Sarma, circle officer Dibash Bordoloi, and Pathsala outpost in-charge Chandan Rowat reached the spot and assured them of all help. They were also provided food. - ANN Service

Sanitary napkins distributed

GUWAHATI, April 25: Social worker Maidang K Basumatary has taken up an initiative to help women and young girls in Kokrajhar district and has reached out to women in need of sanitary napkins and who are facing difficulties due to the lockdown, stated a press release. The initiative is set to be continued even after the lockdown is removed. Plans are on to devise a strategy to make women of villages aware of the benefits of maintaining menstrual health and hygiene. The plan also consists of a programme to train women to produce sanitary napkins and sell it within the villages at a low cost.

ONGC sanitises public areas

SIVASAGAR, April 25: ONGC, Assam Asset, Nazira-Sivasagar has been undertaking extensive sanitisation programmes at its workplaces and public places around ONGC's operational areas to combat COVID-19. Sanitisation has been carried out at ONGC premises at Nazira and Sivasagar, Nazira Police Station, daily market, dumping grounds, etc. ONGC's fire fighting teams and its sister organisations have joined hands in these programmes. – Correspondent

Minister reviews measures on tackling floods

STAFF CORRESPONDENT

JORHAT, April 25: State Water Resources and Science and Information Technology Minister Keshab Mahanta visited Majuli on Friday and reviewed the preparations by the Majuli district administration to tackle possible floods.

A Majuli district administration official stated that Mahanta on Friday evening chaired a meeting attended by officials of the district administration, Water Resources department and Brahmaputra Board at the Deputy Commissioner's office at Garmur. The Minister reviewed the progress of work car-

ried out under several schemes to tackle floods and check erosion.

Mahanta directed the authorities of the Water Resources department and the Brahmaputra Board to immediately resume work on embankments and to prevent erosion under 10 schemes, which were suspended due to the lockdown. He directed the officials to complete the work before the rainy season.

He later told the media that the district administration will be facing a dual challenge of continuing with the fight against COVID-19 and also the annual floods that hit the Brahmaputra island during the rainy season every year.

Doomdooma Correspondent adds: Water Resources Minister Keshab Mahanta visited Tinsukia on Thursday evening and held a review meeting on the need of immediate repair of all sensitive embankments in the district before the floods.

Tinsukia Deputy Commissioner Bhaskar Pegu, Superintendent of Police Siladitya Chetia, Lakhimpur Lok Sabha member Pradan Baruah and Sadiya legislator Bolin Chetia were present.

The Minister said discussions were going on regarding pre-flood preparations, because due to COV-ID-19 and the lockdown, all departments were having issues in com-

pleting their targets.

He also reviewed the status of schemes being executed by the department and directed that ongoing schemes should be completed at the earliest. In cases where tender process has been completed, the contractors may be directed to start the work immediately instead of waiting for the work order.

Mahanta said erosion was the main problem and Geo bags and other protection works have to be completed in the vulnerable areas, including Sisimi and 8th Mile in Sadiya.

In Berakuri, a scheme is being temporarily held up as the area falls

under the eco-sensitive zone and the Minister instructed the officials to take up the issue with the Forest department and complete the scheme at the earliest. He also said that in vulnerable areas, if required, contractors may be allowed to hire more workers and even work in double shifts to complete the schemes.

Later, addressing the media, Mahanta said the repair work should have been started much before, but the lockdown gave a serious jolt to the process. The government would take all possible measures to relieve the people from the onslaught of the floods, he said.

COVID-19 medical warriors felicitated in Cachar

STAFF CORRESPONDENT

SILCHAR, April 25: As many as 58 medical professionals – including 11 doctors, five technicians and 42 nurses and paramedical staff – who completed 14-day institutional quarantine after treating COVID-19 patients at Silchar Medical College and Hospital were felicitated by the Government of Assam on Friday.

In a brief meeting organised by the Cachar district administration at the hotel where the healthcare professionals were kept, Minister of Excise, Forest and Fisheries Parimal Suklabaidya honoured the doctors and other staff and congratulated them for their commendable services in saving humanity from the lethal disease.

"We are amidst a time when COVID-19 has put our existence at risk. But we are fortunate that our doctors, nurses, technicians and paramedical staff are on the first line of duty, treating COVID-19 patients putting their lives at risk. On behalf of the government and people of the state, I thank all of you for the self-less service. We pray that all of you stay in good health," Suklabaidya said.

Cachar Deputy Commissioner Barnali Sarma, ADCs Lolita Rongpipi and Sumit Sattawan, SMCH principal Dr Babul Bezbaruah, superintendent Dr Abhijit Swami, Joint Director of Health Services Dr SJ Das, and district surveillance officer Dr Ajit Bhattacharjee also conveyed their wishes to the doctors and technical staff.

Dr Bezbaruah said that five doctors had been released a day before and the remaining members of the first batch have completed their institutional quarantine and all of them have undergone two rounds of routine health tests. How-



Minister Parimal Suklabaidya felicitating a doctor on completing the quarantine period. – Photo: Arindam Gupta

ever, they would continue to be on home quarantine for another 14 days. He said the local residents can go back to their homes while others can stay back in their respective accommodations.

Silchar MP Dr Rajdeep Roy was also present during the felicitation.

50 nomad families facing problems: In what could be called a shocking state of affairs, at least 50 families living in makeshift huts in an open field alongside the bypass near NIT Silchar are facing tremendous difficulties due to the lockdown.

NGO Saksham's south Assam wing along with Jan Shikshan Sansthan reached out to the families with ration and sanitisation kits.

"The people living in the huts were found to be Banjaras. There are around

400 people and all are living without food or proper hygiene. We saw children suffering from skin problems and paediatric disorders. They are commonly seen coming into the town begging for food. Social distancing is a big question among these people who are largely ignorant about health and hygiene. We urge the district administration to look into the matter," said Mithun Roy, secretary of Saksham south Assam.

Meanwhile, when the matter was brought to the notice of the administration, Deputy Commissioner Barnali Sarma said steps would be taken for the benefit of those people. District Development Commissioner Jessica Lalsim said that the Joint Director of Health Services Cachar was informed and steps will be taken accordingly.

Liquor worth Rs 35 lakh seized, three arrested

CORRESPONDENT

MANGALDAI, April 25: Police arrested three persons on charges of illegally transporting an inter-State consignment of liquor and sent them to judicial custody through the court on Friday.

Two trucks bearing registration numbers NL-01-L-6374 and RJ-52-GA-1305, each carrying an consignment of 1,200 cartons of beer worth around Rs 35 lakh from Arunachal Pradesh to Tura in Meghalaya, were detained by police on suspicion from near the NRL petrol depot at Pipora Dokan near here on Wednesday night. The vehicles were brought to Mangaldai Police Station for verification.

However, the failure of submission of necessary documents led the police to register a case and arrest the custodian Dinesh Sarma (Palwal, Haryana) and the drivers, Ranjan Haldar (Bargang, Biswanath) and Kiran Saikia (Gohpur, Biswanath).

"We arrested Dinesh Sarma, the manager and the two drivers as they failed to produce necessary documents and their statements were also not convincing. All of them were sent to judicial custody following their production before the court today," said Mangaldai PS Officer in Charge Inspector Niranjan Baruah.

Sources in the Darrang Excise Department on condition of anonymity stated that their staff only accompanied police to bring the trucks from Pipora Dokan to Mangaldai PS under the instruction of the Excise Intelligence Bureau, Guwahati who had earlier held discussions with senior officials of Darrang police in this regard. However, this newspaper's attempt to get a reaction from Subhash Baisya, Inspector of EIB over phone on Saturday failed.

Enforcement Inspector of Darrang Transport Office Dipak Patowary said that both the vehicles were intercepted during a routine check on NH-15 at Menapara, east of Mangaldai, on March 23. But non-production of documents compelled them to seize the invoice of the consignments as per law.

"The challans were seized following official norms for non-production of documents. They requested us to allow some time to collect the documents and money for fines from their owners. However, due to the lockdown from the very next day, the issue was left hanging," Patowary clarified.

OBITUARY

Sadananda

Hazarika

CORRESPONDENT

BISWANATH CHARIALI,

College at Jamugurihat, and a

resident of Kalvanpur, died on

Friday at a hospital in Guwa-

hati. He was 74. His body was

later taken to his native village

Chatiya. He leaves behind his

Holiram Deka

April

Sadananda

Hazarika,

former princi-

pal of Tyagbir

Hem Baruah

GMB sanitation workers go on indefinite strike

CORRESPONDENT

GOALPARA, April 25: Safai karmacharis of the Goalpara Municipality Board (GMB) went on an indefinite strike from Friday amidst the lockdown after two workers were assaulted by police near the ASTC point of Goalpara town

The victims, Jiten Rabha and Pabitra Rabha, alleged that police misbehaved and refused to recognise their identity cards and assaulted them when they were working near Florence Hospital.

In a letter addressed to the Deputy Commissioner, the Goalpara Zila Safai Karmi Union (GZKU) regretted the alleged police highhandedness and demanded action against the police personnel involved in the incident.

The GZKU informed that

they will not return to work till the matter is settled and the workers also alleged that on an earlier occasion during the lockdown, police assaulted three safai karmacharis, Subur Ali, Sobdesh Ali, Anser Ali and Sumit Basfor when they were on duty, but the matter was settled after the safai workers were pacified by the police and then getting assurances that such incidents will not be repeated.

The Communist Party of India (Marxist) in a separate memorandum to the Deputy Commissioner supported the demands of the GZKU and urged the administration to take immediate remedial steps at this critical situation due to the outbreak of COVID-19 pandemic so that sanitisation works in the municipality areas continue uninterrupted.

Man kidnapped from Harangajao CORRESPONDENT

HAFLONG, April 25: At a time when the entire nation is observing lockdown fighting against the COVID-19, one Santosh Hojai (38) of Gamadi Howar under Harangajao police station was kidnapped by unknown youths yesterday.

It is learnt that, yesterday at about 6 pm a group of unknown youths came to the house of Hojai and asked Hojai's wife Santosh's whereabouts as they "needed the help of a JCB to pull out their Alto car that was stuck somewhere down the road." As the discussion was going on, Hojai reached there. As soon as he arrived, the unknown youths took him away in a Bolero vehicle.

Meanwhile, the wife of Hojai has lodged an FIR at the Haranagajao Police Station giving the details of the incident.

Udalguri officials told to ensure food supply during Ramzan

CORRESPONDENT

KALAIGAON, April 25: The Udalguri district administration has taken a few steps for peaceful observation of Ramzan in the dis-

A district-level meeting was held at the conference hall of the office of the Deputy Commissioner on April 23. The meeting, presided over by Deputy Commissioner Prakash Ranjan Gharphalia, directed the Deputy Director of Food, Civil Supplies and Consumer Affairs to ensure availability of food items including fruits, vegetables, grocery items and dry fruits in the market during the month of Ramzan.

The meeting also directed

all Revenue Circle Officers of Kalaigaon, Khoirabari, Harisinga, Udalguri and Mazbat to convene meetings with masjid committees to urge them to avoid any public gatherings for prayers due to the out-

All police officials were directed to take steps to inform Muslim families to avoid activities like distribution of free food to needy people in groups and to avoid mass gathering for iftar parties.

break of COVID-19.

ering for iftar parties.

The meeting also directed all vendors of grocery and fruits to facilitate home delivery of essential commodities. The district administration made it mandatory for all to maintain social distance and wear masks at all times.

CORRESPONDENT

wife and two daughters.

MORIGAON, April 25:



Deka, a resident of Jagi-Bhakatgaon in Morigaon district, died

at his residence following a cardiac arrest on Friday. He was 85. After retiring as a teacher of Jagi Bhakatgaon HS School in 2006, he worked as a lawyer in Morigaon. Minister for State Piyush Hazarika mourned his death. Deka leaves behind two sons and a daughter.

Kusum Bora ANN SERVICE

KALIABOR, April 25: Kusum Bora, a retired teacher of Kuwaritol High School, former president of Kaliabor Sakha Sahitya Sabha and a resident of Hatbor, died on Friday due to old-age ailments. He was 85.

The brother of late Mahim Bora, former president of Asam Sahitya Sabha, Bora is survived by his wife, a son and three daughters.

Kalaigaon mushroom farmers suffer massive losses

CORRESPONDENT

KALAIGAON, April 25: Local mushroom farmers of Kalaigaon and other villages of Udalguri district have suffered massive financial losses due to the nationwide lockdown.

Several hundred kilograms of raw mushrooms have got damaged at home farms because of the closure of markets and other restrictions imposed on transport and markets etc., because of the lockdown. Local farmers have found no way out but to let the raw mushrooms rot at home. Hundreds of unemployed educated youths of Kalaigaon, Tengabari, Bholabari, Bokrajhar Bagicha, Bagichachuba, Bahjani, Borpukhuri, Borongabari, Kabirali etc., had procured mushroom seeds from MPG (Man Power Group) company of Asansol in West Bengal in October

last year at the rate of Rs 1,000 per kilogram. At the beginning, the farmers started mushroom production with 100 units against payment of Rs 5,700 per unit. All the farmers could sell three to five kilograms of raw mushrooms per day @ Rs 200 per kilogram. The farmers could easily have earned an amount of Rs 20,000 to Rs 25,000 per month.

Following these examples of success by a few, many others too started mushroom production. A few farmers, who did not sell raw mush-



A local mushroom farmer of Kalaigaon seen with his produced raw mushrooms which he failed to sell or preserve.

rooms could also sell dry mushrooms to the said company @ Rs 1000 per kilogram. But the sudden enforcement of nationwide lockdown due to stop spreading of COVID-19, has brought darkness to all the small local mushroom farmers.

Purbajyoti Medhi, a journalist of an Assamese daily and also a successful mushroom farmer of Kalaigaon told this correspondent that due to prevailing rainy weather, they could not dry the raw mushrooms for preservation and had to throw away produced raw mushrooms. The closure of markets and transportation has compelled us to close mushroom production not to speak of financial loses," Medhi said in despair. He urged the government to support the local mushroom farmers of Kalaigaon and other villages in the district.

Assam's first COVID-19 patient still 'positive'

STAFF CORRESPONDENT

SILCHAR, April 25: Assam's first COVID-19 positive patient from Karimganj district is still positive, even after the seventh test, said Dr Babul Bezbaruah, Principal of Silchar Medical College and Hospital (SMCH).

Talking to mediapersons on Friday, Dr Bezbaruah said the 52-year old person who had been admitted at the hospital on March 31 has also been battling with cancer and diabetes. "The patient is in stable condition but his COVID-19 tests as per protocol have yielded no negative results even after seventh round of tests. We are monitoring his health and hope that he will recover soon," Dr Bezbaruah said.

The SMCH principal said that ahead of Ramzan, the patient has been medically permitted to keep fasting and special focus has been given on his food. A doctor has been attached to monitor his diabetes condition.

Meanwhile, sources said general treatment facilities have resumed at SMCH with 216 patients being treated at the OPD. Also, 45 patients have been admitted for treatment.

Business~&~Economy =

LPG tanker trucks are seen parked at Indane LPG filling station during the government-imposed nationwide lockdown as a preventive measure against the coronavirus, at Ennore in Chennai on Saturday. – PTI

Finance panel's advisory group suggests support to small businesses, NBFCs

NEW DELHI, April 25: The economic advisory panel of the 15th Finance Commission has suggested that the government should look to support small enterprises and avert bankruptcies in the financial sector as part of the fiscal response to deal with the coronavirus crisis.

At its two-day meeting held via video-conferencing, the members of the advisory council felt that the shortfall in tax and other revenues will be large due to subdued economic activity and hence the fiscal response to the crisis should be much more nuanced.

"It is important not just to look at the size of fiscal response but also carefully at its design... The advisory council also felt that the magnitude of the impact of these developments on public finances is uncertain, but will certainly be significant.

"Governments will have substantial expenditure burden on account of health, support to poor and other economic agents," an official statement issued after the

The council felt that the COV-ID-19 pandemic and the national lockdown would slow down domestic activity and impact cash flows of financial institutions and businesses, besides loss of global demand for Indian products because of a steep global recession.

"All of them were unanimous to suggest that the projections of real GDP growth made before March 2020 need to be relooked into entirely, and, revised downwards considerably.

"Once the lockdown of the economy is released, the recovery can only be expected to be gradual, depending on the ability of the workforce to get back to work soon, restoration of supplies of intermediates and cash flows and, of course, the demand for output. Therefore, the full magnitude of the economic impact of COVID will only be clear only over a course of time," the statement said.

Among the suggestions made to the commission, the council members said small-scale enterprises were cash-starved even prior to the onset of the pandemic. "As their activity levels and cash flows are affected, it is important that a support mechanism be devised to help them overcome this problem," it said.

Also, non-banking financial companies are affected by the slowdown and in order to avoid bankruptcies and deepening of NPAs in the financial sector, measures should be appropriately designed.

Measures like partial loan guarantee may help. The Reserve Bank of India will have a key role in ensuring that financial institutions are well capitalised, the council members suggested.

Also the finances of the Central and State governments need to be watched carefully in the wake of increased spending to fight the

"As we move ahead, we need to think of options for financing the additional deficit. It is important to ensure that the State governments get access to adequate funds to undertake their fight against the pandemic," it added. – PTI

Rural Devp Ministry releases Rs 36,000 cr to States/UTs in April

NEW DELHI, April 25: The Centre has already released more than Rs 36,000 crore to the States/ UTs in the current financial year (FY2020-21) for the development schemes of the villages, said Union Minister for Rural Development, Panchayati Raj and Agriculture & Farmers Welfare, Narendra Singh Tomar, on Friday.

Tomar held a meeting with all the Rural Development Ministers and concerned officials of the States and Union Territories via a video-conference and urged them to scale up of the works under the Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS), Pradhan Mantri Awaas Yojana - Gramin (PMAY-G). Pradhan Mantri Gram Sadak Yojana (PMGSY) and National Rural Livelihood Mission (NRLM), in the light of the relaxations granted by the Union Ministry of Home Affairs in the non-containment areas w.e.f. April 20.

Ministry of Rural Development has already released more than Rs 36,000 crore to the States/UTs in the current financial year.

The ministry has sanctioned Rs 33.300 crore under MGNREGA out of which Rs 20,225 crore has been released to liquidate all the outstanding dues of previous years towards wages and materials.

ifficient to meet the expenses under MGNREGA till June, 2020. The minister assured the States and UTs that adequate financial resources are available for the rural development programmes.

The Union Minister emphasised that although the challenge posed by the spread of the COV-ID-19 pandemic is very serious, it must be perceived as an opportunity by all States/UTs to develop and strengthen rural infrastructure, create employment opportunities in rural areas and facilitate diversification of rural livelihoods.

Tomar also urged the States and UTs to proactively start rural development schemes relating to employment generation, infrastructure creation and strengthening of rural livelihoods while taking all necessary COVID-19-related precautions.

He emphasised that under MGNREGS, the focus should be The said sanctioned amount is on water conservation, water recharge and irrigation work in convergence with the schemes of the Ministry of Jal Shakti and Department of Land Resources.

He appreciated the fact that women SHGs under NRLM are making protective face covers, sanitizers, soaps, apart from running community kitchens in large numbers.

Under PMAY-G, the priority would be to complete those 48 lakh housing units where third and fourth instalments have been given to the beneficiaries. – IANS

Govt working on creation of Rs 1-lakh cr fund: Gadkari

on a scheme to address the issue of delayed payments to MSMEs wherein a Rs 1-lakh crore dedicated fund will be created to reimburse outstanding payments owed by Central and State government undertakings as well as major industries, Union Minister Nitin Gadkari said on Friday.

The minister said he is devising the scheme to set up the fund and the proposal will be placed before the Cabinet for approval once the Finance Ministry gives its go-ahead.

"We have decided to set up a fund of Rs 1lakh crore. We will insure this fund with the government paying the premium. We will come up with a formula for sharing of the interest burden between the paying entity, paymentreceiving entity and banks against this fund, for the payments due to MSMEs that are stuck with the PSUs, Central and State governments, and major industries," Gadkari said.

The Minister for MSME and Road Transport and Highways said the fund will impart relief to the micro, small and medium enterprises (MSMEs) sector to a certain extent.

He said the corpus will be a mobile fund that will help increase liquidity in the market.

BoB announces

ex gratia, health

cover for business

correspondents

NEW DELHI, April 25: State-

owned Bank of Baroda today said

it will provide an ex gratia pay-

ment of Rs 10 lakh to the next of

kin of business correspondents

(BCs) in case of loss of life due to

It will also provide health insur-

The bank has taken steps for BCs'

ance cover of Rs 60,000 to the BCs.

financial security, in terms of ex

gratia payment of Rs 10 lakh to the

nominee in case of loss of life due

to COVID-19, and health insurance

facility of Rs 60,000 to each active

Bank of Baroda said to ensure

maintenance of hygiene and safe-

ty, it is also providing additional

support in tranches to keep the BC

points sanitized and clean through

sanitizers, disinfectants, use of

In the first tranche, Rs 2,000 was

In May, each functional BC will

Further, the bank will pay an

amount of Rs 100 per working day

towards transportation as an incen-

tive to the BCs to encourage them

to extend their services from 10

am to 5 pm till June 30, 2020 (ex-

cept where local-level restrictions

are imposed), subject to minimum

The lender's Executive Direc-

tor Vikramaditya Singh Khichi

said, "The business correspond-

ents are an extended family for us

and are performing a very impor-

ID-19 on the economic front.

tant role in our fight against COV-

"They are our connect to the

masses of India and a key part of our

bank's efforts to deliver the benefits of the government's financial pack-

age under PM Garib Kalyan Yojana

(PMGKY), PM Kisan Samman Ni-

dhi Yojana, pension, etc." – PTI

40 transactions.

be provided Rs 1,000 for hygiene

provided to each active and function-

al BC in the month of April 2020.

masks and other measures.

maintenance, the bank said.

BC, it said in a statement.

COVID-19.

While commenting on delayed payments to MSMEs, Gadkari said all efforts should be made to make payments immediately, and all government departments have been given directions in this regard.

Addressing a webinar, Gadkari also said he has mooted a proposal to Labour Minister Santosh Gangwar to make use of the amount of Rs 80,000 crore lying with the ESIC to tide over the immediate crisis faced by the MSMEs, as the pressure

Repayment of pending dues to MSMEs

for April salaries and wages is mounting. The proposal will have to be examined by

the Finance Ministry and the Prime Minister's Office (PMO), he said.

Besides, the minister said all national highways have been reopened.

"We have informed State governments and collectors that we have opened up all national highways and till Thursday, about 55-60 per cent transport movement had started. I hope we would soon be able to normalise it," he added. Gadkari said he would talk to State Transthere are any specific issues being faced with regard to road transport, even as ports have also been opened up with essential workmen at the JNPT, Mumbai.

Interacting with representatives of Assocham via video-conferencing, the minister asked the industry chamber to explore a technical joint venture through investment of capital between Indian industry and major global corporations.

Gadkari also suggested the industry body to compile investment data regarding companies from the US, the UK and other nations present in China and invite them to set up businesses in India.

The minister said he is willing to monitor this initiative to expedite all the required permissions in this regard.

Besides, Gadkari said he would take up the issue of expediting GST and income tax refunds with Finance Minister Nirmala Sitharaman to ease MSMEs' liquidity issue.

"I am also going to recommend to the Finance Minister that since computerised systems are in place for GST and income tax refunds, why can't we expedite the system and process refunds within 8 days," he said. - PTI

Traders seek clarity on reopening of shops NEW DELHI, April 25: With those located in residential com-

the Centre allowing reopening of neighbourhood and standalone shops, traders today sought more clarity for easier implementation of the order and urged States to issue necessary guidelines, without which shop owners would not be able to resume work.

The Retailers Association of India (RAI) said the government's order to allow reopening of shops is open to interpretation as terms like "market complexes" are not easily understood.

The retail industry body said keeping in mind the current environment and lessons learnt by keeping essential retail open through the lockout, "we would recommend that the government open up all channels of retail on a date that it feels safe with the social distancing norms clearly defined", while also asking for malls to be allowed to open.

The government on Friday night allowed opening of neighbourhood and standalone shops, including plexes within municipal areas, but at a 50 per cent strength and after taking necessary precautions.

However, the order, signed by Union Home Secretary Ajay Bhalla, made it clear that shops in mar-

States urged to issue guidelines

ket places, multi-brand and singlebrand malls located in municipality areas shall continue to remain closed till May 3.

"We feel the current circular is open to interpretation and needs more clarity for easier implementation – terms like market complexes are not easily understood,' RAI said in a statement.

Domestic traders' body CAIT said shopkeepers would not open their stores till States issue necessary guidelines.

The Confederation of All India Traders (CAIT) said that shop owners are now waiting for necessary guidelines from State gov-

"In pursuance of the order of the Home Ministry, the State governments have to issue necessary order to implement the order of the Central government.

"Traders shall have to wait for the orders of States and after that only they will be eligible to open the shops by complying (with) the norms of health safety and social distancing," CAIT Secretary General Praveeen Khandelwal said.

He also urged Commerce and Industry Minister Piyush Goyal and Urban Development Minister Hardeep Puri to make a clear plan and advise all States to take necessary steps for sanitizing the markets and shops.

Khandelwal added that only such shops which are registered under the Shops and Establishment Act and fall within the territory limit of a municipal corporation or municipality would be allowed to open.

He appealed to the traders not to open their shops and wait for the order of the respective States. - PTI



A worker dries vermicelli during the holy fasting month of Ramzan, amid unprecedented circumstances due to the coronavirus pandemic and the nationwide lockdown, in Prayagraj on Saturday. - PTI

SENSEX in a Week 31588.72 21 22 23 20 **APRIL** GRAPHICS ___

About 328 entities opted for RBI's 3-month moratorium: ICRA

MUMBAI, April 25: At least 328 entities across sectors, including state-owned and those backed by big conglomerates, have opted for availing the Reserve Bank's three-month moratorium on their debt repayments, rating agency ICRA said today.

The list of entities, rated by it, include Air India Express, ONGC Petro Additions, entities from Tata Group, JSW Group and GMR Group.

On March 27, the RBI had given borrowers a threemonth moratorium on debt repayments for the March-May period due to the COVID-19 pandemic.

This is a voluntary measure and interest keeps accruing on the loan during the period of moratorium, and experts have opined that such a move would generally elongate the loan repayment period.

ICRA said it is disclosing the names of the entities as per a mandate received from SEBI, and made it clear that missed payment by these entities even in the case of pending formal approval from the lending institutions prior to the original due date, is not considered an instance of default.

Air India Express having a debt of Rs 1,301 crore, and ONGC Petro Additions, which had debt of Rs 33,180 crore and \$155 million in foreign borrow-

ings, have opted for the moratorium on its loans, the agency said. Interglobe Hotels, with debt of Rs 811 crore, and having its outlook on rating revised to negative earlier this month due to worries on the hospitality sectors, has also opted for the moratorium, it said, add-

ing that other hospitality sector companies, including

Lemon Tree Hotels, and Barbeque Nation Hospital-

ity have also sought relief.

Among the financiers, city-based Centrum Financial Services, Creditaccess Grameen, Indostar Capital Finance, Madhura Micro Finance and Spandana Sphoorty Financial have opted for delays in their repayment of their debt commitments – like on commercial paper borrowings, even as banks are yet to arrive on whether to accord the relief to the NBFCs.

Entities in the GMR Group, including GMR Ambala Chandigarh Expressways (Rs 240-crore debt) and GMR Hyderabad Aviation SEZ (Rs 58 crore) have opted for the moratorium provided by the RBI,

Similarly, three entities in the Sajjan Jindal-led JSW Group also seem to have opted for the moratorium, including JSW Steel (Rs 71,952-crore debt), the unlisted JSW Paints (Rs 160 crore), the agency said. Tata Group entities, including Tata Power (Rs 7,231-

crore debt), Taj GVK Hotels and Resorts (Rs 195 crore), and Tata Power Renewable Energy, have opted for the relaxations, it said.

Billionaire Ajay Piramal-led companies, including the flagship Piramal Enterprises and Piramal Capital and Housing Finance (nearly Rs 30,000-crore debt) have also opted for the relaxation offered by the central bank, as per the data disclosed by ICRA.

Kalyan Jewellers having an outstanding debt of Rs 3,555 crore as of September 2019, and private sector milk operator Parag Milk Foods, which has a debt of Rs 390 crore, have decided to opt for the leeway on debt repayments, the agency said. – PTI

E-tailers urge govt to allow sale of non-essential goods

NEW DELHI, April 25: With the government allowing the opening of standalone retail shops in a bid to ease lockdown restrictions, Amazon and Flipkart today urged the authorities to also let them sell non-essential items so that millions of consumers at home can be benefitted.

Flipkart said they welcome the government's decision of providing gradual relaxations in retail and hope for the safety and security of all stakeholders. However, "a gradual opening up of delivery of non-essential goods through e-commerce will help meet consumer demands, which include items that will enable them to work from home, stay in touch with others and also address the rising temperature across the country." a Flipkart spokesperson said.

"E-commerce can help meet these requirements in a safe and secure way while ensuring social distancing and allowing the government to continue their efforts to contain this situation." the company spokesperson added.

An Amazon India spokesperson told IANS that e-commerce offers the safest way for sellers and retailers to serve the needs of citizens while ensuring social distancing.

"We are committed to keep citizens safe and urge the government to enable e-commerce to play its role in the joint fight against the pandemic by allowing the supply of all goods that people need over a prolonged period," said the company spokesperson.

In a modification of the earlier order, the Ministry of Home Affairs (MHA) has replaced the term "shopping complexes" with "market complexes" within the limits of municipal corporations and "municipalities". Shops have been allowed outside the city limits except those in malls with 50 per cent workforce while wearing masks has been made compulsory.

Flipkart said that e-commerce can also support in easing the burden of piled up inventory of MS-MEs and "help in the delivery of these products to consumers in a safe and secure way while following the robust safety standard operating procedures (SOPs)".

On April 19, when the government said that e-commerce platforms will be able to sell only essential goods, Srinivas Mothey, Senior VP, Paytm Mall, said that the ambit of essential goods should be increased.- IANS

Leisure & Lifestyle —



Lockdown benefits

ctress Soha Ali Khan says the lockdown has horought her closer to her family than ever. The actress asserts that she tries to do interesting activities with husband, actor Kunal Kemmu, and daughter Inaaya. Here's how Soha Ali Khan is spending her time during the lockdown:

• Reading: Reading has always been something I love doing and our busy lives make it difficult to sit down and make time for it every day. The lockdown has enabled us to stay indoors and focus on the activities that our busy schedules would not allow us to do. Reading is one of the things that I have included in my daily tasks; I dedicate at least one hour to reading as it helps me with my writing better. Therefore, if you were once an avid reader and have lost the touch of it, this is the perfect time to reconnect to your stack of untouched lying favourites.

• Fun with family: Family to me always comes first! In the times of lockdown, your family is what is going to keep you together by supporting you and making you laugh or be your partners in fun. The lockdown has brought us closer than ever. Kunal and I make sure that we engage ourselves with some or the other interesting activity. We try to indulge Inaaya in various activities such as drawing, puzzles, colouring, learning the alphabet or numbers, and sometimes we

gaze out of windows and play the "I spot" game from the balcony.

• Experiment with healthy snacks: I love snacks that are filling and healthy and so does my family, hence I cook our meals that are rich in nutrients. Since almonds are one of my favourite snacks to munch on, I make sure that my recipes include a handful of almonds. They not only keep vou full but also prevent you from binging on unhealthy options as they help suppress hunger in between meals.

• Exercising with FAM Jam indoors: The lockdown has put a hold on the gyms but not on us, hence I make sure to take out time to exercise for an hour. Kunal and I motivate each other to perform the basic exercises at home. Occasionally we take Zumba and Yoga sessions for Inaaya and love to watch her groove with the music.

• Skincare routine: Maintaining the glow inside out is important. I use facemasks once in a week to exfoliate the impurities and dust from my skin. It is also important to take care from within; therefore, I hydrate myself and intake lots of water. Make sure to include Vitamin E in your diet as it may help in imparting anti-aging properties and benefits skin health.

(Source: IANS)

On

15:00 Oggy & Cockroaches



19:00 Oggy & Cockroaches 21:00 Be Cool, Scooby-Doo 22:00 Courage, Cowardly Dog

12:30 Super Bheem-Fire. 14:30 Chhota Bheem

15:00 Super Bheem



18:30 Super Bheem. 20:00 Chhota Bheem Chatpa 20:30 Chhota Bheem 21:00 Grizzy & The Lemings 22:00 Mr. Bean: The Animate

WILD

15:00 Stranger Than Nature

16:00 World's Deadliest

17:00 Hostile Planet

HOSTILE P

18:00 Wonderfully Weird

19:00 Predator Fails

22:00 Night Stalkers

12:40 North America

13:25 The Caiman Hunter

15:50 India's Wild Tales

16:50 Tasmania: Weird.

17:50 Wildest Africa

14:10 Masai Mara: The Big Hun 14:50 Earth: Nature/Our Plane

23:00 Wild Hunters

20:00 Hostile Planet 21:00 Africa's Deadlie

PLANET

WILDEST AFRICA

18:50 Animal Planet Exclusives

19:50 Wild Africa: Rivers Of Life

20:50 How Do Animals Do That 21:25 The Lion Kingdom

22:50 One Wild Day

Entellteinment 19:30 Choti Sarrdaarni 20:00 Naagin Bhagya Ka. 21:00 Fear Factor Khatron Ke SONY 12:00 Saaho 15:00 Choti Bahu 16:00 Pavitra Risht

17:00 Sa Re Ga Ma Pa Lil...

12:00 The King Of Queens 14:00 G.I. Joe: Retaliation

19:00 Carol's Second Act

20:00 SEAL Team 22:00 Love Island UK

16:00 BattleBots

Zcafě

colors

11:25 Fear Factor Khatron.

7:20 Naagin Bhagya Ka...

12:00 Adventure: Snakes in

16:00 Cesar To The Rescue

17:00 Snakes in The City

13:00 Adventure: Primal Survivoi

14:00 Running Wild With Bear

18:00 Running Wild With Bear

COMES POST

20:00 Earth Day: 50 Days 50.

23:00 Hidden Gems Of Turke

HISTORY

11:50 Forged In Fire: Knife/Death

DERN MARVELS!

15:10 OMG! Yeh Mera India

18:05 Magician Impossible

23:00 Find Your Great Britain

7:30 Shipping Wars

19:00 Leepu & Pitbull

16:10 Forged In Fire: Knife/Death 17:05 Storage Wars

22:00 Chain Of Command

21:00 Primal Survivor

12:50 Car Jackers

13:15 Pawn Stars

fet a nmen

15:40 Khatron Ke Khiladi Jiga



12:00 Best Of Kapil Sharma Show 13:00 Best Of Crime Patrol 17:00 India's Best Dancer 20:00 India's Best Dancer 21:30 The Kapil Sharma Show



12:00 Yeh Rishtey Hain Pyaar Ke 12:30 Yeh Rishta Kya Kehlata Hai 13:00 Yehh Jadu Hai Jinn Ka! 13:30 Kasautii Zindagii Kay



14:30 Dil Jaise Dhadke.. 15:00 Jalwa Star Screen Awards

19:00 Dil Jaise Dhadke. 19:30 Dadi Amma.. Dadi Amma 20:00 Kasautii Zindagii Kay 20:30 Yehh Jadu Hai Jinn Ka! 21:00 Kahaan Hum Kahaan Tun 21:30 Yeh Rishta Kya Kehlata Ha

22:00 Yeh Rishtev Hain Pyaar Ke 23:30 Yehh Jadu Hai Jinn Ka!

11:00 Assamese news

17:30 Guwahati Bisesh

18:00 Guwahati Live

21:00 Kotha Barta

23:00 Noixo Batori

21:30 Talk Time

16:30 Discussion Show (R)

18:30 Breaking @ 6:30 19:00 Assamesse Prime Time

20:00 Discussion Show (R)

ra:ng

18:00 North East Diva GF

16:00 Upasona 17:00 Devotional Slot 1730 B2B Music

20:00 Rang Blockbus

23:00 B2B Music

12:00 Mid Day Live

rishteu

12:00 Kabhi Khushi Kabhie Gham 16:05 Sasural Simar Ka 18:00 Laagi Tujhse Lagan

19:00 Swaragini 20:00 Sasural Simar Ka

22:30 Nishedh

11:00 The Accountant

13:00 Gossip Girl 16:30 Cyril: Viva Magic 17:35 Top Gear

18:15 Duma 20:00 Jeep Bollywood. 20:50 Gossip Girl 21:30 Supernatural

12:00 Hannu Ki Ultan Paltan

14:00 Laal Ishq 19:00 Raat Ka Khel Saara 21:00 Laal Ishq 23:00 Raat Ka Khel Saara



07:45 Pratham Xongbad

16:30 Superfast Prime Time100

15:00 Chah Gachar Maje Maje

14:00 Biyolir Headline 16:00 Abelir Khabar

17:00 City18 18:00 Prime Time18

19:00 Dintur Shiro

15.30 Yuba Darpan

16:05 Tezaswini (Epi-65)

16:00 Abelir Batori

UTY MOVIES 09:00 Ariun Pandit

21:00 Old School

11:10 Mortal Kombat

16:00 Demolition Man

17:45 Winter's Tale

22:30 Aeon Flux

12:40 Red Dawn 14:10 The School of Rock

12:00 Zameen 14:50 Gharwali Baharwal 17:00 Waah! Tera Kya Kehna 19:50 TBA

10:10 Pirates of the Caribbear On Stranger Tides 13:15 Iron Man

16:00 Percy Jackson & The Olympians: The Lightnin 18:35 Journey tothe West:

Conquering the Demon 21:00 Unstoppable 23:10 Resident Evil: Afterlife

10:45 Green Lanterr 12:40 Bumblebee 14:40 Shooter 16:50 San Andreas

18:50 Mad Max: Fury Road 21:00 Rampage 22:55 Entourage

M*VIES 10:45 Iron Man 13:00 Inside Out 13:00 Inside Out 14:45 Ice Age: The Meltdown 16:20 Cars 2 18:15 Avengers: Age of Ultron 20:45 Avengers: Infinity War 23:20 The Darkest Minds

11:20 Moana

13:30 Ready 16:50 Vivegam 19:50 Taqdeer 22:20 Express Khiladi

12:50 Madhura Raja 15:20 Karan Arjun 18:30 Family – Ek Deal



Sports 15:00 IPL 18:15 Cricket Connected

14:30 IPL HLs 15:00 IPL

21:00 Cricket Conr

23:00 Football United Specia 23:30 Hero ISL HLs

21:30 Jai Ho 22:00 IPL HLs 23:00 NZ vs Ind T20I HLs 23:30 Football United Spe

12:00 Turf Wars 12:30 Nail-Biting Finishes 13:00 Best of Abu Dhabi 13:30 Words of Olympians 14:30 Men in Blue Victoriou 16:30 BBL Rewind

17:00 Words of Olympians

18:00 2 Nations 1 Obsession

12:00 Best of Bayern HLs

23:00 Turf Wars

23:30 India's Golden

19:00 Turf Wars

19:30 India's Golden

20:00 Nail-Biting Finishes 20:30 2 Nations 1 Obsession

22:00 Men in Blue Victorious

15:30 Arena eSports 16:00 WWE SmackDown 18:00 WWE BlockBusters

11:30 Veer 14:30 Main Khiladi Tu Anari 17:45 Rowdy Rajkumar 19:50 Saathi 22:20 Thanedaar

Sooryavansha Amar Akbhar Bhaigiri 2

Teen Tigada Pyar Bigada

23:00 Best of UCL HLs SONY 11:30 UCL Classic Match 12:30 Land of Legends 13:00 NBA HLs

14:00 Conte's Champions 14:30 Best of UEFA Champion 15:00 TNA Greatest Matches 17:00 Unforgettable Moments 17:30 Land of Legends 18:00 NBA 2K20 Players...

19:00 UFC Main Event 20:00 Football Greatest 20:30 Immortal

21:30 Conte's Champions 21:30 Football Greatest 22:00 UFC Main Event

23:00 Immortal 23:30 Football Greatest

Know your **DAY**

By JACQUELINE BIGAR

HAPPY BIRTHDAY for Sunday, April 26, 2020:

You are independent and have the stamina for the long haul. You cultivate incredible success this year. Others might offer advice and funding that will help you financially. If single, a sudden attraction can shine the light of love on you if you have been lonely. If attached, preserve the status quo. Wait and watch before making any giant leaps. You are in a good relationship. ARIES is too impatient.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

ARIES (March 21-April 19) $\star \star \star \star$ You accomplish something of a miracle online today. A com-

munication or creative project you have been working on suddenly goes viral and reaches a lot of people. You feel challenged by a friend. Tonight: Listen to someone you see every day for a suggestion. TAURUS (April 20-May 20)

 $\star\star\star$ You are beginning a long-time phase when family and home expenses will have to be considered. A financial adjustment is in the works. Your own business judgement is better than the advice offered by

others. Trust your hunches. Tonight: Listen to a friend's qualms.

GEMINI (May 21-June 20) $\star\star\star\star\star$ Today favors creative work, time spent with children and declaring your love. Partnership, promises and propriety are highlighted. Looking something up, you are drawn to study law and ethics on some level. It is a day full of happy distraction. Tonight: Continue with the joy.

CANCER (June 21-July 22) ★★ A relative might need assistance. Give as much as you are able. Your energy will be low. Be tolerant of another's idiosyncrasies. Reconsider decisions recently made. In terms of future work plans, treasure the bird in hand over the one in the bush. Tonight: Collapse.

LEO (July 23-Aug. 22) **** Friends offer valuable new ideas during the course of casual conversation. Consider becoming more active within a certain social group or organization. Prestige is located there. This is the begin-

ning of more growth and opportunity for you. Tonight: Prepare a feast. VIRGO (Aug. 23-Sept. 22) ★★★★ Pursue a goal that nurtures your creative and spiritual needs while weighing financial considerations. Today is perfect for releasing old patterns. You make plans to journey onward and upward on

many levels. Tonight: Catch up on news from old colleagues. LIBRA (Sept. 23-Oct. 22) $\star\star\star\star\star$ Ships are safe in harbor, but that is not what ships were built for. Focus on exploring what love really means to you. Underscored is a genuine zest for life. You are ready for adventure, with the added

blessing of great physical vitality. Tonight: Daydream. SCORPIO (Oct. 23-Nov. 21) **** Enjoy chance meetings with those from your past. A reunion with a longtime friend is likely. You reconsider the pursuit of a dream once abandoned. Be diplomatic when discussing controversial is-

sues. Call ahead and confirm plans. Tonight: Where the action is.

SAGITTARIUS (Nov. 22-Dec. 21)

*** Romantic prospects and charian ★★★ Romantic prospects appear; you are at your most charming and charismatic. Closest ties will demand effort and energy. Offer those you care most about your emotional support. Relationships have been subject to sudden change. Tonight: Do not change your commitment status.

CAPRICORN (Dec. 22-Jan. 19) *** Developing more rapport with elittle a dolling considered creature can heal you. Transportation needs are being considered and information exchange is very important. Be alert and stay well informed and all will be well. Tonight: Read between the lines

AQUARIUS (Jan. 20-Feb. 18) ★★★ Matters of the heart are most promising today. Soul mates are technically those whom we have encountered in previous incarnations. A transformative connection with a soul mate might occur. Your

child needs you.

PISCES (Feb. 19-March 20) ★★★ Home and family life are highlighted today. Patiently work out differences and make needed repairs. Shop for the best prices. A relative is feeling very adventurous and might surprise you by taking a gamble. Give your best advice. Tonight: Kick back and think of summer.

entire concept of partnerships and commitments is changing. Tonight: A

Thought for the day

When the solution is simple, God is answering.

- ALBERT EINSTEIN

Bill Rechin and Don Wilder I'M GOING TO DEMAND A DAY OFF! ANOTHER YEAR GONE AND NO DAY OFF! YESTERDAY ME A DAY OFF WONDERFUL





SO MY DEMISE

HAW





I'D SAY THE FUTURE LOOKS BRIGHT FOR ME!



DADDY DAZE OKAY, I'LL LIFT AND ROLLED UNDER YOU GRAB IT THE COUCH?

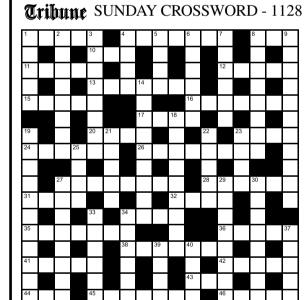












31 Horse colour (4)

32 Expresses in

words (4)

coup d'___

34 Change of Govt.:

35 Piece of land (7)

36 Per ___: yearly (5)

38 Extraordinary (7)

42 Blackfly for one -

43 Tolkien's tree like

creature (3)

45 The stage (7)

44 Secret agent? (3)

46 Revises copy (5)

Iron for one? (5)

41 Possessed (5)

Crazed or crazily enthusiastic (5) Popular ice-

cream flavour (7) A positive vote (3)

10 Tint (3) 11 Ankle bones (5)

12 Ballet company 13 Wart (7) 15 South American

animal (5) 16 More obvious (7) 17 Nimble (4) 20 Italian painte

Guido - "rine" anagram? (4) 23 Lord Mahavir's follower (4) 24 Playback singer

Ghoshal (6) 26 Male horse (8) 27 Indian queen or

empress (8)

28 Abate (6)

Storyteller (8) Quality of a knight

Turn off course (4) Socially unaccept-

able (3-1) Bequest (6)

Lower-leg joints (6) Rural (8)

Surroundings (11) 14 Impervious to (9) 18 Down-to-earth (9)

19 Desires: ambitions (11)21 A town in SE Minnesota - "an

age" anagram? (5) "Hi pad" anagram? 22 Cunningly (5) 23 Tasks (4)

> 27 Like an elderly and kind married lady?

25 Dash or zest (4)

29 Suddenly rise (8) 30 Catapult (8)

33 Outlaw; robber (6) 34 Make certain (6)

37 Styles or fashions (5)39 Give out radiation

(4) 40 ___ fixe : an obsession? (4)

SOLUTION TO SUNDAY

CROSSWORD - 1128

HEALTH CAPSULES® by Bron Smith

DO MORMONS LIVE LONGER THAN THE REST OF THE POPULATION?



ACTIVE MORMONS LIVING IN CALIFORNIA GAINED UP TO 9.8 EXTRA YEARS OF LIFE. SPIRITUALITY AND STRONG SOCIAL CONNECTIONS HAVE PROVEN TO BE A STRONG LINK TO LONGEVITY. Health Capsules is not intended

to be of a diagnostic nature

37 Modes, 39 Emit, 40 Idee. Shanghai, 33 Bandit, 34 Ensure, 27 Matronly, 29 Escalate, 30

Eagan, 22 Slyly, 23 Jobs, 25 Elan, Realistic, 19 Aspirations, 21 Environment, 14 Resistant, 18 Legacy, 7 Ankles, 8 Agrarian, 9 Chivalry, 4 Veer, 5 Non-u, 6 Down: 1 Metal, 2 Narrator, 3 Ent, 44 Spy, 45 Theatre, 46 Edits. Special, 41 Owned, 42 Aphid, 43 Etat, 35 Terrain, 36 Annum, 38 28 Lessen, 31 Roan, 32 Says, 34 Shreya, 26 Stallion, 27 Maharani, 17 Spry, 20 Reni, 23 Jain, 24 13 Verruca, 15 Llama, 16 Clearer, Aye, 10 Hue, 11 Tarsi, 12 Kirov, Across: 1 Manic, 4 Vanilla, 8



Stranded people gather at the ASTC bus stand to begin their journey towards their home districts, in Lakhimpur on

Police personnel, safai workers felicitated

CORRESPONDENT

GAURIPUR, April 25: Ashok Kumar Singhi, MLA, Bilasipara East Constituency felicitated the police personnel and the safai workers of Bilasipara and Chapar towns numbering 70 who are working to implement the guidelines set by the government to prevent spread of coronavirus vesterday.

As a recognition of their restless service, the MLA felicitated them with a phulam gamusa and an umbrella each.

The solemn function held at Chapar was attended by Bilivia Chaudhury, executive officer, Chapar Municipality and ex-chairman Dwipesh Das, Prafulla Kalita, a BJP worker and Narendra Sethia, a social worker of the town. At Bilasipara, executive officer Kritika Basumatary, who was present on the occasion, praised the efforts of the MLA to strengthen the mind-set of the people. The MLA also distributed food packets to the needy people of

Masks donated at **Biswanath** CORRESPONDENT

BISWANATH CHARIALI, April 25: To combat coronavirus infection in Assam, a social organization namely, CADAT, Biswanath Chariali, handed over around 3,100 home-made three-layered masks to the Deputy Commissioner of Biswanath on Friday. The Deputy Commissioner appreciated the NGO for this job.

The process of mask preparation and distribution was financially helped by Small Industries Development Bank of India (SIDBI), Guwahati in collaboration with USHA International Pvt Ltd. The NGO also provided food materials to North Eastern Regional Multipurpose (physically handicapped) School located in the village of Balipukhuri, Biswanath. On behalf of CADAT, Dhiren Deka, Manoranjan Hazarika and Gobinda Hazarika were present on the occasion.

Inter-dist movement of buses in Dibrugarh chaotic

STAFF CORRESPONDENT

DIBRUGARH, April 25: The one time inter-district movement of stranded people from the district here got under way as per the government instructions today with the transportation of people, including women, to the nearby districts. However, the transportation could not be operationalized in the desired manner.

The boarding point being Dibrugarh, several passengers from small towns like Duliajan, Naharkatia and other small towns and suburban areas, who have received passes, remained stranded for lack of conveyance to reach the boarding point. The ASTC bus operators here were kept waiting for several hours for the travellers to reach from their

Nevertheless, officials from the district administration informed that about 150 passengers were moved to their desired destinations in the districts of Tinsukia, Dhemaji, Sivasagar and Lakhimpur today. As the officials are still expecting passengers from farflung areas to arrive, buses have been kept ready at the ASTC bus terminal here.

Additional Deputy Commissioner Ranjit Konwar told The Assam Tribune that a few private vehicles with passes have also been ferrying passengers one-way. However, it is learnt that the movement system was not going smooth so far due to one boarding point in the district.

569 apply for e-pass in Hailakandi

CORRESPONDENT

HAILAKANDI, April 25: As many as 569 persons stranded within and outside Hailakandi district due to the lockdown have applied for emovement passes.

District administration authorities disclosed that out of 569 stranded people, who applied for e-passes on Friday, 221 persons applied for movement within the district. Those who applied have had their own vehicles.

Three ASTC buses have been pressed into service for movement of people stranded due to the lockdown.

The District Disaster and Management Authorities has been working till late hours to examine each and every e-pass application.

Deputy Commissioner Keerthi Jalli, who is supervising the entire checking process, disclosed that two reception points at Katakhal and Thandapur and six embarkation points at Thandapur Outpost, Panchgram Outpost, Algapur Police Station, Hailakandi ASTC point, Abdullapur Outpost and Katlicherra Police Station have been put in place to ensure hassle-free movement of stranded people within and outside the district. "Vehicles have been arranged at each point for further drop off,"

Medical teams have been deployed at the receiving and deboarding points with hand washing and toilet arrangements.

Jorhat dist admin allows sale of fruits at doorsteps

STAFF CORRESPONDENT

JORHAT, April 25: The Jorhat district administration has allowed sale of fruits, including dry fruits, at doorsteps by imposing certain conditions.

An order passed by an Additional Deputy Commissioner on Friday stated that in view of the month of Ramzan commencing from April 24 and lockdown in force, the district administration has allowed sale and distribution of fruits at the doorsteps of residents.

However, the administration has imposed certain restrictions to be followed by vendors authorised to carry out the trade.

The vendors will have to be examined by a medical officer with proper certification regarding their health conditions and will be able to sell the products from 8 am to 3 pm

Only fresh fruits from known sources in Green Zone areas will be allowed, and sale of rotten fruits will attract penal action. In case of dry fruits, only FSSAI-licensed products

The order said all precautionary measures like social distancing, personal hygiene, wearing masks and gloves as asked by the government in order to prevent a COVID-19 outbreak will have to be observed by the

E-pass for Majuli residents: People who may be needing a pass to come out of their homes during the lockdown period due to some urgent work in Majuli island could ap-

ply for e-pass online. A Majuli district administration official informed that any person who may require to step out of his/her home during the lockdown period could apply for an e-pass by logging onto the official website of the Majuli administration - www.majuli.gov.in - and then clicking the 'Click for application' link found on the bottom of the website.

After filling up the necessary details, a person would be able to know the status of his/ her application by clicking the 'Track Your Application Status', the official added.



Assam Police personnel distributing food and essential items to needy people, at Dekargaon near Tezpur on Saturday. – UB

572 people move towards their destinations from Tezpur

CORRESPONDENT

TEZPUR, April 25: People from different corners of the State, stuck in Tezpur as well as in the entire Sonitpur district during the lockdown period, were today allowed to return to their destination in 33 different buses under ASTC. It may be mentioned here that the State government had made special arrangements of transportation for three days from today for people stuck at different places across the State during the

After test/screening of the passengers by a medical team in the presence of administrative officials and Additional SP, Numal Mahatta, on the first day of the special transportation programme today, a total of 572 passengers from Sonitpur returned to their destinations with their valid tickets provided by the competent authority.

Sources in the administration informed that two buses to Nalbari, three buses to Kamrup (Rural), nine buses to Kamrup (Metro), three buses to Golaghat, one bus to Baksa, five buses to Nagaon, seven buses to North Lakhimpur, one bus to Marigaon and two buses to Darrang district left for their destinations with the passengers in the morning.

Before the passengers boarded the buses, the health department team adequately sanitized the pre-arranged buses. It needs to be mentioned here that the people stuck at various places of outskirts of the Tezpur town were at first dropped at the Tezpur ASTC bus stoppage by a few prearranged vehicles. Moreover, the buses plying on different routes picked up some passengers from various other boarding points.

176 stranded persons reach Nalbari

CORRESPONDENT

NALBARI, April 25: As the Nalbari district is declared COVID-19 hotspot, no person from the district was allowed to travel outside though the State government from Saturday started interdistrict movement of some selected people.

However, people from the district stranded in other parts of the State have been allowed to come their home district Nalbari.

Deputy Commissioner of Nalbari, Bharat Bhusan Dev Choudhury, told this correspondent that 529 persons from all over the State got the permission to come to the district in three days.

As per the permission, 176 persons on Saturday reached the district from various parts of the State. Of them, 30 persons came from Tezpur in two ASTC buses on Saturday evening.

The police made arrangements and dropped them at their respective homes after they arrived at Nalbari Police Station. Besides, 146 persons reached the district by their own vehicles. The people entered the district were screened at various entry points including Ghograpar, Bijulighat, Adabari, Doulashal and Bez-

People wearing masks to get petrol in Biswanath CORRESPONDENT

LI, April 25: In order to prevent the spread of COVID-19, the Biswanath district administration has ordered to sell fuel in petrol depots in the district to those people who wear masks. Dhruvajyoti Das, Deputy Commissioner, Biswanath district, issued the directive with immediate effect today. All the oil depots in the district have been directed to comply with the directive.

The sale and consumption of all kinds of gutkha, tobacco, pan masala etc., have already been banned in the district. In the same directive. the district magistrate banned pillion riding and made it compulsory for all people in public places as well as at work to wear masks.

4 youths held

ANN SERVICE

TIHU, April 25: Tihu police arrested four youths on April 23 night on the charge of violating lockdown rules and registered a case against them.

The arrested youths -Nurul Amin Khan(24), Pankag Kalita(29), Kailash Barman (33) and Dipankar kalita(37) had come from Guwahati to Tihu with their vehicle AS-0-ET-4704 without the permission of the government. Police arrested them and registered a case no. 62/2020 and seized the vehicle.

Meanwhile, Ratna Kanta Sarma, in-charge of Tihu Police Station has appealed to the public to wear masks, maintain social distancing and obey the rules honestly during the lockdown period.

28 stranded people sent from Nagaon

A CORRESPONDENT

NAGAON, April 25: On the very first day itself, as per the government schedule, 28 people stranded at various locations in Nagaon district were sent by buses under the ASTC today to their respective districts.

Similarly, 84 people stranded in various districts of the State during the ongoing nationwide lockdown have arrived at their home district here till the filing of this report. According to sources, the number of people supposed to arrive here today will increase as many buses are on their way to Nagaon.

It may be mentioned here that a total of 95 persons from various districts of the State stranded at Nagaon had registered and the district administration had scheduled five

ASTC buses to send them back to their respective districts. But only 28 people from various locations of the district reached Nagaon ASTC station today and the rest were yet to report, sources said.

Samar Kalita, District Information and Public Relations Officer, Nagaon told this correspondent here this evening that till 6 pm only 84 people had arrived at Nagaon Borghat bypass Chariali and many buses were on their way to Nagaon as many buses started their iournev late.

It is to be mentioned here that Deputy Commissioner Jadav Saikia and ADC Jayanta Bora and other surveillance staff of the district were receiving these people at a temporary camp set up near at Nagaon bypass chariali, the sources said.



Dr Numal Momin, MLA, distributing free sanitary napkins at Bokajan, in Karbi Anglong on

Mising council grants financial aid to stranded people

CORRESPONDENT

DHEMAJI, April 25: Supporting the State government's policy of helping the stranded people to reach their natives places amid lockdown, Mising Autonomous Council (MAC), Gogamukh, has sanctioned Rs 1 crore as an aid to meet travelling expense of the sufferers.

MAC's Chief Executive Councillor Paramananda Chavengiva (Pangging), when contacted, said that a committee, including the council members and Mising Students' Union (TMPK) leaders, has been constituted to deal with the issue of stranded people. The committee, after a ground assessment, submitted the list of people

are stranded in the metropolitan cities and capital towns of different south In-

dian States, he said. MAC's Executive Councillor Naresh Kumbang said that about 6,200 names of stranded people were shortlisted in the first group, who have been paid Rs 1,500 each by account transfer.

Stating about ongoing 'hue and cry' over the MAC's grant-in-aid issue among many Mising youths, which is widely circulated in the social media, the councillor said, "The bank branches are facing problem to transfer money into the accounts owned by a large number of beneficiaries as their submitted particulars are found dissimilar to bank ac-

from different districts, who count records. However, we are working for correction of the records and taking necessary steps to clear payment without delay," said the councillor, while informing that more than 40 per cent payment/transfer was cleared.

The council with its headquarters at Gogamukh in Dhemaji district is granting the aid to all stranded youths on the wake of COVID-19 lockdown. The beneficiaries belong to different ethnic communities and most of them are starting their journey to different districts of the State from Saturday.

The MAC covers people of 9 districts, including Dhemaii, Lakhimpur, Majuli, Tinsukia, Sivsagar, Jorhat, Golaghat, Sonitpur and Kamprup (M).

New wholesale market in Golaghat district gains momentum

CORRESPONDENT

DERGAON, April 25: The new wholesale market of local vegetables initiated by the Golaghat district administration has gained its momentum today after three days of its

Amidst extension of lockdown in Assam as well as the nation, the farmer community has been adversely affected along with other sections of the society.

The Golaghat district administration in association with the District Agriculture Department started a wholesale market at an abandoned bus stand at Arengapara in Golaghat on Wednesday.

During the last three days, a total of Rs 2,88,619 was collected from the vegetables sold and a total of 141.67 quintals of vegetables sold in the market. Farmers from remote corners of the district sold these vegetables to wholesale traders.

As a result of the lockdown, the vegetable produce of the farmers in the district were damaged and the farmers did not find any place to sell their produce.

Moreover, the farmers had to sell their produce in very less price than the market price as the middlemen took away the profits.

Considering this, the Golaghat Deputy Commissioner Bibhash Ch Modi in association with the District Agricultural Department arranged the wholesalt market where the farmers were able to sell their produce directly to the wholesalers. With this, the farmers were also able to know the real price of the vegetables.

Assistant Commissioner and DIPRO incharge, who is also closely associated with the wholesale market, Papu Gogoi said that the idea behind the market was to give justice to poor farmers.

"By this move, we are trying to sensitise the poor farmers about the actual prices of their vegetable produce. It is thought that it will break the bridge built by the middlemen between the farmers and wholesalers," Papu Gogoi said.

Dutch soccer league called off

THE HAGUE, April 25: The Dutch football federation (KNVB) called an end to the 2019-20 season, as the Eredivisie became the first top European league called off due to the coronavirus pandemic.

No team will be declared champions after Ajax and AZ Alkmaar were left level on points at the top of the table with nine games still to play.

"Unfortunately, given the measures (banning large-scale gatherings) taken by the government, it became impossible to finish the 2019-2020 season," the KNVB said in a statement on Friday.

"Public health always comes first. It's not just a football problem here given what the coronavirus is doing to society. Nonetheless, the professional football committee is aware that today's decisions are going to cause great disappointment for some," it added.

Leaders Ajax, above AZ on goal difference, will qualify for next season's Champions League, according to the KNVB, which will await a definitive verdict from UEFA on May 25.

AZ will likely enter the competition's preliminary rounds, with Feyenoord, PSV Eindhoven and Willem II set to compete in the Europa League based on the final standings.

It marks the first time

Public health always comes first. It's not just a football problem here given what the coronavirus is doing to society. Nonetheless, the professional football committee is aware that today's decisions are going to cause great disappointment for some.

-KNVB

since 1945 the Dutch season has finished without a league champion.

"As a player and as a club you naturally want to become champion," Ajax chief executive Edwin van der Sar told the club's website.

"You want to show it on the field and we have been at the top all year round.

"It is a pity that you are not declared champion, but in this situation that may be understandable. There are more important things at the moment than football.

The KNVB announced its intention to scrap the season on Tuesday following the Dutch government's decision to extend a ban on mass gatherings until September 1

Matches behind closed doors were said not to be an option as they are considered events which require a permit and police presence.

The final decision was made following a meeting with the clubs on Friday. Next season will begin with the same 18 teams that started the aborted Eredivisie campaign.

"There will be no relegation, nor promotion," said the KNVB, which is expected to face legal action from SC Cambuur and De Graafschap – the top two clubs in the second division. – AFP

deals with the financial consequences of the coronavirus pandemic. English Premier League games have not been played for more than six weeks and stadiums are due to be

'Virus will hit transfer process'

MANCHESTER, April 25:

Manchester United vice

chairman Ed Woodward has

told fans there will be re-

duced spending on players as

the entire football industry

closed to fans when the sea-

son resumes in June at the

earliest. It could be several months before social distancing restrictions are eased to allow supporters back into games, dealing a significant financial blow to United, which generated more than 55.2 million pounds (\$68 million) in matchday revenue in the first half of the season. That will impact the finances available to spend on Ole Gunnar

We have Oz, NZ offers: ECB

Solskjaer's squad. - AP

LONDON, April 25: The England and Wales Cricket Board (ECB) chief executive Tom Harrison has confirmed receiving offers from Australia and New Zealand boards, helping them host their domestic games - county as well as List A.

On Friday, the ECB suspended all forms of professional cricket till July 1 due to the COVID-19 outbreak which has wreaked havoc globally but more so in the United Kingdom.

"We've had offers as far away as Australia and New Zealand. Those offers are on the table," Harrison was quoted as saying by the BBC. - PTI

Baseball in full swing in Taiwan

NEW TAIPEI CITY, April 25: When Wang Wei-chen had a base hit for the Chinatrust Brothers, no one booed or cheered from the stands at the suburban Taipei ballpark.

No one hurled insults at the umpires. And no one yelled the Chinese-language line of encouragement "add oil" to either team.

The 12,150 blue plastic seats were devoid of fans Friday night for the game between Chinatrust Brothers and Fubon Guardians, down from the average crowd of 6,000 at professional baseball games in Taiwan. No fans have come to any games here since play started on April 11.

Taiwan's five-team Chinese Professional Baseball League is barring spectators over concerns of spreading the coronavirus in a crowded space. – AP

World Cup semifinal loss to NZ still haunts us: KL Rahul

MUMBAI, April 25: Star India batsman KL Rahul said the heartbreaking World Cup semifinal loss to New Zealand, after a near-perfect show in the group stages, "continues to haunt' him and his teammates.

In a chat show 'The Mind Behind', Rahul said if he was given a chance to change the result of any one match in the past, it would be the 2019 World Cup semifinal.

"It has to be the World Cup semifinal. I think most of us are still not over that loss, it is still haunts us sometimes," he said. "I can't imagine what the senior players must have felt but you know in a World Cup it just becomes even harder knowing that we played so well in the entire tournament. I still wake up to that nightmare sometimes." - PTI

Burglary attempt in Saha's ancestral home in Siliguri

KOLKATA, April 25: Indian Test wicketkeeper Wriddhiman Saha on Saturday said his locked ancestral house in Siliguri was the target of a burglary attempt on Friday.

Saha's uncles, who live nearby at Shaktigarh area of the city, foiled the attempt and alerted the police. The miscreants, numbering around six, fled off in their car.

"It's really unfortunate. We only had heard about burglary during our childhood days... Hopefully, police will look into the matter." Saha, who lives with his family in south Kolkata. said. Saha's elder brother works in Mumbai, while his parents, who had come here for a vacation, are stuck due to the

Kohli can knock it off in 7-8 years: Lee

MUMBAI, April 25: Former Australian fast bowler Brett Lee on Saturday backed Indian captain Virat Kohli to surpass batting great Sachin Tendulkar's record of 100 international centuries, provided he keeps firing for another seven-eight

The iconic Tendulkar holds the record for highest number of ODI centuries with 49 hundreds and current batting maestro Kohli is second on the list with 43 from 248 matches.

In Tests too, Tendulkar leads the tally for most number of hundreds with 51 tons. Kohli has 27 from 86 matches till now. Lee said it will all boil down to three things - talent, fitness and metal strength - and Kohli has all these traits. - PTI

FIFA to make advance payments to members LAUSSANE, April 25: FIFA says advance payments of USD

500,000 are being sent to member associations to cover running costs during the coronavirus pandemic.

Each of the 211 member associations is entitled to USD 6 million from FIFA spread over the four-year World Cup cycle. FIFA says the next instalment due in July will now be paid

in the coming days along with other payments due from last year. FIFA is easing some criteria required before being paid but the money is still subject to audit checks. FIFA president Gianni Infantino says the soccer body has a

duty to be there and support the ones that are facing acute needs. FIFA previously said it will make substantial sums from its \$2.7 billion reserves available in an emergency fund. - AP

IOC gives \$25M more to Olympic athletes, teams

LAUSSANE, April 25: The International Olympic Committee is allocating more than \$25 million to cover extra athlete and team costs related to the one-year postponement of the Tokyo Games. The IOC says an extra \$15 million will go to a program helping 1,600 athletes from 185 less well-funded countries prepare for the games in 2021.

More than \$10 million is available for national Olympic bodies to cover additional operational costs such as travel and accommodation for officials. The money is being awarded through the Olympic Solidarity program. The program aims to help all 206 national Olympic teams and the refugee team send athletes to the games. - AP

A rarity: cricket goes live in Vanuatu in the South Pacific

PORT VILA (Vanuatu), April 25: Some overnight rain couldn't prevent Vanuatu from producing a rarity in these coronavirus-restricted times a live sporting event.

The tropical island in the South Pacific was likely the only venue in the world hosting a competitive sports final on Saturday, as most international sport remains shuttered around the globe. Vanuatu Cricket Association chief executive Shane Deitz invited anyone missing live action to tune in to a live stream. And more than 3,000 did at various times during a men's 10-over exhibition match and the women's Twenty20 final won by the Mele Bulls. - AP

Start schools, colleges first: Kapil Dev

NEW DELHI, April 25: Reopening of schools and colleges once COVID-19 pandemic is under control is more important for the vounger generation than resumption of sport which can take a back-seat for the time being, feels Kapil Dev.

The world has come to a standstill with no immediate signs of resumption of sport of any kind. But sport can wait, feels the 61-year-old former India captain.

"I am looking at the larger picture. Do you think cricket is the only issue we can talk about? I am rather worried about the children who are not being able to go to schools and colleges because that is our young generation,' Kapil told YouTube channel 'Sports Tak'.

"So, I want schools to re-

and coaches for higher training.

Fund released for

sportspersons

GUWAHATI, April 25: The Government of Assam, as com-

Informing this in a press release today, Lakhya Konwar,

Member Secretary of the State Level Advisory Committee

for Students and Youth Welfare, Govt of Assam said Rs 73

lakh has been released for the 106 medal winning athletes in

Konwar further stated that Rs 1.25 crore has been awarded

to 20 leading sportspersons of the State, including Lovlina

Borgohain and Jamuna Boro under the State Government's

bowl), Shivangi Sharma (swimming), Upasana Talukdar (ath-

letics) have donated Rs 10,000 each for the Chief Minister's

Donation to Assam

Arogya Nidhi

GUWAHATI, April 25: The past and present students along

with teachers of the Centre for Studies in Physical Education

and Sports, Dibrugarh Uniuversity have donated a sum of Rs

94,669 to the Assam Arogya Nidhi to fight against COVID-19

The cheque was handed over to the DC Dibrugarh in pres-

Guwahati Basketball Club: The secretary of the Guwahati Basketball Club Dilip Hazarika and treasurer Rajib Ku-

mar Sarma handed over a cheque of Rs 50,000 to the Minister Pijush Hazarika yesterday for the Assam Arogya Nidhi. Jyotirmov Borah: Meanwhile, Jyotirman Bora, a class IX student, who is also an international wushu player, has donat-

ed Rs 10,001 to the Chief Minister's Relief Fund for the fight

SU DO KU

against the COVID-19.

ence of SP, stated a release issued here by Manti Baru, Director in charge, Centre for Studies in Physical Education, DU.

On the other hand sportspersons like Tania Chodhury (lawn

the last Khelo India Youth Games held here.

mitted, has released an amount of Rs 40 lakh for 56 athletes



open first. Cricket, football will happen eventually," Ka-

pil said. The legendary all-rounder reiterated he is not in fayour of a bilateral series between arch-rivals India and Pakistan to raise funds to deal with the pandemic as suggested by former Pakistan speedster Shoaib Akhtar. - PTI

Australian Govt looking at travel exemptions for Indian team

MELBOURNE, April 25: The Australian government might make travel exemptions for the Indian team's tour Down Under later this year to save the cricket board from losing a staggering 300 million Australian dollars in the wake of COV-ID-19 pandemic.

Cricket Australia is under huge financial pressure due to global lockdown and has laid off 80 percent of its staff. India's four-Test tour in December-January could provide a relief to the struggling body.

As of now, Australia's borders are sealed till September 30 but their could be an extension of travel sanctions.

According to a report in 'ESPNCricinfo', "international exemptions to allow an India touring party to arrive in Australia next summer

Chess players'

appeal to FIDE

responsibilities.

CHENNAI, April 25: The

Referring to the state-of-

affairs in the All India Chess

Federation (AICF), which has

been riddled with infighting

and legal battles, the forum

president Varugeese Koshy

wrote to the FIDE chief, re

questing his intervention in

players of India, the Chess Play-

ers Forum hereby wishes to

appeal to the FIDE to step in

and resolve the crisis in the af-

fairs of the AICF. We assure that

the Chess Players Forum will

be ready to assist in whichever

manner in any such initiative,"

"On behalf of all the chess

solving the impasse.

would be seriously considered by the federal government in the event of wider travel bans, strongly suggesting that Cricket Australia will be able to avoid losing up to AUD 300 million in revenue in the wake of the coronavirus pandemic."

The website also reported that CA has received a positive response from its government.

"...The governing body is understood to have received highly encouraging news about their outlook, at least as far as the lucrative India tour is concerned," the report stated.

Cricket Australia was expecting revenue of AUD 500 million from this financial cycle, primarily from broadcast rights. Even if spectators are not allowed and cricket becomes a TV only event, they happen to lose AUD 50 mil-

But if India fail to tour, the repercussions will be of gigantic proportions.

"Such a scenario (only live TV coverage) would likely leave CA with a hole of around AUD 50 million in its annual revenue of nearly AUD 500 million, but nowhere near the sort of blow they could have expected without being able to welcome India for a series of Test and limited overs matches due to pull the organisation out of the low point of its four-year revenue cycle,' the report stated.

Australia Prime Minister Scott Morrison on Friday had said that his government is looking at all option as far as resumption of sporting activities is concerned. – PTI

EPL come up with proposals to finish season

Chess Players Forum, a collective group of players in the LONDON, April 25: The country, has appealed to the English Premier League are world federation (FIDE) to eyeing a resumption of the step in and resolve the crisis season on June 8, behind closed in the affairs of the national body doors due to the coronavirus (AICF). The Chess Players pandemic, and reaching a cli-Forum functions as a voice for max on July 27, according to the players' rights, welfare and The Times.

The paper claims football chiefs, along with other sports governing bodies, have been holding talks with the British government about when they can resume and at only "approved grounds".

The Premier League has 92 games remaining since it suspended the season on March 13 with Liverpool agonisingly close to their first ever EPL title. The Times says Premier League bosses shared their idea 'Project Restart' with the shareholders last week.

The matches would be played behind closed doors – a



ing media though only if they tested negative for the virus and at selected stadia to limit stretching the limited resources of the medical services.

Extra changing facilities would be introduced to ensure social distancing measures were in place whilst players would be required to turn up for training individually and already in their kit. - AFP

Koshy wrote in his letter. - PTI maximum of 400 people would Saliva is must and vaseline is no replacement, feel Nehra, Harbhajan

NEW DELHI, April 25: Saliva and sweat are components that cannot be entirely done away with, insist a few distinguished India cricketers, as the ICC contemplates legalising ball tampering post COVID-19 by using artificial substances to prevent virus spread. Former India pacer Ashish

Nehra and spinner Harbhajan Singh feel that saliva's use in shining the ball is a "must". Ex-opener Aakash Chopra, while being open to the idea, wants to know where one can draw the line.

While discussions are at nascent stage, questions are already being asked about what external substances could be used if ball tampering becomes legal?

Is it going to be bottle cap in pocket to scuff up one side of the ball, vaseline to shine (made famous by John Lever) or chain zipper? "Get one thing clear at the

onset. The ball will not swing

if you don't apply sweat or



saliva on the ball. That's basic necessity of swing bowling. The moment ball gets scuffed up from one side, sweat and saliva must be applied on the other side," Nehra, who completely shot down the idea of using external substances, told PTI.

He went on to explain why vaseline alone can't help a "Now let's understand why do you need saliva? Sweat is

heavier than saliva but both are

heavy enough to make one side

of the ball heavier for reverse

picture only after sweat and saliva, not before that. "It is lighter and doesn't even ensure conventional swing. It can keep the shine

swing. Vaseline comes into the

but doesn't make the ball heavy," the World Cup-winning former pacer said. Nehra then gave the example of Englishman Lever who created a furore during his team's 1976 tour of India by

match. "I can bet Lever used sweat and saliva and then applied vaseline. Vaseline only helps the ball to skid and nothing more. You apply vaseline only, the ball will just go straight. You can check that with any fast bowler," he said.

Harbhajan also agreed that saliva if one has already chewed mint, which has sugar in it, makes it heavier. But when it comes to using external substance, he wants to know what can be the options.-PTI

applying vaseline during a Test The Assam Tribune presents f Live concert by Sunita Bhuyan & Ronojit Bhuyan

Heal The World

on April 26 (Sunday), at 7

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solved with proper reasoning and logic. Fill 1 3 9 6 8 the arid with diaits in such 9 2 6 4 7 5 a manner that every row, every column and every 4 8 2 9 the digits 1 to 12 without 3 7 9 6 4 1 2 8 5 repeating any 2 8 1 5 3 7 9 6 4

12 12 11 3 9 10 4 12 10 6 9 10 7 6 3 8 5 6 4 2

Solution of last problem

Originating from Japan, 9 7 2 8 4 3 5 6 'su do ku' is a mind game 8 3 2 1 5 6 and a puzzle that can be 7 9

WOMEN PLUS Women SHGs fight COVID-19 in Assam, reports ROUSY K. BARUAH.

MY SPACE DR. SRIPARNA PATHAK writes about raising kids in these difficult times.



The Assam Tribune READING JUNUA

Lights, camera, corona!

in disarray and indefinite lockdowns in effect to contain COVID-19, the economically weaker sections are the worst affected of all. Also shutting their doors, the movie and entertainment industry gets a massive blow, leaving many employees out of work. As film releases are being postponed, film festivals cancelled and productions coming to a halt worldwide, cinema is adapting itself because the closure of the big screens has not implied a decrease in the demand for entertainment. As a result, movies, and most importantly, life, might not be the same again when people return to the streets.

Many of the postponed big budget films are aiming for a release in the latter part of the year, which means that it would collide with the independent. low-budget films as the award season takes off by the Fall. The inability to secure enough screens, as the giants compete against each other, will hamper the business and award prospects of the many smaller films, unless the awards are postponed altogether. The cancellation and postponement of film festivals like SXSW (South by Southwest), Cannes, Tribeca also means that many films will go undistributed and unreleased. Film festivals are also important because this is where filmmakers start their career, new films get production grants and countries pick up their Oscar selections from. The sudden halt in the production of films, which will also lead to a domino effect, has resulted in terrible hardship for the unorganised sectors like the stunt people, caterers, technicians, spot boys, etc., who are paid on a daily basis.

Many producers, regardless of their films' sizes are taking the direct-to-video way of releasing their films, instead of waiting for better conditions to arrive. Here, too, many independent movies suffer, unable to find any takers as the studio-backed films enter the digital domain with much ease. Studios have made many tresh titles available for streaming through various platforms. As a result, people are getting to watch premieres of very recent movies from the comfort of their homes. With many new unreleased movies now seeking to premiere directly through video-on-de-

KALPA JYOTI BHUYAN analyses the impact of the COVID-19 pandemic on movies.



mand method, the consumer behaviour post-COVID-19 will surely be altered.

For the single screen and art house theatres, with the 90-day window between theatrical and streaming releases no longer existing, and people who are more motivated to sit at home and stream everything, this may be the final hit. With already decreasing footfalls, the small theatre-owners believe that this shift is an irreversible change and could be the final nail on their coffins. Along with these theatres, small business set-ups around them will also disappear. Forbes has reported that streaming sites have witnessed an increased usage since the lockdown and as reported by *The Hindu* - citing a survey conducted by *Ormax* Media, people are streaming more TV and web series than movies, in India. Many streaming platforms in India are

also offering free access to their content and attracting large-scale subscriptions.

Further solidifying the digital dominance, productions and film festivals have sought virtual remedies as a workaround to keep things moving. Many productions have conducted virtual table readings and have also devised new methods to keep the cameras rolling with the help of telecommuting technologies. After its cancellation, SXSW has decided to stream over 70 short films of this year for free. While this is not a very feasible option for the larger festivals with major premieres, glamour and the red carpet, but from here on, people would re-think about attending large gatherings which hosts people from all around the world. This puts up the question whether streaming services are the new future for movies?

doesn't eat anything, the brain will use

glucose from the body, intended for

fat and muscle cell use, and, in turn,

tioner, says that 75 per cent of over-

eating is caused by emotions. "Many

people turn to food for stress-relief. And

To protect the rights of the workers from the unorganised sectors and the theatre employees, the governments, cine bodies and guilds of many countries have introduced various legislations, campaigns and set up relief funds to provide financial assistance to the weaker sections. Some film distribution and production companies have also come up with a unique strategy to premiere films on VOD platforms and simultaneously, offer some benefit to the theatres by making the viewers first select a theatre of choice from a list before streaming and then transfering half the revenue generated to the selected theatre. The Golden Globes has also introduced changes in its rules, which will now allow direct-tovideo releases under certain conditions to qualify for their film awards as opposed to television awards.

Important changes in the post-CO-VID-19 landscape might include selfcensorship and adjustments that many markets may demand to the plot and storyline of upcoming movies which deals with trauma or anxiety-inducing factors. Also, a movie bearing a plot like 2011's Contagion might be a tough sell in China post-COVID-19 as far as the politics of it goes. While the fear will hold back people from visiting the theatres for a couple of months, even after the situation eases, the role of blockbuster movies will play a key role in getting audiences back to the big screen experience.

This is where Christopher Nolan's passionate op-ed column in The Washington Post, where he pleas for providing financial assistance to the unsung theatre workers of the U.S., holds true significance. He writes that we have watched and enjoyed movies together and in these uncertain times, too, we are all in this together and continues that we might have thought that we are going to the movies for surround sound, or soda and popcorn, but we weren't. "We were there for each other." He concludes, "When this crisis passes, the need for collective human engagement, the need to live and love and laugh and cry together, will be more powerful than ever." Although Nolan wrote this in the context of the American society, it is fairly relevant to the Indian scenario as well.

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The Quarantine 15 syndrome

Bingeing on anything one can lay hands on is resulting in untoward stress-induced weight gain during the lockdown, writes JOYSHREE BARUAH.

ummerspeck is a German word that roughly translates to 'grief bacon' – *kummer*, meaning 'grief' + speck, meaning 'bacon adipose'. It means weight gained from emotional overeating – literally, grief bacon. For some people, stress is directly proportional to their food consumption – either they eat more than required or they do not eat at all. Either ways, this imbalance only aggravates the stress levels they are already reeling under. The COVID-19 pandemic has sent the world spiraling under immense distress. With the lockdown sending more than two billion people under selfisolation, it has led to panic buying - not only of tissue rolls and sanitisers, but also food items that include vegetables, fruits, staple grains, and the dreaded processed food. Junk food like chips, chocolates, ice-cream, cookies, packaged juices and other calorie-bombs are being purchased and consumed like there's no tomorrow. This is leading to people gaining those extra pounds. Coined 'Quarantine 15', it is the phenomenon of gaining excess weight during this self-quarantine phase. Quarantine 15 originated from the term 'Freshman 15' - an expression commonly used in the U.S., that refers to an amount arbitrarily set at 15 pounds of weight gained during

a student's first year at college.

With the lockdown, news of stores running out of essential staples and groceries triggered panic buying. Research has shown that this has spiked up people's stress level by almost 36 per cent. When worried or stressed, one is more likely to seek out comfort food, which is nothing but sugars, fats, and carbs, for a quick energy boost. These foods act like natural tranquilisers that calm down the nerves. "When we are hungry, a whole network of the brain region activates. And under stress, the brain requires more energy, leading many to reach for sugary snacks, which are nothing but carbs. It provides the body with the quickest source of energy," says Dr. Shreya B. Reyes, a San Jose-based cardiologist. "If one

secrete more stress hormones. This leads to aggravating a person's stress levels, leading to depression, anxiety and probable heart disease in the long run," she adds. After gorging on those fries and downing those with a soda, one ends up feeling guilty for overeating. Comforteating traps a person in a hard-to-break eating cycle as it is all about consuming large quantities of food in response to feelings, instead of hunger. Dr. Parthiv Juneja, a Delhi-based nutrition practi-

> when they do, they tend to reach for junk food or sweets, which are totally unhealthy," he says, adding how boredom also makes one reach out for that pizza or that pint of ice-cream. "Emotional eating is using food to fill emotional needs, rather than your stomach. Unfortunately, emotional eating doesn't fix emotional problems," he adds. Breaking the cycle

To break the stress-eating cycle, one has to resort to stress-reducing activities like

exercise, meditation and yoga. With gyms and other fitness centres shut down, staying fit has become more of a challenge. However, it is necessary to devote at least a minimum of 20 minutes to some sort of physical activity, be it through home-based workouts, gardening, or taking the dogs out for a walk. Coupling this with healthy eating – portion meals and mindful eating and adequate sleep can ease one's lifestyle. Another way to abstain from binge eating is purging your fridge of unhealthy choices. Interestingly, delivery services like BigBasket and Grofers have witnessed 80-100 per cent spike during lockdown. If we don't have highfat sugars in the fridge or the shelf, it automatically cuts down the intake. To steer clear of gorging on junk food, having meals with family or friends on a dinner table, valuing the time in its own right will help one relax and enjoy the meal, as well as aid digestion.

Research shows that stress alters overall food intake, resulting in either under or over-eating, which may be influenced by stress or severity. A Yale University study found that under threat, even insects of crisis. So, stay put in self-quarantine, but steer clear of Quarantine 15.

like grasshoppers - which normally feed on protein such as grasses - switch to gorging on sugary goldenrod plants. The sugary food provides fuel to quickly feed their amped-up bodies in cases of fight or flight. These insects, like humans, often feed stress, instead of managing it. What we eat during this self-quarantine can help us cope better or make our stress worse, thereby, helping us manage times



A social responsibility

DR. NARESWAR SARMA is at the forefront of cancer care in Assam.

r. Nareswar Sarma is a physician who has been working on the cancer care forefront for 20 years or so in Assam. An unassuming man, Dr. Sarma talks about his life and work in his chosen field. Excerpts from an interview: You have been tirelessly working in the field of cancer care in Assam. What brought you to the field?

Before working in the field of cancer care, I was intimately associated with the initiative of bringing burn care to the people in Assam. The facilities for burn care in Assam have seen development only recently. I started my career as a surgeon in the Department of Surgery, Gauhati Medical College and Hospital. In 1984, I joined the Indian Oil Corporation, Digboi, as the medical officer. It was in 1994 that we established the first burn care unit in the entire North-East at the Digboi IOC Hospital. However, it was when I was selected as a member in the Indian team of doctors and paramedics for the Mission to Nigeria in 2008 that I started working in the field of cancer care.

Tell us about the Mission to Nigeria.

In 2008, a team of medical professionals was sent to Nigeria to work among the poor people, especially cancer patients. We worked in remote areas, 350 kms. away from the Nigerian capital Abuja. Cancer had a high incidence among the people in that region. Most of these cancer patients were poor. They were suffering because of many factors, including poverty, lack of medical facilities, poor access to healthcare, government failure in healthcare delivery, etc. Most of these poor people were daily wage labourers. We not only treated patients at various stages of cancer, but also worked towards creating awareness about cancer, how to detect cancer at an early stage, what are the palliative measures available, etc. It was a humbling experience for me as a doctor. The pain and distress that the poor people of the remotest parts of Nigeria were going through changed my perspective of looking at an ailment. Unlike other diseases, cancer has a huge social impact. It affects not only health, but also one's economic resources. It is unimaginable how someone's economic resources dwindle while one is going through the scourge of cancer.

Was cancer the priority for the Indian medical team in Nigeria in

No. Though our main focus was cancer, the Indian team also served the Nigerian villagers in treating various other ailments. I, personally, being a surgeon, did more than 350 surgeries to treat as many patients for different medical conditions. We did a great job in Nigeria. It was one of the most gratifying experiences of my life as a physician. Tell us about your other ventures in the field of serving the

When in Digboi, I, with the support of several distinguished persons of the oil town, started the Digboi Pain and Palliative Care Society, an organisation established purely with the motto of serving the needy. You see, diseases give you pain, sometimes, unbearable pain. To ameliorate the pain, one needs constant monitoring of one's health conditions. This is not possible for the patient and his or her family alone. We need a robust support system for this to happen. We started the Society with this objective in mind. And I am happy that the Digboi Pain and Palliative Care Society, of which I was the founder secretary, has been rendering yeoman's service to the needy patients for the last three decades since its inception.

What exactly is pain and palliative care for cancer patients?

Cancer patients not only suffer from bodily pain, but also from psychological trauma. The lack of economic resources hits them hard. The Society has been basically working to provide both medical and mental support to cancer patients. Palliative care helps a patient come to terms with the dreaded disease and also motivates them to live life to the fullest. The family, particularly, plays a major role in this.

I firmly believe that apart from being a medical and health issue, cancer is also a social responsibility. It is the society at large that can contribute towards reducing the pain and mental stress of the cancer patients. Show them love and care so that they can start their lives

What is your perception regarding cancer?



WOMEN PLUS

Rousy K. Baruah

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he COVID-19 strain, which surfaced in a Chinese seafood and poultry market late last year, has now spread to at least 210 countries, killing thousands around the world. On March 24, 2020, the Indian Prime Minister announced a 21-day nationwide lockdown. This lockdown was then extended to May 3. Massive quarantine of people having travel histories, hospital isolation and treatment of all confirmed cases, tracing and home quarantine of doubtful cases, and sanitisation of public places is ongoing. A separate Prime Minister's Citizen Assistance and Relief in Emergency Situations Fund (PM CARES Fund) has also been set up. Arogya Nidhi has been reactivated, and so on.

But what has recently attracted news headlines is the selfless and commendable service that the women Self-Help Groups (SHG) members across India have showed during this global crisis. Face masks, which are the first shield against COVID-19, is in short supply. As per a report of the Ministry of Rural Development, more than 132 lakh masks have been produced by 14,522 SHGs, involving 65,936 members in 399 districts, spread across 24 states of India, in just a period of 15 days from March 15 to March 30, 2020; the count is still ongoing.

The contribution of SHG members across Assam is also worth mentioning. They have been at the forefront of understanding the outbreak and, subsequently, training others to prevent and break the chain of this deadly disease. More than one lakh SHG members, promoted and nurtured under the Assam State Rural Livelihoods Mission (ASRLM), along with 2,455 community cadres, are relentlessly creating awareness amongst rural masses on the dos and don'ts of the outbreak. More than 13,029 villages have been covered by them where awareness on lockdown modalities, wearing masks, hand-washing and social distancing were imparted to 5,95,709 households. More than 2,000 SHG members are engaged in the production of homemade cotton masks (as per specifications forwarded by the Government of India). They are coordinating with district administration officials for

SHGs to the fore

Women SHGs across India have risen up to the challenge of meeting the COVID-19 pandemic.



When authorities and the administration, medical experts and doctors, police, researchers and scientists are contributing their share during this global crisis, history will also certainly remember the SHG members and their priceless efforts for the greater interest of the rural masses at large.

the sale and free distribution of these sterilised masks. Till recently, 1,39,241 masks have been produced, out of which 15,120 masks were distributed for free and 91,618 masks were sold at a marginal rate.

These unstoppable rural women have also been able to supply 214 tonnes of vegetables; 19,113 litres of milk; 16,930 eggs; 81 tonnes of meat and 13 tonnes of fish in a

span of 15 to 20 days.

We don't need to have deep pockets or be rich to help the needy; we need to have a heart. And such examples have been set by these SHG members. An amount of Rs. 4,11,600 so far has been contributed by them towards the Assam Arogya Nidhi and the PM CARES Fund. Within their limited capacity, they are unanimously coming forward and contributing food (rice, pulses, oil, salt, potatoes), sanitising materials (soap, phenyl, dettol, etc.,) to the needy and the vulnerable. They are working in close coordination with various departments, including health, revenue, police, gram panchayats, zilla parishads and banks. Business Correspondent Agents amongst them are providing the last mile doorstep service to provide required financial transactions. When authorities and the administration, medical experts and doctors, police, researchers and scientists are contributing their share during this global crisis, history will also certainly remember the SHG members and their priceless efforts for the greater interest of the rural masses at large.

People Speak

Sunday Reading invites all readers to speak out on vital issues that touch their lives. Our next topic is – "What does COVID-19 teach us?" Send in your response, not exceeding 100 words, enclosing your name, address and passport-size coloured photograph - latest by May 5, 2020, addressed to: People Sunday Reading, The Assam Tribune, Chandmari, Guwahati-781003 or e-mail us at sundayreading@ assamtribune.com

Today's topic

Steps to be taken to rebuild our economy.

The post-COVID economy is envisaged to be far worse than the crash of 1930. All the governments of the world must come together and plan how to revive the economy, give people their livelihoods back and get the engine running. The poor must be given packages to tide over the crisis. Families must have a list of essential and non-essential expenses. The key areas of food, health and education must not be compromised with. With the help of the government, sound planning and wise distribution of resources, we will surely tide over this difficult phase. Nirmal Bhumsaria,

esides posing a threat to our lives, the scourge called COVID-19 has **D** totally shattered the economy of most nations, including India. The people belonging to the economically weaker sections of the society have been facing difficulties caused by the pandemic. Due to the ongoing lockdown, agricultural and dairy produce have been

wasted as markets are closed. Therefore, to rebuild our economy, the authorities have to put emphasis on implementing certain schemes targetting this section of people. In this regard, banks and other financial institutions should work in collaboration with the government to accelerate the economic growth of our country. Steps should be taken to revitalise the agriculture sector, which is the backbone of our economy. - Pushpanjali Deka,

Bhawanipur, Barpeta.

Insurance professional

To restart the economy, we need to follow some short-term strate-I gies. The government needs to immediately stop some of the subsidised schemes which may have a political basis, and which may worsen the state of the economy. To bring in selfsufficiency with regards to food, essential products and services should be the prime focus, keeping aside all other long-term agendas. Thus, agriculture, forestry and fishing, i.e., the primary sector

- Dhiren Bordoloi, Hengrabari, Guwahati.

which makes up the largest share of the country's economy, should be encouraged. Employment generation for affected migrant workers is another step towards rebuilding our economy.

The immediate need is to suppress the spread of the pandemic through testing, home quarantine and social distancing. To rebuild the economy, we should now think of restarting certain activities in low-infection zones with adequate precautions. The government should also require each of its agencies and PSUs to pay their bills to the companies

work towards breaking the Chinese hold over manufacturing local goods and machinery. In all, smart ways to waive tax and ignite

MAKE IN INDIA should be implemented in letter and spirit. - Dipanwita Majumder Dutta,

Maligaon, Guwahati.

engaged in government contracts like MSMEs so that those firms get valuable liquidity. India must consumption is the need of the hour. Hence,

We have seen that the COVID-19 epidemic has badly affected the economy of almost all the nations of the world. And, for a developing country like India, this would be a huge challenge as its economy is already down. As per the World Bank's latest assessment, India is expected to grow at 1.5 per cent to 2.8 per cent. Similarly, the IMF has projected a GDP growth of 1.9 per cent for India in 2020. We know that agriculture contributes significantly to the Indian economy. Agriculture engages 60 per cent of India's

on the rural economy. In order to increase agricultural production, the government will have to insist on new techniques to be applied to the agricultural sector. On the other hand, small-scale industries can also contribute a lot to the country's economy. The government will have to devise new schemes to encourage

- Hirakjyoti Nath, DK College, Mirza.



Wash and then soak the lentils for half an hour. Drain the lentils and put in a pan with a

pinch of turmeric, cherry tomatoes, and salt.

Sprinkle the fish with the remaining

marinate for 20 minutes. Heat the oil in a

deep pan set over medium heat and fry

paper and set aside.

the fish lightly. Drain on absorbent kitchen

To the same oil, add the mustard seeds

and the fenugreek seeds and fry, until they

the chopped tomatoes and salt. Cook, over

and release their liquid. Stir in the cooked

splutter. Add the green chilli, followed by

a low flame, until the tomatoes collapse

lentils and mix well, adding more water if

required. Bring the mixture to a boil. Add

the fish. Lower heat and cook until done.

Remove from the heat and stir in the lemon

turmeric powder and salt, and leave to

Pour in enough water to cover the lentils and bring to a boil. Cook until soft, but not mushy.

BEAUTY

Zarin Saleh Hussain zarinsalehhussain.2018@gmail.com



I am 25 years old and have oily skin. What kind of make-up should I use? Also, please suggest the kind of skin-care routine I should opt for.

Smriti Ans: Cleansing your face twice daily should be an extremely important part of your skin-care routine. Excessive oiliness can be brought under control with an appropriate skin-care plan and by using the right products.

Use a purifying deep-cleansing mask once a week to absorb excess oil and keep the skin clean. Avoid sticky sun-

An alcohol-free purifying toner is a must too, as also a moisturiser. Apply the

Skin radiance

From oily to dry skin, here are some tips and tricks for all your skin worries.

moisturiser very lightly. Before putting any make-up, apply an oil-absorbing primer which prevents make-up from lodging into pores. Use a matte foundation. You can finish with a powder that matches your true foundation shade.

Avoid too much exposure to the sun, vegetables. You need to increase your intake of water.

I am a 19-year-old boy with oily skin. Please suggest some remedies. **Partha**

Ans: Clean your face regularly with the help of an astringent and an oil-free face

wash. Start by drinking eight to ten glasses of water daily. You can also use sandalwood paste on your face, daily, to reduce the oiliness. Avoid fried and gravy foods.

Try to keep your skin clean at all times. Use a face wash designed for men with oily skin. Exfoliate often. The key to a you should avoid eating oily food. Eat great cleansing routine and clear skin light food and lots of fruits and green is always balance. Use an oil-control moisturiser to increase hydration and minimise extra oil.

> I am 20 years old. I am a no make-up person. I have dry skin, but I don't follow a daily beauty routine. I prefer a minimalistic look. Please suggest some tips.

Priyakshi

CULINARY corner



Ans: You need to work out a skin-care routine and follow it very strictly. Apply fresh coconut oil for dry skin. After a bath or after applying a pack, moisturise your skin with pure plant oils. Be gentle with your skin. A proper diet and drinking lots of water during the day can keep your skin well-hydrated and radiant.

If you have dry skin, make-up may look uneven and flaky. Therefore, you must learn how to apply makeup. Before applying make-up to dry skin, prime your skin to give it the moisture that it needs and make sure to use products specifically formulated for dry skin. Even if you don't use make-up and if you have dry skin, massage it with a little almond oil or sesame seed oil and wipe clean with a wet cotton pad. This must be done when you return from outdoors.

I am a teenager. Can I get a facial done? Please suggest.

Jigyasa

Ans: If you have problematic skin, you should go for it or consult your physician. Most teenagers suffer from acne and blemishes. Teen facials typically begin with a deep cleansing, followed by gentle extractions. A professional treatment will fully cleanse the skin. The best way is to first know your skin and then cleanse and treat it. Facials are essential to prevent imperfections and also, facials are geared to problem solve.

population and more than 16 crore hectares of land. I think, in this time of need, we have to emphasise

small entrepreneurs.



▼ Chicken pieces (skin-on)......500 gms

▼ Onion (sliced).....1

▼ Green chilli paste1 tsp

▼ Green chillies10 or to taste

▼ Bicarbonate of soda1 tsp

▼ Ginger (coarsely chopped).......4 tbsps

▼ Water (hot)2 cups

(optional).....4 slices

▼ Saltto taste

▼ Papaya or mustard greens

or Kolakhar½ cup

Ingredients:

Chicken cooked with

Sear the chicken directly over the gas flame, until the skin chars on each side. Cut the chicken along with the skin into small pieces. Heat a deep pan over medium-high heat. Stir in the chicken, the sliced onion pieces, the green chillies, the chilli paste, salt and the bicarbonate of soda; mix well.

Add a ladle of hot water to the chicken and cook until the liquid is fully absorbed. Continue adding hot water, a ladle at a time, until the chicken is cooked through.

Stir in the chopped ginger and the papaya pieces or mustard greens, if using, and cook until done. Increase the heat and cook, uncovered, until the water evaporates to the desired consistency.

The finished dish can be either dry or with a little curry. Remove from heat and transfer to a serving dish. Serve with rice.

Note: The chicken can be cooked without the



Sharmin Pasha is a food writer currently based in Dubai, UAE, where she teaches privately-organised cooking lessons on different techniques of cooking. She also hosts an informative page featuring Assamese recipes on Facebook, which was created to showcase the culinary treasures of Assam to the world and to preserve ethnic recipes

Tangy fish with lentils



Ingredients:

▼ Pink lentils (masur dal)......1 cup ▼ Cherry tomatoes

(halved)......1/4 cup ▼ Turmeric powder.....1 tsp ▼ River fish4 pieces

▼ Tomatoes (ripe, chopped) 3 ▼ Mustard seeds......1 tsp ▼ Fenugreek seeds......¼ tsp

▼ Green chilli 1

▼ Lemon juice...... 1 tbsp or ▼ Coriander leaves (chopped)2-3 tbsps

▼ Mustard oil......2 tbsps

▼ Saltto taste

juice and the chopped coriander pieces. Serve immediately with rice

Note: Rohu, Katla or Chitol fish should

be used for this preparation.

FICTION

Kaustabh Kashyap

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ockdown or not, little boy, life's a game of cards. All of us play and who really gets to win?" Mr. Prasad's dark brown eyes look up at the window, his footsteps slow and quiet upon the grass as he drops two packets on the porch's rocking chair. I know he is gazing at me because it has never been his habit to look away while speaking. And eyes don't change colour, no matter what they see or pretend to unsee.

In my mind's eye, Mr. Prasad doesn't carve out a living from selling (adulterated) milk, an open secret in the neighbourhood. He is a philosopher, chewing his betel leaf like his herd of honey-coloured cattle, grazing leisurely in open fields, quietly contemplating the passage of hours. I don't imagine him that way simply out of an eccentric need. He is a storehouse of profound analogies derived from his earthly existence. He mows our lawns, repairs appliances and doles out advice, as seamlessly as we ignore and slurp his mediocre quality of milk.

"Prasad, we are cutting down on milk from tomorrow. You don't need to come over unless I call you. Prasad, are you listening?" I hear mother's sharp words from downstairs as the gate slides open and shut. She believes everyone and everything from outside is infected. Cows, green grass, the skies above, and the roads beyond. An endless list of hazardous objects over which sanitised curtains should be quickly drawn and kept away for the time being. My father specifically deals with respiratory illnesses. But that is immaterial, since my parents' marriage shrivelled out years ago. He practises in Dehradun, his clinic perched on a hillock, but I am unsure of his fidelity to his second wife.

But something tells me my parents have been telephoning each other.

"You should have insisted and not requested! Don't you know she barely listens to me? Things are going to get much worse. And God knows when flights and trains will start running again." Mother's whispers were interlaced with screams last night. She must have been



Under a rock-I

feeling really desperate to ring him up out of the blue or receive his call. With my sister stuck in another city for an indefinite period of time, I know she's not going to rest her nerves anytime soon.

Next morning, I eat my mother's overcooked omelette and soggy pancakes, uncomplainingly. But I don't have more than a sip of black tea. My palate only approves the taste of milk tea. Without it my entire day will be groggy, full of yawns. The TV blares out statistics of the infected and my mother must be squinting her eyes at the screen. I once wished she watched the news instead of her usual dose of daily soap operas. But this isn't what I had in

mind. "Ma, Mina won't be able to buy so much single-handedly. Shouldn't I go out with her? It's not like the grocery store is miles away," I blurt out timidly, fighting the lump in my throat.

"I know she doesn't have ten hands to buy and bring back the whole shop. She'll go back tomorrow for what she cannot carry today. And you don't want to walk out of the house on a day like this." The resigned spoon drops on my lap. Ever since my mother's life fell apart and mine added to her pile of disappointments, she has turned into a defensive wall. You don't want to needlessly hurt a hurting bird whose wings have been clipped several times

before soaring high.

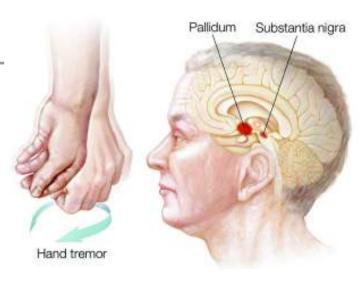
As evening approaches, Mrs. Hazarika brings in the haughty evening wind as Mina turns and pulls the doorknob in. Mrs. Hazarika is a plump, condescending lady in her early 50s. But I guess anyone with a successful husband and even more successful kids would find it hard not to talk down on others. Strangely, I fail to detect any usual pride and selfimportance in her honeyed voice. In fact she sounds brittle and breathless like someone running with teary-eyes. "Sushmita, I have brought a homemade cake just out of the oven. I also got some eggs and vegetables." My mother asks Mina to make two cups of coffee, with no sugar in one. "How are Rohan and Raj?" she asks lowering the TV volume. "I hope they are fine. Who would have ever thought Lombardy and New York - such places of opportunities would suddenly turn into graveyards," Mrs. Hazarika's words evidently tremble.

On ordinary days, she parades her sons' achievements around the neighbourhood like golden trophies. I have always wondered in what stead our family stood in her judgement. If she didn't see my mother and I as crumbling, desolate fragments, blown over and over by life's steady storms. She has always pitied us (although my mother and I secretly pity each other as well). Today, however, she carries grief and heartache directed at herself. In spite of her rising paranoia, my mother doesn't bring up my sister at all. My sister may not be an overachiever or rich, but at least she holds a steady job. I come up in the conversation only in passing as she gets up to leave and I no longer have to strain my ears from my room.

Later, during dinner, my mother imitates Mrs. Hazarika's voice, exaggerating her mellifluous tone and Mina breaks out into fits of laughter. My mother and I are quite fond of disliking her. When I gave up on college, she relished in informing the whole neighbourhood about it. Or so we heard. "Poor Sushmita's husband left her and now her son locks himself up in his room. Talk about bad luck!"

(To be continued)

Fiction entries should not exceed 1,800 words.



HEALTHWISE

Chayanika Changkakati

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Tremor troubles

More research and rehabilitation services are needed to tackle Parkinson's.

ogether we move better!", the motto of the Parkinson's Disease and Movement Disorder Society in India (PDMDS), is a reflection of the spirit we hold this April as we celebrate World Parkinson's Awareness Month! It's a chance to raise awareness about the condition and push for more research and rehabilitation services to improve the lives of seven to ten million people all over the world who live with this condition every day, of which an estimated one million live in India.

For many People with Parkinson's (PwPs), those who are senior citizens and those with Young-onset Parkinson's (YOPD) below the age of 50, living with Parkinson's is lifelong, and challenging, for themselves and their caregivers. There is currently no cure for the condition and it is progressive in nature, meaning that the symptoms are known to worsen over time. Along with the main motor symptoms like tremors, rigidity of muscles, imbalance, walking difficulties and slowness of movement, there are non-motor symptoms as well which range from sleep and speech issues to constipation, symptoms like depression, anxiety, hallucinations and problems with impulse control. Medication and rehabilitative services help to control the progression of these symptoms.

If dealing with all these issues is not difficult enough, PwPs and caregivers also have to deal with the stigma associated with the condition, the lack of knowledge that people have, and how people misperceive them, which can result in PwPs isolating themselves, and withdrawing from society.

The PDMDS steps in with a mission to integrate all PwPs back into the society and help them manage their symptoms better, together. The multidisciplinary model of care that we follow incorporates techniques and strategies by physiotherapists, psychologists, speech therapists, counsellors, social workers, community workers and neurologists. These form the core of our free-of-cost rehabilitative services that we implement and replicate in 60 support centres in 13 states all over India! We have been able to reach more than $40,000\,\mathrm{PwPs}$ and caregivers, both in urban as well as rural areas, and we hope to continue to make rehabilitation and medication affordable and accessible to all PwPs.



World Parkinson's Day is a huge occasion for our PwPs all over India, who celebrate together with various cultural and awareness programmes. This year, with the current COVID-19 pandemic, we have celebrated the month a little differently, using various online and social media platforms. Throughout the month, PDMDS has hosted interactive sessions with doctors to talk about different aspects of Parkinson's. We have also been uploading various exercise videos, cognitive activities and daily tasks online for PwPs to keep themselves healthy and engaged during the lockdown. Since we cannot hold our weekly group sessions, we have started online group sessions to continue to provide rehabilitative services like physiotherapy, psychoeducation on Parkinson's and cognitive activities through a support group setup. The PDMDS has also started a free online counselling service for PwPs and caregivers who are experiencing difficulties during the lockdown. We will also be sharing content on social media to keep raising awareness for Parkinson's.

If you are someone with Parkinson's or are a caregiver, feel free to contact us. It is a difficult time, but this will not stop us in our mission to raise awareness about Parkinson's and reach out to as many of you as we can. We will get through this, feel better, do better and move better, together!

LEGAL EASE

Dr. Ankit Todi

(E-mail your questions to: legalaid@assamtribune.com)

Q. I had given some amount of money to a fellow businessman, who had promised to return the principal amount, along with interest, after one year by way of an executive agreement as a written proof of the transaction. It has been two years now; he has refused to return the amount and has denied the transaction and also the execution of the agreement. How can I take action against him?

Shraddha

Ans: In order to proceed in the matter for recovery of the principal amount lent, along with interest, one first needs to serve a Notice upon the borrower claiming the amount. Thereafter, the jurisdictional Civil Court may be approached by filing a regular money suit for recovery of the amount. One may also file a summary suit, under the provision of Order 37 of the Civil Procedure Code, 1908, which is applicable to suits seeking recovery of debt or liquidated demand in money payable on a written contract or a guarantee. The underlying public policy behind the provision of Order 37 is an expeditious disposal of suits of commercial nature by prescribing a time

The debt trap

Here's the legal way out to retrieve one's borrowed money.



frame for a speedy remedy. Once the summary suit is filed, the borrower will be asked to appear before the Court within ten days from the date of service of summon to defend its case, and in case he fails to appear and defend the case, the allegation in the summary suit is deemed to be admitted and the lender will be entitled to a decree for the amount claimed in the suit. The benefit of a suit under Order 37 is that unless

the borrower is able to demonstrate that he has a substantial defence in his case, the lender is entitled to a judgment immediately and the stages of proceeding in an ordinary civil suit gets eliminated.

Alternatively, one may also approach the jurisdictional Criminal Court alleging commission of offence under Indian Penal Code, 1860, of breach of trust, cheating, fraudulent deed and disposition of

property, committed by the borrower who has dishonestly, refused and denied returning the principal amount and interest and further denied execution of the agreement. On proof that the borrower had committed such an offence as alleged and had not given back the borrowed money, the Court shall hold the borrower guilty, and he shall be punished with imprisonment, along with fine.

MY SPACE

Dr. Sriparna Pathak

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Childhood in a COVID-19 world

hildhood is seen as the most enjoyable phase of one's life. However, the world is undergoing a tremendous shift in this day and age of COV-ID-19. Children are getting restricted to homes and the meaning of childhood is also undergoing changes. How deeply does the COVID-19 impact children and how can these challenges be mitigated? Post the lockdown in India, supplies of a large volume of goods and services, including those for children, have been impacted, as is the case in other parts of the world.

In India, the good news is that the government has kept the supplies of essentials moving. Groceries and medicines fall into the category of essential products. While several parts of India are running low on groceries and medicines, the fact remains that at least these have made it to the list of essentials and there is hope that supplies will be restored. Several state governments have also reached out to

Residential Welfare Associations (RWAs) of different colonies and apartments and drawn up lists of the most vulnerable groups – that is of the elderly and children to prepare for a worst case scenario wherein COVID-19 continues to spread its tentacles unabated and governments have to seal certain places and the only supplies of groceries or medicines will take place through government-appointed personnel supplying essentials from door to door. While it is a dystopia that we are still away from, it is very much a possibility.

However, one segment that has not made it to the list of essentials is that of baby/tod-dler clothes. While COVID-19 has ensured the global economy comes to an almost screeching halt, what continues unabated is children's physical growth. Therefore, to meet children's clothing needs, there is simply no solution. While reuse and recycle is great, fact remains that beyond a certain level of physical growth, children's clothes, even

One segment that has not made it to the list of essentials is that of baby/toddler clothes. While COVID-19 has ensured the global economy comes to an almost screeching halt, what continues unabated is children's physical growth. Therefore, to meet children's clothing needs, there is simply no solution.

after recycling, will not fit them! E-commerce has been a great benefit for India pre-COVID-19, and far-flung areas even without access to posh malls and branded clothes could access clothing and other goods online. In the COVID-19 world, while certain online retailers have been allowed to continue functioning, they can only supply limited quantities of essentials. Diapers, wet wipes, baby formula milk, at least, have made it to this list that can be supplied. However, the quantities that can be supplied are limited. In Sonipat's Rai locality, for example, Stage 4 of baby formula milk is simply not in stock! Parents of toddlers have been forced to downgrade to Stage 3 of baby formula milk in the absolute lack of supply, which needless to say is not a very healthy option for the physical development of any child. In terms of vaccinations, COVID-19 has simply ensured that children can no longer access hospitals even for vaccinations, given the fear of contracting the

virus! While it is relatively easier for toddlers to defer their vaccinations upon advice from their paediatricians, the same choice is not there for newborn babies whose immunities are not great and they necessarily need vaccinations!

COVID-19 has also ensured that children's access to public spaces has been completely curtailed under conditions of essential quarantine. This again, needless to say, is having a tremendous impact on children's physical as well as mental development. The need for reducing children's dependence on the screen was felt even in the pre-COVID-19 world. However, screen time is the only option available in the present conditions, which is not a healthy option for children's mental development.

Surviving and growing up in a COVID-19 world is a task in itself and the sooner we find methods to mitigate some of the challenges posed by the virus, the better chances we have to survive as a race.

When time stood still

n the last few days I have been seized by an odd feeling. As if, with each passing day, I am taking a step back in time into the distant past. The early days of the lockdown were distinguished by the ambient noise levels dropping to civilised levels, levels any normal human being should be subjected to, but the days still felt current. We were still living in the present. Albeit, without the liminal roar of traffic that had underscored our every waking and sleeping moment; without people yelling up and down the street as if they were conversing in their homes and without the unrelenting whirr of machinery, building something somewhere.

The days were tranquil, punctuated only by birdsong, snatches of television from a neighbour and dogs barking. The dogs, of course, did not know it was lockdown and continued to bark as before. But we were still in the present.

A curious thing happened about two weeks ago. Along with the cessation of all this real noise, I found that white noise had receded to imperceptible levels. What is this white noise, you may ask. I mean the constant unnecessary intrusions the world makes into your homes and lives. Quite suddenly, I felt I was living my childhood again. It felt more like the Seventies and Eighties than the new millennium. To my surprise, there was a certain comfort and peace in this new living. The day was now structured around immediate family and its basic needs. The cooking of food, the cleaning of the house, watering the garden and after all this work was over, coming together to play board games or watch a film.

The demands of the outside world were less urgent now. They had decreased in frequency and pitch until they entered the home **IN BLACK AND WHITE**

Jahnavi Barua



And in a paradoxical way, I now saw the outside world washed in a different light. There was an unexpected clarity in the air and vision. While unnecessary and insignificant things faded out, it was but natural to reach out to those that had been obscured before. I called up aunts and cousins I had not spoken to for a while, to friends from younger days that I had fallen out of touch with. The changing skies at different times of day became a source of entertainment as did birds in the garden, and cooking together with family took on a new charm and meaning.

only intermittently and almost apologetically. Telephones rang less, there were naturally no obligations to step out to meet people, shop or pick this and that up. In an uncanny way, it reminded me of the days when we were growing up, a time when the outside world stayed where it was - outside. There were such tenuous links with it – the sturdy black land telephone, letters the postman brought sometimes – and the country's and our own economies were so modest that we hardly ever stepped out to get away in the weekend or fly out to a neighbouring country, as we do now.

Restful, peaceful, rooted. These are the words that come to my mind. And in a paradoxical way, I now saw the outside world washed in a different light. There was an unexpected clarity in the air and vision. While unnecessary and insignificant things faded out, it was but natural to reach out to those that had been obscured before. I called up aunts and cousins I had not spoken to for a while, to friends from younger days that I had fallen out of touch with. The changing skies at different times of day became a source of entertainment as did birds in the garden, and cooking together with family took on a new charm and meaning.

In a few days the lockdown will end. I wonder how things will be? Will they go back to how they were: chaotic, loud, so busy that we did not have time to breathe. The opening is necessary, of course, to start the engine of the world again; to grow crops, to manufacture things, to sell goods. But I hope, with a small prayer under my breath, that some of the lessons learnt when time stood still will stay on with us.

Jahnavi Barua is a writer based in Bengaluru.



n Assam, bell metal products are as ubiquitous as bamboo handicrafts. The second-largest handicraft industry of Assam, bell metal items and artifacts catch one's attention because of how unique they appear to the eye. An alloy of copper and tin, bell metal, unlike bronze, has a higher content of tin and hence, it is preferred by the Assamese craftsmen to make utensils for domestic and religious purposes

It is in Sarthebari that one gets to see the manner in which the metal is crafted into singular pieces for use and display. Situated 90 kilometres from Guwahati, a visit to Sarthebari is not an experience that one would like to miss. It harks backs to the charming old days of yore when craftsmen would use age-old tools to melt and shape metal and then mould and polish them into handicrafts. The technology is not state-of-the-art, but simple and wondrous. And watching craftsmen employ their anvils, hammers, and pincers, to shape and create objects can be joyous. Maheswar Deka of Sarthebari not only has a story to tell, but also has a way of

expressing the magic of crafting. He crafts brass furniture – a king-sized bed is his finest showpiece. His house itself is an institution, providing visitors an experiential interpretation of history.

The best time to visit Sarthebari is in winter and Spring, since the weather is cool and dry. In the summer months, it is advisable to head out early in the morning and return late in the evening.

On the way, one can visit Mughkuchi or Tilana, to see how the Assamese jaapi is made. A hub of jaapi-making, these villages produce thousands of this indigenous headgear. Made from bundles of tokou leaves (palm leaves) and tightly-woven bamboo, the jaapi is no longer a farmer's hat. Today, it is the centrepiece during Bihu dance performances and other socio-religious events.

Exploring the crafts and arts of Assam can be an awesome experience. Sarthebari is one such place, which offers a great experience. Less-known, but immensely worthy of a visit.

Starting today, we feature a monthly column on off-beat destinations in India, written by Arijit Purkayastha, a tourism professional.

FORECAST

April 27 - May 3, 2020

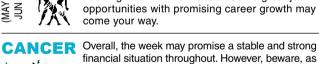


Spend time with your family this week, it will be enjoyable. During this week, the opportunity to create new relationships might present itself. Focus on your goals.



Businessmen, industrialists and those in manufacturing may want to increase the market share of their products. Those working in day jobs may be closely watched by their supervisors at work.





During this period, if businessmen exhibit

consistent effort and steady determination, the

tide might turn in their favour. Some great job



there may be a major family-related expense that might pop up. Try to avoid any unnecessary expenditures, and whenever possible, try and save money. Students who are pursuing their post-graduation

may meet their financial needs, like term fees and



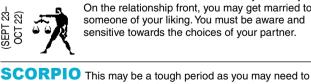
other expenses, by picking up some part-time jobs or assignments. Students must remember to keep academics as their top priority. During this period, you may need to accept

changes, and face challenges head on. Business-

men who are smart and savvy may be successful.

Romantic partnership is on the cards.

LIBRA



Take care of the domestic needs of your family. On the relationship front, you may get married to someone of your liking. You must be aware and sensitive towards the choices of your partner.

work extra hard to deliver your assignments on

time. Your efforts must be nothing less than stellar. Stay connected to your loved ones via digital



SAGITTARIUS This week may be quite good for the Sagittarius sign. Boost your self-confidence. For salaried employees, performance at work may be a bone of

contention. This weekend, learn to relax.

CAPRICORN



This period is a mixed bag. Businessmen may not be able to strike any big-ticket deals. Salaried employees may not be appreciated by seniors at work. Students need to remain focussed.

AQUARIUS



efficiency. Positivity is the key. Let go of your fears. For Pisces, this may be a mixed week. Business-

During this period, salaried employees may need to constantly strive, in order to improve their overall

men may need to put in more effort than usual, especially when negotiating. Try not to take any major business or career decisions during this

White House recently

NEWSMAKERS

SUDARSANAM BABU

Compiled by: Bidisha Singha

With Sudarsanam Babu's inclusion in the National Science Board, another Indian-American gets into a prestigious American institution. The

announced several key administrative appointments, including Babu's appointment as member of this top science board for IIT-Madras alumnus, Babu would be the third Indian-American in this prestigious board.

ABDUL MAJED

former military captain of Bangladesh, Majed was recently executed for his involvement in the 1975 coup in which the country's founder Bangabandhu Sheikh Mujibur Rahman

was assassinated. He had been in hiding in India for nearly 25 years, and was arrested in Dhaka recently after he went back home. Majed was one of the six absconding ex-army officers who were handed down capital punishment after trial in absentia.

ASHOK DESAI

This former Attorney General (AG) of India and senior advocate passed away on April 13, at the

age of 87. One of the leading lawyers of post-Independence India, Desai had been awarded the Padma Bhushan and he had dealt with several landmark cases, including the decriminalisation of homosexuality, Narmada Dam, the Illegal Migrants (Determination by Tribunal) Act in Assam, etc.

RANGOLI CHANDEL

ctress Kangana Ranaut's sister has been Actress Natigatia Trailage Control of the brusque, no-nonsense comments, especially on Twitter. It could be about her sister's relationships, films or even about people and issues, in general. But she took it a bit too

far recently with one particular tweet that targetted a whole community and her Twitter account then got suspended. Despite her sister coming to her defence a day later, most people seem rather pleased with this disciplinary' action against an errant public figure.

FOOD TALK

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nutritionally adequate and balanced diet is essential for optimal growth and development in all age groups. Eating a well-balanced diet helps in increasing the immunity of the body, reduces anxiety level and emotional distress. The present outbreak of COVID-19 calls for a nutritionally balanced diet and hydration.

Here are a few tips to enhance the natural defence system of the body so that optimal health can be achieved:

- Start the day with one cup of hot water. You can have green tea, herbal tea, tulsi water, dalchini water, etc. A cup of black tea, with two bis-
- cuits, can also be taken. Your breakfast should be healthy, consisting of any cereal, vegetables,
- pulses/egg, milk or curd. A fruit can be taken around mid-morning (between breakfast and lunch).
- A glass of lemon water (hot/ lukewarm) can be included in the diet. Dry fruits like dates, almonds, rai-

sins, etc., can also be a part of the diet.

- Your lunch should be healthy, but not heavy as you are staying at home these days. Cereal, pulses, nonvegetarian food (if available), green leafy vegetables, and other vegetables can be included in the lunch menu.
- A piece of lemon/amla/citrus fruit will also add immunity to the body. In the evening, a cup of green
- tea, herbal tea, tulsi water, dalchini water, etc., is a must.
- A bowl of soaked grams can also

be included in the evening meal. A simple dinner is appreciated.

Immunity boosters

A nutritionally adequate diet goes a long way in improving our immunity.



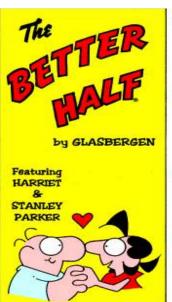
• During bed-time, a cup of milk with a little turmeric powder or grated haldi will not only increase the immunity of the body, but also relieve vou from stress and anxiety, and will allow you to sleep better.

Few DOs:

- Always drink warm water.
- Do yoga, pranayam or any kind of exercise every day.
- Having crushed garlic (three pods), and the use of turmeric, *jeera*, black pepper, ginger, onion, dhania, in your cooking is essential.
- Two cups (150 ml.) of turmeric milk a day will enhance the immunity of the body.
- Ghee can be used instead of refined oil. A paste of ginger, garlic, pudina
- leaves, curry leaves, manimuni, etc., can be included in your diet.
- Eat only freshly cooked food.
- Since fruits and vegetables are not easily available these days, espe-

- cially in urban areas, multivitamins, on the advice of doctors, may be included to supplement the micronutrient requirements of an individual.
- Home remedies like a teaspoon of honey, ginger, pepper, clove can be taken for cough and cold.
- Stay hydrated by including eight to ten glasses of warm fluids in the form of tea, lemon water, soup, milk, dals, etc., in your diet every day. Few Dont's:
- Avoid eating cold foods like icecream, iced tea, etc. Avoid eating out.
- Avoid catching a cold by using severely cold water for your bath, using A/C or fan. Take precautions and stay safe at home.

(The writer is working in the National Institute of Public Cooperation and Child Development under the Ministry of Women & Child Development, GOI. A few guidelines from the Ministry of AYUSH have also been shared in the article.)





conversation, let me know and I'll join in.



"Honesty isn't the foundation of a good marriage. Honesty is the foundation of a good argument!



arrange the anchovies so it looks like they're kissing each other?



about them thinking about me!